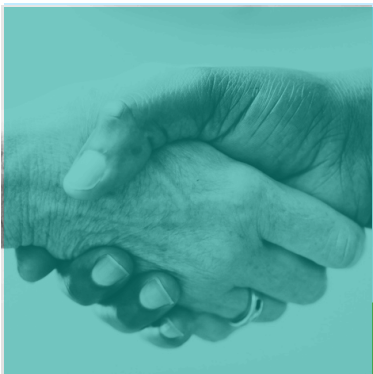
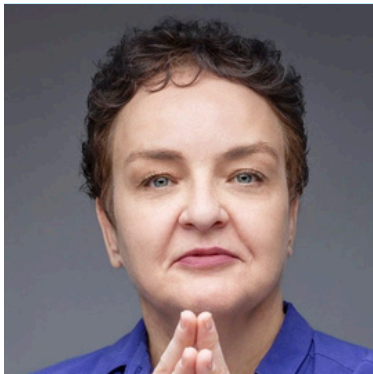


# GRADUATE YEARBOOK

## 2023

*Showcasing our Graduate Coaches  
from around the world*







Akriti Adhikari



Michal Antczak



Adrian Baban



Stephen Baker



Laetitia Bertrand



Anu Bhanot



Doris Bisaro



Sharon Bishop



Josh Bolland



Michelle Bradley



Federica Braghi



Ekaterina Breous



Kevin Bureau



Benny Callaghan



Marta Camacho Tejero



Stephanie Casaubon



Francesca Castagnetti



Melissa Chapman



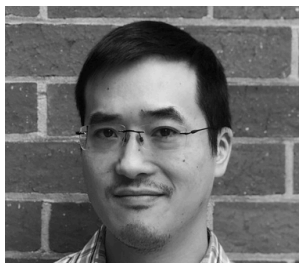
Chui Lin Chee (Adele)



