

GRADUATE YEAR BOOK

June 2012

Showcasing our world class Graduate Coaches



INTERNATIONAL COACH ACADEMY

ACKNOWLEDGEMENTS

Creation

Like most publications, this yearbook is the result of many people's energy and commitment. Our amazing and dedicated coach trainers do more than just 'teach', they work individually with students, supporting and mentoring them to create work that is a true reflection of who they are as coaches. Our assessment team also works tirelessly in the weeks before graduation to make sure every student is assessed and prepared. And finally we are thankful for the incredible talent and motivation of our graduates.

Design and Production

Viveka de Costa - for the stunning design and endless revisions

Pamela Rudisill - for working triple time chasing every fine detail and sorting all the content

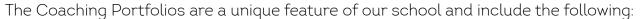
Vicky Qiu (CCJK) - for production coordination that includes having a consistent email response time of 30 seconds

Patrick Sarmiento, Kang Kai and Rui Kang Ma for completing 280 blog posts in 7 days!

CEO WELCOME:

It is with great pride that I introduce the first ever Graduation Yearbook from International Coach Academy. Our students are such an incredible group of people from diverse professions, backgrounds and cultures that it is an absolute pleasure to showcase their extraordinary work with the world.

Every coach in this Yearbook has graduated from either the Certified Professional Coach Program or the Associate Professional Coach Program, both ICF accredited programs. In addition to now being qualified coaches, each graduate has created a personal Coaching Portfolio of work in the course of their studies.



Coaching Power Tool™

The Coaching Power Tools ™ are famous the world over. Created over 10 years ago, they are designed to support clients in the discovery of perspective, and the role it plays in achieving results. Students not only study our Power Tools, they are required to find ways of utilizing the concept of "reframing perspectives" to create their own unique Coaching Power Tool™

Coaching Model

No two coaches are the same and no two clients are the same. For this reason the International Coach Academy curriculum does not teach any one specific coaching model. Rather we present a wide range of models from a range of industries and contexts. Students are required to not only analyze these models, but to also reflect and analyze their own identify as a coach and then research, discover and create their own unique coaching model.

3. Research Paper

One of the reasons that coaching is such an interesting field is that it draws from a wide range of theories, philosophies and disciplines to create a unique professional practice. Students at International Coach Academy are required to come up with a question, or hypothesis and research its application to coaching. Often these questions involve a theory or body of work that either intersects with coaching or influences it in some way

I'm sure you will enjoy reading this yearbook as much as I have. It is still amazing to me that coaching can have such a wide impact and connect with so many areas of life, work and relationships.

Regards

Robyn Logan CEO

International Coach Academy

PS - There is a comment field under each piece of work on our blog, please let us and our graduates know your thoughts, we'd love to hear from you.































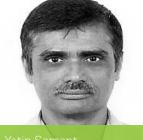










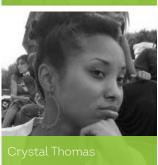




Rosemarie Saratan-Robles Sabrina Sassi

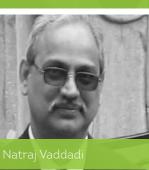












Visit us on the web and find out more about coaching













COURTNEY ANDERSON

Career Coach. UNITED STATES

My Memorable Moment: the time it became clear that my words make a difference. www.courtneylauren.com



COACHING PORTFOLIO

Power Tool: Change vs. Elevation

Coaching Model: L.I.V.E.

Research Paper:

Intersectionality in Career Coaching

NIKHIL BENEGAL

Executive Coaching, INDIA

My Memorable Moment: while being coached myself for a long-standing problem with my weight, I realised that coaching, skillfully done, midwives change so quickly and painlessly. http://www.linkedin.com/pub/nikhil-benegal/10/a17/652



COACHING PORTFOLIO

Power Tool: Motivation Fuel Gauge - Motivation vs. Inhibition

Coaching Model: Living in the Moment with Joie de Vivre!