Ken Cheung



Ioan-Andrei Chirila



David Chong



Rebekah Christensen



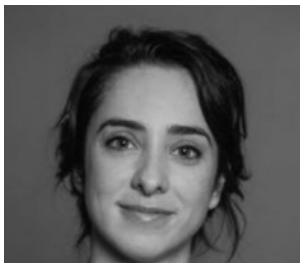
Alex Chu



Christie Chua



Cheryl Colvin



Irene Contreras



Francesca Paola Crabu



Florina Cristea



David Curry





Daria Daves



Nele De Peuter



Pu DeMarco



Christina Diconescu



Warren Dix



Hang Do



H el ene Dumais



Cyrus Erickson



Audrey Falduzzi



Cristina Ficetti



Andrea Fisk



Casey Flynn



Paola Gallucci



Shan Gao



TM George



R egine Gerard



Annalisa Giuressi



Kate Glover



Giovanna Golia



Diana Han-Ching Liu



Jen Harris



Ronda Harris



Bastian Harth



Kristin Hendrix



Jianhua (Jessica) Hou



Wanlin Hsu



River Hsueh



Hwee Nee Onn



Valeria Iannazzo



Joseph Ibrahim





Mofoluwaso Ilevbare



Shuang Jiang



Danielle Johnson



Shirley Kadouri



Jaana Kajanmaa



Nadia Kasenda



Loulia Kayali



Ricky Koo



Nadine Kooiker



Olga Kurek



Miho Kuroda



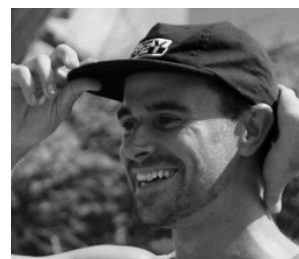
Wailan Kwan



Francesca Lanni



John Lawyer



Richard Lefort



Nathalie Legault



Janice Liang



Rickard Lindqvist



Clark Luby



Rowan Lynn



Ufuk Mahmutyazicioglu



Cassie Manjikian



Jingyou Mao



Irvan Saputra  
Masyulhak



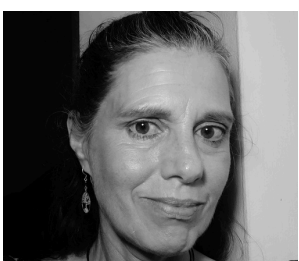
Natasa Matsitelli



Cyril Mehanna



Nishtha Mehta



Tina Melson



Hannah Montero



Jesse Moore





Tuba Mutlu



Sergey Nagin



Andreea Nedelcu



Amanda Norwood



Susanmarie Grace  
Oddo



Regina Onderka



Grace Pan



Janene Panek



Valentina Paruzzi



Nicole Paul



Jennifer Pelusi



Lori Penha



Suneel Babu  
Penumaka



Bemene Piaro



Michelle Piasecki



Joanna Poplawska



Lauren Purse



John Rezaiyan



Marcia Deyanira  
Robinson



Marianna Rolikova



Marie Romero



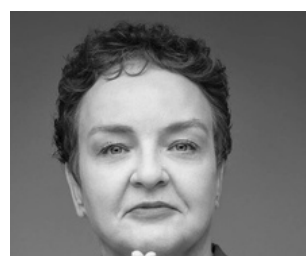
Nicole Rowland



Darshini Santhanam



Meghan Sawyer



Monika Salach



Margaret Schultz



Joshua Schwarzberg



Elena Scolaro



Sonal Shah



Marijn Sissingh





Anna Slesareva



Adella St.Rose



Jennifer Stanley



Monika Steimle



Morwenna Stewart



Roxana Stoica



Anita Szabo



Hilary Taggart



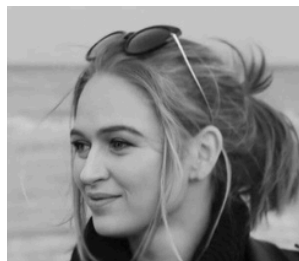
Shripad Taralkar



Lucy Todd



Gigi Tsonos



Noémi Tóth



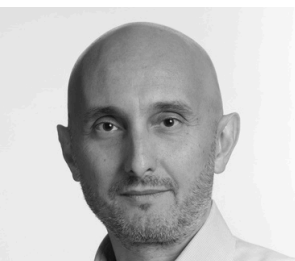
Andrea Vacciano



Christos Vasilopoulos



Arianna Venuti



Mirko Venuti



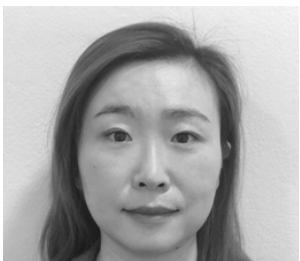
Peter Verbansky



Martina Vettoreto



Renae Waneka



Regina (XuRui) Wan



Elvis Wang



Sharee Wells



Mei Yang



Jill Zhou



Fangyu Zhu

Over 21 Years in ICF Accredited Training





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## GRADUATE COACHES BY REGION

### REGIONS

Africa	13
Asia	15
Australasia	24
Central & South America	29
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## GLOBAL PROGRAMS

### ADVANCED PROGRAM

**Michal Antczak**, Leadership Coach, FRANCE

**Stephen Baker**, Empowerment and Transformation Coach, UNITED STATES

**Michelle Bradley**, Leadership Coach, TAIWAN

**Ekaterina Breous**, Life Coach, SWITZERLAND

**Kevin Bureau**, Leadership Coach, CANADA

**Francesca Castagnetti**, Life-Design Coach, ITALY

**Melissa Chapman**, Organisational Health & Leadership Coach, UNITED STATES

**Chui Lin Chee (Adele)**, Life & Leadership Coach, UNITED KINGDOM

**Alex Chu**, Transformation Coach, TAIWAN

**Daria Daves**, Leadership & Life Coach, GERMANY

**Pu DeMarco**, Leadership Coach, UNITED STATES

**Hélène Dumais**, Human Performance Coach, CANADA

**Paola Gallucci**, Transformation Coach, UNITED KINGDOM

**Danielle Johnson**, Leadership Coach, UNITED STATES

**Olga Kurek**, Transformation Coach, NETHERLANDS

**Janice Liang**, Life Coach, UNITED KINGDOM

**Rowan Lynn**, Faith Deconstruction Coach, UNITED STATES

**Ufuk Mahmutyazicioglu**, Life Coach, SWITZERLAND

**Nishtha Mehta**, Corporate Innovation & Transition Coach, CHINA

**Hannah Montero**, Life & Business Coach, BELIZE

**Regina Onderka**, Change & Life Coach, GERMANY

**Grace Pan**, Leadership Coach, CHINA

**Valentina Paruzzi**, Career Development Coach, ITALY

**Bemene Piaro**, Life Coach, UNITED STATES

**John Rezaiyan**, Executive Coach, UNITED STATES

**Marianna Rolikova**, Transformation Coach, SLOVAKIA

**Nicole Rowland**, Neurodiversity/ADHD Coach, UNITED STATES

**Darshini Santhanam**, Personal Coach, UNITED KINGDOM

**Monika Sałach**, Burnout Coach, UNITED ARAB EMIRATES

**Elena Scolaro**, Career Development Coach, ITALY

**Marijn Sissingh**, Non-Profit Leadership Coach, NETHERLANDS

**Monika Steimle**, Leadership Coach, GERMANY



## ADVANCED PROGRAM (CONT.)

**Anita Szabo**, Leadership & Career Coach, HUNGARY  
**Gigi Tsontos**, Leadership Coach, UNITED STATES  
**Andrea Vacciano**, Life Coach, UNITED KINGDOM  
**Xurui Regina Wang**, Career Coach, AUSTRALIA  
**Sharee Wells**, Career Obstacles Coach, UNITED STATES

## PROFESSIONAL PROGRAM

**Akriti Adhikari**, Confidence Coach, UNITED KINGDOM  
**Adrian Baban**, High Performance Coach, ROMANIA  
**Laetitia Bertrand**, Life (Confidence and Inspiration) Coach, FRANCE  
**Anu Bhanot**, Leadership Coach, INDIA  
**Doris Bisaro**, Well-Being Coach, ITALY  
**Sharon Bishop**, Career and Leadership Coach, UNITED STATES  
**Josh Bolland**, Teen and Parental Coach, BRAZIL  
**Benny Callaghan**, Leadership & Life Coach, AUSTRALIA  
**Marta Camacho Tejero**, Expat Coach, NETHERLANDS  
**Ken Cheung**, Life & Leadership Coach, CHINA  
**Ioan-Andrei Chirila**, Young Professional Coach, SWITZERLAND  
**David Chong**, High Performance Coach, AUSTRALIA  
**Rebekah Christensen**, Leadership & Life Coach, AUSTRALIA  
**Christie Chua**, Transformation Coach, SINGAPORE  
**Cheryl Colvin**, Health & Wellness Coach, UNITED STATES  
**Irene Contreras**, Life & Healthy Leadership Coach, SWITZERLAND  
**Francesca Paola Crabu**, Executive Coach, ITALY  
**David Curry**, Life Coach, UNITED STATES  
**Nele De Peuter**, Vertical Development Coach, BELGIUM  
**Cristina Diconescu**, Executive Coach, UNITED ARAB EMIRATES  
**Warren Dix**, Organizational & Change Coach, NETHERLANDS  
**Hang Do**, Youth Career Coach, FRANCE  
**Cyrus Erickson**, Executive Leadership Coach, UNITED STATES  
**Cristina Ficetti**, Life Coach, ITALY  
**Andrea Fisk**, Health Coach, UNITED STATES  
**Casey Flynn**, Startup Coach, UNITED STATES  
**Shan Gao**, Life / Teen Coach, CHINA  
**TM George**, Executive Coach, AUSTRALIA