Research Paper:

Responding (in the Moment) vs. Reacting To Live with Joie De Vivre: Applications in
Coaching

NAMRATA ARORA

Working Women in Transition, INDIA

My Memorable Moment: my receiving a fabulous testimonial from my first external client while I was a student. www.growth-cube.com



COACHING PORTFOLIO

Power Tool: Expecting vs. Accepting

Coaching Model: Growth Cube Coaching Model

Research Paper:

Mothers Returning to Work | Key Issues and Desired Job Characteristics

SHIVAKUMAR BHARATHI

Learning Coach, INDIA

My Memorable Moment: when I learnt that there is a journey from good to great coach. This was just enlightening.:) http://in.linkedin.com/pub/shivakumar-barathi/9/a32/893



COACHING PORTFOLIO

Power Tool: Being Attached vs. Being

Committed

Coaching Model: The I model

Research Paper:

Enabling School Children to Learn Through Emotional Intelligence Coaching

VICKI BISCAY

Executive Stress Coaching, UNITED STATES

My Memorable Moments: were with my ICA peer coaches. At different times and with different issues, the message I needed and got from them was that I can simply accept and acknowledge some unhelpful habits and beliefs; that I do not "have" to change each and every thing about myself that I don't like. www.firemountaincoaching.com



COACHING PORTFOLIO

Power Tool: Confidence vs. Doubt

Coaching Model: FACET - Feeling, Assessing,

Committing, Executing, Tailoring

Research Paper:

Claiming Our Life Stories

HARISH DEVARAJAN

Executive Coaching, INDIA

My Memorable Moment: the rich experience sharing amongst the participants both in the face to face classroom sessions and the tele classes. http://www.peopleunlimited.co.in



COACHING PORTFOLIO

Power Tool: Commitment vs. Desire

Coaching Model: "Raagaa" Model of Coaching

Research Paper:

Measuring Coaching Effectiveness

TRACY DRISCOLL

Executive Coach, CHINA

My Memorable Moment: every single minute; the whole experience was so inspiring and I have grown so much as a coach and a person thanks to ICA - thank you! www.aspirecoachingbj.com



COACHING PORTFOLIO

Power Tool: Intuition vs. Reason

Coaching Model: Aspire Coaching Model

Research Paper:

What Is Intuition and How Can It Be Used?

LIZETTE DUBAY

Health and Wellness Coach, UNITED STATES

My Memorable Moment: being acknowledged by Nick Bosk as a competent coach during a Health and Wellness CoP call. www.CoachMeRD.com



COACHING PORTFOLIO

Power Tool: Reflect vs. Project

Coaching Model: Visualize-Realize-Optimize

Research Paper:

The Power to Choose

ALLISON EVEREST

Expatriate Coaching, UNITED KINGDOM

My Memorable Moment: when I realised that Supervised Coach was not something to be dreaded, but a truly supportive environment, and a huge learning opportunity. http://uk.linkedin.com/pub/alison-everest/1/ba3/499



COACHING PORTFOLIO

Power Tool: Stability vs. Instability

Coaching Model: The CHANGE Coaching Model

Research Paper:

The Role of Coaching in the Success of Expatriate Assignments

JULIE FOWLER

ADHD Coaching, UNITED STATES

My Memorable Moment: I do not have a particular moment, but I very much enjoyed many of the class calls, and especially supervised coach. I have also thoroughly enjoyed the interaction with ICA students and facilitators on my Facebook, Connecting Life Coaches ICA group. http://resultsforlifecoaching.com



COACHING PORTFOLIO

Power Tool: Denial vs. Acceptance

Coaching Model: **Unraveling The Mysteries**

Within

Research Paper:

ADD/ADHD and Coaching

HAGIT HOFFMAN

Behavioral Life Coach, UNITED STATES

My Memorable Moment: introspecting and discovering myself in the process. https://www.facebook.com/clearfocuscoaching.coaching



COACHING PORTFOLIO

Power Tool: Respect vs. Invalidation

Coaching Model: Laser Coaching

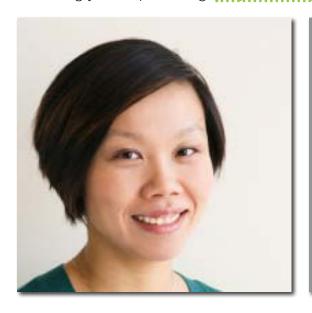
Research Paper:

Empty Nest - Coaching Couples Through Life
Cycle Stage

MANDY HO

Career Coaching, UNITED STATES

My Memorable Moment: the first time I coached someone during a class, it was nerve wrecking yet empowering! http://worthyofchoice.com



COACHING PORTFOLIO

Power Tool: Reality vs. Virtuality

Coaching Model: The 7-A Model

Research Paper:

Quarterlife Crisis from a Young Woman's Perspective, and How Life Coaching Can Help Achieve a Balanced Lifestyle.