## PROFESSIONAL PROGRAM (CONT.)

**Annalisa Giuressi**, Executive and Career Coach, ITALY  
**Kate Glover**, Corporate / Leadership Coach, AUSTRALIA  
**Giovanna Golia**, Business and Transformation Coach, ITALY  
**Diana Han-Ching Liu**, Leadership Coach, TAIWAN  
**Jen Harris**, Bias Coach, UNITED KINGDOM  
**Ronda Harris**, Blended Coach, NETHERLANDS  
**Bastian Harth**, Students & Young Professionals Coach, GERMANY  
**Jianhua (Jessica) Hou**, Life Coach, CHINA  
**Wanlin Hsu**, Transformation Coach, TAIWAN  
**River Hsueh**, Teens & LGBTQ Education/Development Coach, TAIWAN  
**Hwee Nee Onn**, Personal Coach, MALAYSIA  
**Valeria Iannazzo**, Social Leadership Coach, ITALY  
**Mofoluwaso Ilevbare**, Executive & Life Coach, AUSTRALIA  
**Shuang Jiang**, Teen Life Coach, CHINA  
**Loulia Kayali**, Mindset Coach, ITALY  
**Ricky Koo**, Leadership & Communication Coach, UNITED STATES  
**Miho Kuroda**, Transformation Coach, JAPAN  
**Francesca Lanni**, Cancer Coach, MALTA  
**John Lawyer**, Spiritual Life Coach, UNITED STATES  
**Richard Lefort**, Life Path Coach, CANADA  
**Nathalie Legault**, Mindset Coach, CANADA  
**Rickard Lindqvist**, Business Coach, SWITZERLAND  
**Clark Luby**, Career Coach, CANADA  
**Cassie Manjikian**, Transformation Coach, UNITED STATES  
**Jingyou Mao**, Life Coach, TAIWAN  
**Natasa Matsitelli**, Life & Transition Coach, SWITZERLAND  
**Cyril Mehanna**, Life & Wellness Coach, GHANA  
**Tina Melson**, Life Coach, INDONESIA  
**Jesse Moore**, Health & Wellness Coach, UNITED STATES  
**Tuba Mutlu**, Personal Development Coach, UNITED KINGDOM  
**Sergey Nagin**, Leadership Coach, SERBIA  
**Andreea Nedelcu**, Life Coach, SPAIN  
**Amanda Norwood**, Change Coach, UNITED STATES  
**Nicole Paul**, Leadership Coach, UNITED STATES  
**Jennifer Pelusi**, Life and Business Coach, UNITED STATES  
**Lori Penha**, Life & Wellness Coach, UNITED STATES  
**Suneel Babu Penumaka**, Career & Work Life Balance Coach, INDIA  
**Michelle Piasecki**, Life Coach, UNITED STATES  
**Joanna Poplawska**, Leadership Coach, UNITED KINGDOM  
**Lauren Purse**, Transition & Confidence Coach, NEW ZEALAND  
**Marcia Deyanira Robinson**, Eco-Friendly Business Startup Coach, SPAIN

## PROFESSIONAL PROGRAM (CONT.)

**Marie Romero**, Leadership & Accountability Coach, UNITED STATES  
**Margaret Schultz**, Leadership Coach, UNITED STATES  
**Joshua Schwarzberg**, Mindset Coach, UNITED STATES  
**Sonal Shah**, Transformation Coach, AUSTRALIA  
**Anna Slesareva**, Life Coach, GREECE  
**Adella St.Rose**, Self-Leadership Coach, SAINT LUCIA  
**Jennifer Stanley**, Professional Coach, CANADA  
**Hilary Taggart**, Transformation Coach, UNITED KINGDOM  
**Shripad Taralkar**, Leadership Coach, AUSTRALIA  
**Lucy Todd**, Career Transition Coach, UNITED STATES  
**Oneta Tornij**, Life Coach, UNITED STATES  
**Noémi Tóth**, Mindset Coach, FRANCE  
**Christos Vasilopoulos**, Business Coach, GREECE  
**Arianna Venuti**, Wellness Coach, SPAIN  
**Mirko Veratti**, Transformation Coach with Enneagram, ITALY  
**Peter Verbansky**, Life Coach, UNITED STATES  
**Martina Vettoretto**, Transformation Coach, SWITZERLAND  
**Renae Waneka**, Leadership & Business Coach, UNITED STATES  
**Elvis Wang**, Leadership Coach, CHINA  
**Mei Yang**, Life Coach, CHINA  
**Jill Zhou**, Transformation Coach, HONG KONG  
**Fangyu Zhu**, Cross Culture Leadership Coach, UNITED STATES