EDDA JONSDOTTIR

Life Coaching, NORWAY

My Memorable Moment: my first Supervised Coaching session when I experienced that it all came together in a magical way. www.eddacoaching.com



COACHING PORTFOLIO

Power Tool: Letting Go vs. Holding On

Coaching Model: SALT Coaching Model of

Transformation

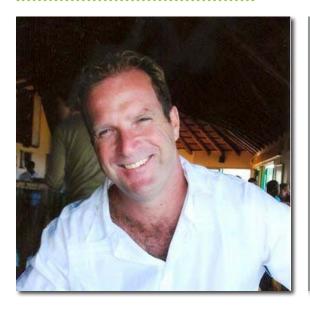
Research Paper:

Intuition and Coaching: How Coaches Access their Intuition to Strengthen the Coaching Process

ERICH JORDAN

Spiritual Coach, SOUTH AFRICA

My Memorable Moment: the encouragement to start blogging and the process of doing so. http://www.thecoachman.co.za



COACHING PORTFOLIO

Power Tool: Faith vs. Fear

Coaching Model: The Dreamcasting Coaching Model

Research Paper:

Spiritual Coaching From a New Testament
Perspective

JEAN KERMEEN

Business Coaching, UNITED STATES

My Memorable Moment: listening to the wise insights shared by instructors and peers during the teleseminar classes. Priceless! http://www.fdltcc.edu/businessandcommunity/



COACHING PORTFOLIO

Power Tool: Strength vs. Weakness

Coaching Model: Strength-Based Coaching: Helping You Recognize and Utilize Your Strengths to Achieve Your Goals

Research Paper:

Initiating Change to Make and Break Habits

JANHAVI MCKENZIE

Women's Empowerment Coaching, UNITED STATES

My Memorable Moment was having my strengths acknowledged and being encouraged to express them. www.janhavimckenzie.com



COACHING PORTFOLIO

Power Tool: Leadership vs. Mediocrity

Coaching Model: Your Journey: A Coaching

Model

Research Paper:

Art as a Coaching Tool

SARAH MILLS

Work-Life Balance Coach, SOUTH AFRICA

My Memorable Moment: is of studying at ICA and receiving my framed certificate after three years of hard work. Overcoming the obstacles in my way to becoming a Certified Professional Coach has been the biggest reward and has shown me how successful I can be relying on my own strengths. www.reslant.com



COACHING PORTFOLIO

Power Tool: Confrontation vs. Peace

Coaching Model: Get Up Go Play

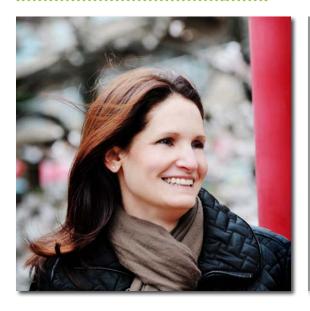
Research Paper:

How to Find the Right Balance of Control Between Coach and Client

LINDA MUELLER

Expat Spouse Coach, JAPAN

My Memorable Moment: the support and feedback I received during Supervised Coaching. http://lindamuellercoaching.com



COACHING PORTFOLIO

Power Tool: Embracing vs. Resisting

Coaching Model: C.H.O.I.C.E. Model

Research Paper:

Trailing Spouse: Coaching through the

Transition

SHOBHA NAIDU

Intercultural Coaching, INDIA

My Memorable Moment: being able to interact with so many potential coaches across the globe. http://in.linkedin.com/in/shobhanaidu