## CERTIFIED BRIDGING PROGRAM

**Stephanie Casaubon**, Empowerment Coach, FRANCE  
**Kristin Hendrix**, Career Coach, UNITED STATES  
**Morwenna Stewart**, Neurodiversity & Writing Coach, UNITED KINGDOM

## VOCATIONAL PROGRAM

**Audrey Falduzzi**, Life Coach, SWITZERLAND  
**Régine Gerard**, Wellbeing-Transformation Coach, FRANCE  
**Joseph Ibrahim**, Business Coach, LEBANON  
**Shirley Kadouri**, Tarot Cards Augmented Coach, SWITZERLAND  
**Jaana Kajanmaa**, Leadership & Career Transition Coach, BELGIUM  
**Nadia Kasenda**, Career & HR Coach, CANADA  
**Nadine Kooiker**, Career, Business & Leadership Coach, NETHERLANDS  
**Wai Lan Kwan**, Life Coach, HONG KONG



## VOCATIONAL PROGRAM (CONT.)

**Irvan Saputra Masyulhak**, Career Coach, NETHERLANDS

**Susanmarie Grace Oddo**, Life Coach, UNITED STATES

**Janene Panek**, Teen Coach, UNITED STATES

**Meghan Sawyer**, Student & Teacher Coach, UNITED STATES

**Roxana Stoica**, Mindset Shift Coach, SWITZERLAND

## WORKPLACE PROGRAM

**Federica Braghi**, Workplace Coach, ITALY

**Florinna Cristea**, Workplace Coach, NETHERLANDS

**Linda Jackson**, Workplace Coach, SWITZERLAND

## LIFE DESIGN PROGRAM

**Laura Bertalan**, NETHERLANDS

**Phyllis Smith**, UNITED STATES

**Milena Vegnaduzzo**, ITALY

## CCE PROGRAM

**Melissa Fahrney**, UNITED STATES

## CUSTOM PROGRAM

**Kathryn Adams**, UNITED STATES

**Rena Afandiyeva**, AZERBAIJAN

**Prodromos Chanielidis**, UNITED ARAB EMIRATES

**Jamie Donoghue**, SINGAPORE

**Marianne Green**, HONG KONG

**Alice Han - Carlsson**, UNITED STATES

**Gabor Holch**, CHINA

**Erik Holmlund**, UNITED STATES

**May Abi Khalil**, CYPRUS

**Doris Popovic**, SWITZERLAND

**Matthew Welch**, UNITED STATES

**Jacqui Woodall**, UNITED KINGDOM



# AFRICA

MARRAKECH  
MOROCCO



## CYRIL MEHANNA



Life & Wellness Coach, GHANA



The Peer Coaching experience, and opportunity to interact with individuals from such diverse backgrounds, united by a common passion for coaching, was most memorable.

Looking ahead, I plan to integrate coaching into the wellness retreats I am organising, offering both group and individual sessions to enhance the overall experience.

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## THE RESEARCH PROJECT

### Developing Knowledge Around the Application of Coaching

The practice of coaching itself is varied and diverse, taking on a different shape depending on the needs of the client and the background of the coach.

Our coaches choose an area of interest and research the way coaching might be applied to that area, or how that area might add value to a coaching practice. The result is a library of thousands of papers with titles like:

- Creating a Culture of Coaching in the Workplace
- The Role of Coaching in Tackling Procrastination
- Applying a Positive Intelligence Model In Parent Coaching
- How ICF Coaching Can Be Applied to the Role of a Scrum Master
- Coaching Non-binary People
- Implementing Coaching into Medical Education
- Adding Coaching to an Agile Consulting Practice
- Raja Yoga Meditation and Coaching

**ICA RESEARCH PAPERS**





ASIA

SINGAPORE



## ANU BHANOT

Leadership Coach, INDIA



As a Learning & Development Leader my greatest takeaway has been to move from transaction to transformation. This led to big changes in the way I understand the concerns of employees, stakeholders, leaders and clients.