COACHING PORTFOLIO

Power Tool: Being vs. Doing

Coaching Model: The Unfolding

Research Paper:

Challenges to Coaching in India: The Need for Contextualization

TALA SUPANGCO-OCAMPO

Career Coach, PHILIPPINES

My Memorable Moment: a powerful visualization of my future self in Merci Miglino's class. http://www.mommytcoach.com



COACHING PORTFOLIO

Power Tool: Surrender vs. Control

Coaching Model: The {T} Project

Research Paper:

Extent of Professional Coaching Intervention in Philippine Organizations

KISHORE RAO

Executive and Business Coaching, INDIA

My Memorable Moment: developing the confidence to coach clients across a range of diverse situations and challenges. www.leadershipdevelopmentindia.com



COACHING PORTFOLIO

Power Tool: Awareness vs. Ignorance

Coaching Model: The 6S Coaching Model

Research Paper:

Business and Executive Coaching in India
- Awareness, Acceptance, Practices and
Recommendations

AYEDA RAVINDRAN

Executive Coaching, INDIA

My Memorable Moment: the moment I broke through my own limitations.

www.zushmha.com



COACHING PORTFOLIO

Power Tool: Grounding as a Coaching Tool

Coaching Model: The AGREE Model

Research Paper:

The Use of Energy Psychology as a Coaching
Tool

JOANA REIS

Life Purpose Coach, PORTUGAL

My Memorable Moment: facing challenges like coaching in classes.

http://pt.linkedin.com/pub/joana-reis/8/731/939



COACHING PORTFOLIO

Power Tool: Joy vs. Struggle

Coaching Model: Discovering and Expressing Self

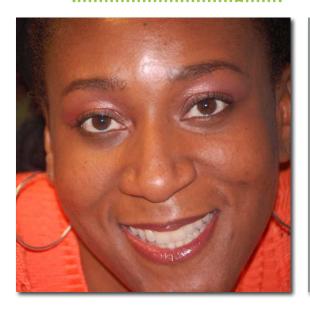
Research Paper:

An Approach for Coaches to Support Clients
Managing Fear in Public Speaking

ASTRID RICHARDSON

Life Coaching, UNITED STATES

My Memorable Moment: when all of the learning and practice came together in Supervised Coach. www.arichlifecoaching.com



COACHING PORTFOLIO

Power Tool: Judgment vs. Compassion

Coaching Model: The Richardson Coaching

Model

Research Paper:

Bridging the Parenting Style Gap Using Appreciative Inquiry

SILVIA RICHTER KAUPP

Business Coaching, GERMANY

My Memorable Moment: during a supervised session when a client who was in mourning and shedding tears started to laugh after I had listened to her as empathetically as I could. http://www.richter-kaupp.de



COACHING PORTFOLIO

Power Tool: Self-Love vs. Self-Esteem

Coaching Model: The Bottleneck-Concentrated
Coaching Model

Research Paper:

How Can Nonviolent Communication Contribute to the Quality of Coaching?

TOM SEAMAN

Health and Wellness Coach, UNITED STATES

My Memorable Moment: meeting so many creative and insightful people from all over the world. www.balanceyourlifecoaching.com



COACHING PORTFOLIO

Power Tool: Want Power vs. Will Power

Coaching Model: SIFT Coaching Model

Research Paper:

Benefits of Life Coaching for Individuals Living with Chronic Illness

MUKESH SHARMA

Executive Coaching, INDIA

My Memorable Moment: when I coached in front of a fairly large audience successfully. http://www.mukesh-sharma.com



COACHING PORTFOLIO

Power Tool: Moving Towards Values vs. Moving
Away From Values

Coaching Model: FRUIT Transformational

Coaching Model

Research Paper:

How to Build Effective Sales Funnels for a Coaching Business

KENETHA STANTON

Transformational Life Coaching, UNITED STATES

My Memorable Moment: writing my research paper.

http://www.chrysalis-wellness.com/



COACHING PORTFOLIO

Power Tool: Curiosity vs. Judgment

Coaching Model: Geode Coaching Model

Research Paper:

The Use of the Open Mind Model to Enhance the Coaching Experience

ROBERT STEG

Healthy Lifestyle Coaching, UNITED STATES

My Memorable Moment: the first time I coached during a class and received very positive feedback from my peers. http://Healthylifestylebybob.com



COACHING PORTFOLIO

Power Tool: Kindness vs. Disregard

Coaching Model: The HEART Coaching Model

Research Paper:

The Effects of Healthy Lifestyle Coaching on Weight-Management Versus the More Traditional Approaches to Weight-Loss

VIDHYARTHIS

Behavioural Change Coach, INDIA

My Memorable Moment: my first Coaching Practicum session where I learnt about the benefits and the defects of my earlier coaching style. www.jadeselfevolution.com



COACHING PORTFOLIO

Power Tool: Judgmental vs. Nonjudgemental of

Oneself

Coaching Model: Transformation Through

Realisation

Research Paper:

Mindfulness in Coaching

RENEE VOS DE WAEL

Intuitive Coaching, NETHERLANDS

My Memorable Moment: Supervised Coaching, where we all were in the best of the best. Amazing coaching. www.reneevosdewael.com



COACHING PORTFOLIO

Power Tool: Observation vs. Action

Coaching Model: <u>Intuitive Coaching: Let Me Be</u> <u>Your Travel Guide</u>

Research Paper:

Meditation as a Coaching Tool

DAWN WALDRON

Vocational Coaching, UNITED KINGDOM

My Memorable Moment: the feeling of flow during the Supervised Coaching assessments. www.dawnwaldron.com



COACHING PORTFOLIO

Power Tool: Focus vs. Distraction

Coaching Model: Cultivate

Research Paper:

Finding Your Niche

DAWN WEAVER

Women's Career Transition Coaching, UNITED STATES

My Memorable Moment: having five peer clients respond to my post to coach them around their limiting beliefs. www.treeoflifecoaching.com



COACHING PORTFOLIO

Power Tool: Presence and Calm vs. Scattered and Anxious

Coaching Model: Beliefs Model

Research Paper:

Meditation: A Practice of Presence in Coaching

ANDREA WINZER

Life Transformation Coaching, UNITED STATES

My Memorable Moment: receiving feedback about my skills to use metaphors and to weave in stories into my coaching and realizing how these tools can bring lightness, more fun and playfulness as well as new perspectives and a deeper understanding for my clients.

http://www.reachforthelight.net



COACHING PORTFOLIO

Power Tool: Forgiveness vs. Bitterness

Coaching Model: Into The Light

Research Paper:

Turning Lives Around: How Coaching Can Support Understanding, Learning, and Practicing Effective Self-Care

HELEN MAY

Relationship Coach, NEW ZEALAND

My Memorable Moment: the Supervised Coaching program.

www.allaboutyoupersonalcoaching.co.nz



COACHING PORTFOLIO

Power Tool: Allowing vs. Resistance

Coaching Model: **Bloom Model**

Research Paper:

Coaching Presence: Preparing Clients for Peace, Power & Performance

LEAH BRAUN

Life Coach, UNITED STATES

My Memorable Moment: the realization that the idea of becoming a coach has become a reality. www.resilientlifecoach.com



COACHING PORTFOLIO

Power Tool: Public Speaking with Confidence vs. Fear

Coaching Model: P.O.S.E. for Resilience

Research Paper:

Coaching Resilience

SHEILA BRENNAN

Divorce Coaching, UNITED STATES

My Memorable Moment: my first coaching session during class. It was hugely successful and I felt the public acknowledgement for my work as a coach. www.brennandivorcecoach.com



COACHING PORTFOLIO

Power Tool: Content vs. Contempt

Coaching Model: Divorce Coach: The Clear Advantage

Research Paper:

Divorce Coach: An Integral Part of the Team

KR CHANDRAN

Executive Coach, INDIA

My Memorable Moment: when my first peer client sent me an acknowledgement after the final session! http://in.linkedin.com/in/chandrankr



COACHING PORTFOLIO

Power Tool: Looking Good vs. Feeling Good
Coaching Model: The LAKSH Coaching Model

Research Paper:

ON POWERFUL LISTENING - Attitudinal Shifts in Coaching

TARA CHRISCO

Business and Leadership Coaching, UNITED STATES

My Memorable Moment: when I completed my oral exam and supervised coaching successfully! www.tarachrisco.com



COACHING PORTFOLIO

Power Tool: Assertive vs. Accommodating

Coaching Model: Reflect.Focus.Strategize.
Commit

Research Paper:

Coaching Emerging Leaders: A Competitive Advantage for Your Organization

STEVE CORREA

Executive Coaching, INDIA

My Memorable Moment: when i discovered silence as a tool! http://in.linkedin.com/pub/steve-correa-executive-coach-hr-consultant/8/471/b2a



COACHING PORTFOLIO

Power Tool: Taking Sides! A Tool for Deeper Exploration in Feelings

Coaching Model: The Correa Coaching Model

Research Paper:

Awareness of Executive Coaching in India – Primary Research Findings

SYLVIA GAUTIER

Proactive Living and Self-Care Coach, UNITED KINGDOM

My Memorable Moment: when I coached my first client. www.sylviagautier.com



COACHING PORTFOLIO

Power Tool: Proactive vs. Reactive

Coaching Model: Success Model

Research Paper:

Coaching as a Tool to Address the Four Levels of Awareness that Form the Basis of a Proactive Life

MARCO GIACOBBI

Personal Coaching Italiano, ITALY

My Memorable moment was when i graduated! www.e-coach.it



COACHING PORTFOLIO

Power Tool: Happiness vs. Sadness

Coaching Model: Where Are You?

Research Paper:

The Use of Emotions in Coaching

WYNOAMI GLASSER

Life Coaching, UNITED STATES

My Memorable Moment: feeling my colleagues' excitement and enthusiasm as I realized that I have a viable coaching model and niche and that I am a Life Coach. www.simplybedohave.com



COACHING PORTFOLIO

Power Tool: Reality vs. Interpretation

Coaching Model: The Be Do Have Mentality: A
Three Step Process to Reaching Your Goals and
Finding the Joy in Living

Research Paper:

Lifestyle Fitness Coaching: The Evolution of Well-Being and Spiritual Coaching

MELANIE HENDRIX

Transformational Coaching, UNITED STATES

My Memorable Moment: coaching a breakthrough session during Supervised coaching. www.tappingintoyou.com



COACHING PORTFOLIO

Power Tool: Attraction vs. Avoidance

Coaching Model: Tune In, Tap In, Turn On Three Step Coaching Model

Research Paper:

Creativity in Coaching: Right Brain Skills for Whole Brain Thinking

PEARL HILLIARD

Executive Life Coaching, UNITED STATES

My Memorable Moment: when I realized that the coaching process really works – almost magically! I "lost" myself during a coaching call, was listening deeply, asking questions intuitively, then the client had an "ah-ha" moment ... if you work it, the coaching process really works!!! http://www.linkedin.com/in/pearlhilliard



COACHING PORTFOLIO

Power Tool: Problem-Solving Approach vs.

Appreciative Approach

Coaching Model: The RADAR Model

Research Paper:

Using The Appreciative Coaching Approach to Enhance Coaching With The DiSC

HEATHER KING

LIFE COACH, UNITED STATES

My Memorable Moment: completing supervised coaching. http://www.linkedin.com/pub/heather-king/46/815/a27



COACHING PORTFOLIO

Power Tool: Purposeful vs. Purposeless

Coaching Model: Focused Growth Coaching

Model

Research Paper:

The Impact of Coaching on Self-Confidence

JESSICA KISTLER

Life after Loss Coach, UNITED STATES

My Memorable Moment: was the feedback I recieved from Supervised coaching, especially when reviewing all the competencies and discovering in the short time I had hit most or all of them. That really made me fully feel like a coach. http://www.jesskcoaching.com/jesskcoaching/About_Coaching.html



COACHING PORTFOLIO

Power Tool: Forgiveness vs. Guilt Within Grief Caused by Suicide

Coaching Model: Telescope Model - Release of Grief and Sorrow

Research Paper:

Survivor's Grief is Complicated by Suicide.