It will be my endeavour to help executive leaders implement change which is "inside - out" to impact the cultural fabric of the organization.

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## MICHELLE BRADLEY

Leadership Coach, TAIWAN



I loved the diverse global community, access to amazing resources, the online learning platform, and the trainers.

I plan to partner with individuals or groups (in either English or Chinese) in intercultural competence building, emotional intelligence coaching, cultural EQ coaching, doing business in Greater China and leadership skills development.

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## KEN CHEUNG

Life & Leadership Coach, CHINA



In our Coaching classes, our Mentor took a forthright approach to discussing their own challenges, and this directness helped with our learning and development. Throughout this process, the opportunity to observe the practice and progress of peers also proved to be invaluable. I shall focus initially on supporting myself, my friends, and my family until I am in a position to help others in need.

[View Portfolio](#)



## ALEX CHU

Transformation Coach, TAIWAN



Alex wrote his Research Paper on “Understanding and Managing Personal Change”, emphasizing that change is constant. He explored the dynamic nature of personal and global shifts, driven by internal growth and external challenges, and underscored the need for emotional awareness and intentional living to navigate these changes effectively.

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## CHRISTIE CHUA

Transformation Coach, SINGAPORE



It was an amazing feeling to meet with so many Peer Coaches from all over the world, and to move through the training together. An even more amazing feeling was to observe how everyone grew and came into being a coach together.

I plan to apply this in my work as a Coach for Creatives.

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## ELVIS WANG

Leadership Coach, CHINA



A highlight for me was my first Mentor Coaching class, followed by the progress I made in Observed Coaching, and then finally receiving my notification of success in Observed Coaching.

I plan to apply coaching to my own personal development as well as Leadership Coaching, Team Coaching and Peer Coaching for LT (Leadership Team)

[View Portfolio](#)





## SHAN GAO

Youth / Life Coach, CHINA



Every instance of Observed Coaching and coaching guidance were unforgettable experiences during my ICA journey. I transitioned from having a rigid framework and limiting beliefs to a state where coaching conversations flowed naturally. Guided by instructors, this transformation revealed an open and curious approach to coaching.

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## DIANA HAN-CHING LIU

Leadership Coach, TAIWAN



Entering the Observed Coaching stage was the most memorable experience, where intensive feedback and practice enhanced my ability to understand clients' values and worldviews through curious questioning. I identified patterns in my coaching role and realized that my hesitation to ask questions was often driven by a fear of appearing less professional, which hindered my natural curiosity about others.

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## JIANHUA (JESSICA) HOU

Growth & Life Coach, CHINA



The most memorable moments were during Mentor Coach and Observed Coach, my peers and I studied closely together; I met many great friends through peer coaches, it was inspiring and warm. The coach journey still goes on! I really appreciate all my ICA mentors, teachers, and peers. Learning to be a coach is a journey of discovering self and continuous growth for me. I hope that I partner with people, supporting them to discover, explore and grow themselves.

[View Portfolio](#)



## WAN LIN HSU

Transformation Coach, TAIWAN



During the Mentor Coaching and Observed Coaching sessions, the most unforgettable moments were receiving feedback from instructors, which ranged from gaining confidence through recognition of my progress to facing challenges in achieving the mastery expected. These experiences were crucial for my growth, and I am grateful to ICA for the opportunity to embrace this journey through trial, error, reflection, and refinement.

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## RIVER HSUEH

Teen & LGBTQ Education/Development Coach, TAIWAN



The bilingual learning environment allowed me to clearly observe how cultural differences can impact coaching and helped me identify the type of environment in which I'm better suited for further development. I plan to integrate coaching into my current job role and collaborate with agencies in my personal time to gain experience, with the goal of transitioning into a full-time coaching career in the future.