GAYATRI KRISHNAMURTHY

Executive Coaching, INDIA

My Memorable Moment: when Helen asked us to do a five minute lase coaching and I did it even though I was skeptical about the adequacy of the 15 minute laser session. http://in.linkedin.com/pub/qayatri-krishnamurthy/6/391/588



COACHING PORTFOLIO

Power Tool: Coach's Cue Cards: Explicit vs. Tacit

Coaching Model: EnSure

Research Paper:

Mars and Venus-Coaching Perspectives

REBECCA MACFARLANE

Business Coach for People Doing Good in the World, UNITED STATES

My Memorable Moment: I got so much from building a network of real professional coaches, with students and instructors alike. It's a real community and continues to serve me professionally and personally. My most memorable moment was realizing I didn't have to do it alone, even after my training ends! http://turningstonescoaching.com



COACHING PORTFOLIO

Power Tool: Self-Discovery vs. Self-Denial

Coaching Model: The Seven STEPPING Stones

to Success

Research Paper:

The Role of Coaching in Living Authentically to Reduce Anxiety

BIKRAMJIT MAITRA

Executive Coaching, INDIA

My Memorable Moment: when during one of the practice sessions I successfully completed a laser session for the first time and could feel that it was of value to the coachee. http://in.linkedin.com/pub/bikramjit-maitra/0/a13/928



COACHING PORTFOLIO

Power Tool: **Encourage-Discourage Compass**

Coaching Model: CANDO

Research Paper:

Coaching Perspectives

STEVEN PFEIFER

Life Balance Coaching, UNITED STATES

My Memorable Moment: how much I became aware about myself. http://www.linkedin.com/pub/steven-pfeifer/42/409/a03



COACHING PORTFOLIO

Power Tool: Confidence vs. Dependence

Coaching Model: The STEP Model

Research Paper:

The Relationship of Awareness to Thoughts, Emotions, and Behaviors

VEERAWONG PIPITHSUKSUNT

Youth Coaching, THAILAND

My Memorable Moment: meeting an ICA student who became my foster mother. And, she took care of me and everything when I visited at her home country. www.lmithai.com



COACHING PORTFOLIO

Power Tool: Confidence vs. Worry

Coaching Model: G-ASK™ Coaching Model for YOUTH Development

Research Paper:

Financial Responsibility and Coaching: How Can Coaching Support Employees in Thailand to Improve their Financial Responsibility?

ELS POOT

Expat Coaching, CZECH REPUBLIC

My Memorable Moment: was when I experienced during supervised coaching how powerful and effective a laser coaching session can be.

http://cz.linkedin.com/pub/els-poot/52/174/ba8/en



COACHING PORTFOLIO

Power Tool: Superficiality vs. Depth

Coaching Model: ABC to a Balanced and

Fulfilling Life

Research Paper:

How can Coaching Ease the Repatriation Process?

ASHRAF RACHAD

Executive Coaching, MOROCCO

My Memorable Moment: when I saw the change I've contributed to make in my first client's life.www.colorietavie.com



COACHING PORTFOLIO

Power Tool: Important vs. Urgent

Coaching Model: The Achiever

Research Paper:

Self-Control

SHUBHA RAJAN

Life Skills Coach, INDIA

My Memorable Moment: the realisation that through adversity comes better and more impactful learning. I had a foot fracture which grounded me to the house. However, it also allowed me the flexibility of attending all the classes in four months. The fracture was profitable! https://www.facebook.com/shubhamrajan



COACHING PORTFOLIO

Power Tool: Subjectivity to Objectivity

Coaching Model: ASK - Apt Solutions for the Knots in Your Life!

Research Paper:

Customisation is Key for a Coach.

TIFFANY ROSE

Relationship and Dating Coach, UNITED STATES

My Memorable Moment: was when I had a sudden lightbulb moment of clarity about the direction of my niche through group discussions.... it felt sooo right... tiffanyroseinla@gmail.com



COACHING PORTFOLIO

Power Tool: Motivation vs. Procrastination

Coaching Model: Balancing Act

Research Paper:

Communication Breakdown in Relationships through Social Media

PAMELA RUDISILL

Women's Transformational Coaching, UNITED STATES

My Memorable Moment: the first time I coached in class. What an amazing experience! I have learned so much and experienced invaluable personal growth through my ICA training, and that moment was when it all came together for me. I was flying high for days! http://insightlifecoaching.co



COACHING PORTFOLIO

Power Tool: Ennui vs. Wonder

Coaching Model: The Insight Coaching Model

Research Paper:

A Well-Balanced Life for Parents of Special Needs Children - A Coaching Application

YATIN SAMANT

Executive Coaching, INDIA

My Memorable Moment: learning from Supervised coaching sessions. http://in.linkedin.com/pub/yatin-samant/6/a60/788



COACHING PORTFOLIO

Power Tool: Self-Awareness vs. Self-Deception

Coaching Model: Rainbow Across 7 Cs

Research Paper:

Head & Heart Way to Decision Making -Application in Coaching

ROSEMARIE SARATAN-ROBLES

Supporting Parents to Raise Self-Reliant Children, SWITZERLAND

My Memorable Moment: my oral exams at supervised coaching - it was so inspiring, encouraging and beyond words! parentingcoachblog.wordpress.com



COACHING PORTFOLIO

Power Tool: Self-Doubt vs. Self-Belief
Coaching Model: The Roof Over Our Head
Research Paper:

Supporting Parents and Single Mothers to Raise Self-Reliant Children Through Coaching

SABRINA SASSI

Life Coaching, SPAIN

My Memorable Moment: my first coaching session in class, I felt empowered and being in the right place and doing the right thing:) www.justbesassi.com (in construction)



COACHING PORTFOLIO

Power Tool: Individuality vs. Conformity

Coaching Model: The "Unique You" Model

Research Paper:

Can Coaching Collaborate Successfully with Yachting

ZAHRA TAQI

Parent Coaching, KUWAIT

My Memorable Moment: the Supervised Coaching program.

www.milestonescoaching.com



COACHING PORTFOLIO

Power Tool: Confidence vs. Fear

Coaching Model: Milestones Coaching Model

Research Paper:

How Coaching Provides an Effective Method in Supporting Expatriate Spouses in Transition

CRYSTAL THOMAS

Life Coach, UNITED STATES

My Memorable Moment: when I realized the magnitude of coaching which is so impactual, transformational, and an invaluable tool. http://www.linkedin.com/in/crystalthomasadvertising



COACHING PORTFOLIO

Power Tool: Faith vs. Fear

Coaching Model: Pathways Coaching Model

Research Paper:

How Underlying Beliefs Affect Behaviors; The Effects of Coaching

TRACEY TISCHLER

Health and Wellness Coach, UNITED STATES

My Memorable Moment: realizing this was exactly what I was suppose to do. www.beautifulyoucoaching.com



COACHING PORTFOLIO

Power Tool: Fear vs. Courage

Coaching Model: M.O.V.E.

Research Paper:

Facing Fear: Pushing Through Fear With the

Help of Coaching

AYCA ULKU

Career Coaching, TURKEY

My Memorable Moment: was the support and encouraging I got during my supervision classes. facebook/Ayca Bolten Ulku



COACHING PORTFOLIO

Power Tool: Appreciation vs.Criticism

Coaching Model: The Pyramid Model

Research Paper:

Applying Appreciative Inquiry in Parent
Coaching

NATRAJ VADDADI

Performance Improvement Coaching, INDIA

My Memorable Moment: When I was judged competent in the Supervised Coaching program. www.aadhini.com



COACHING PORTFOLIO

Power Tool: Influence vs. Concern

Coaching Model: Aadhini - Coaching Model

Research Paper:

AHA Moments - Reasons for Emergence and their Implications in Improving the Efficacy of Coaching

SILVIA MACEDO

Executive Coaching, UNITED STATES

My Memorable Moment: the Supervised Coaching program.

http://www.linkedin.com/in/silviamacedo



COACHING PORTFOLIO

Power Tool: Delegating vs. Dumping

Coaching Model: Coaching at Work Model

Research Paper:

Coaching at Work: An Overview