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## HWEE NEE ONN

Personal Coach, MALAYSIA



The most memorable moments of my ICA journey were the practical Mentor Coaching and Observed Coaching sessions and the invaluable feedback gained, whether the excitement of success or the challenge of setbacks. I am thankful to the teachers and plan to grow my coaching business using my "Encounter Yourself" coaching model, focusing on the Malaysian market where coaching is emergent, leveraging social media for promotion and education on the importance of personal growth.

[View Portfolio](#)



## SHUANG JIANG

Youth Coach, CHINA



In his Research Paper, Shuang Jiang reflects on the question of meaning in coaching, asking "Is the meaning discovered during coaching sessions inherent to the client, or is it constructed through the coaching process itself?" Ultimately, he concludes that the trust and safe space a coach provides helps clients to come up with their own meanings, which then help them solve their problems and start new chapters in their lives.

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## MIHO KURODA

Transformation Coach, JAPAN



The highlight of my ICA journey was the intense and profound learning gained through Mentor and Observed Coaching. I plan to use coaching in the workplace to enhance employee engagement for my team members and more broadly as an inhouse coach. I would like to help professionals achieve positive change with career and personal growth in today's VUCA world.

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## WAI LAN KWAN

Life Coach, HONG KONG



The ICA program offered a flexible platform and guidelines for students, and I would highly recommend this program to others.

I plan to apply the coaching techniques that I developed to assist my teammates.

[View Portfolio](#)





## JINGYOU MAO

Life Coach, TAIWAN



Jinyou Mao wrote her Research Paper on “Exploring Inner Strength, Inspiring Life Potential” detailing her transformative journey of becoming a coach, focusing on self-discovery and enhancing the ability to help others realize their potential. She reflected on the challenges and learning experiences encountered during her ICA training, emphasizing the importance of personal growth, effective communication, and setting clear goals for both personal and professional development.

[View Portfolio](#)



## NISHTHA MEHTA

Corporate Innovation & Transition Coach, CHINA



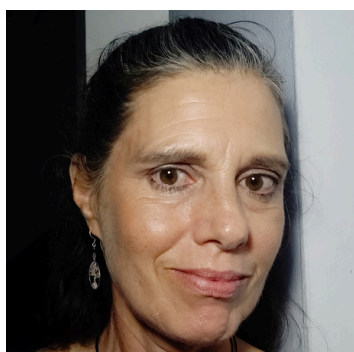
Joining ICA was a choice I’m absolutely proud of thanks to its diverse coaching options, flexible scheduling, and the rigorous assessment process including the expectation to post on CoachCampus - which provides inspiration from shared models, queries, and comments. The sense of community is key, and I look forward to continuing with these connections.

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## TINA MELSON

Life Coach, INDONESIA



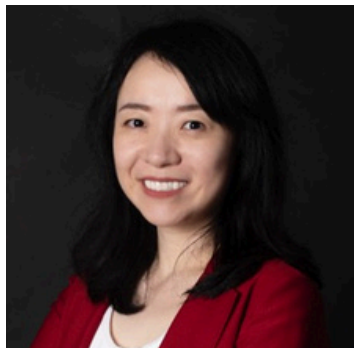
Meeting and working with amazing Peer Coaches around the world has been a highlight for me, and the staff members have been so supportive in helping me refine and develop my coaching style. This coaching experience will improve my management style, enabling me to support my staff in their growth. Indonesia is also a wonderful country, and I would like to help people feel more comfortable living here.

[View Portfolio](#)



## GRACE PAN

Leadership Coach, CHINA



The most valuable aspect of my ICA journey has been the connections and reflection it has provided. Since first graduating from the Professional Certification program in 2017, I have been exploring the coaching field within my organization and among my friends. The classmates I met during this time became supportive colleagues, and over the past two years, I have finally found a clear direction and the determination to transition into a professional coach.

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## SUNEEL BABU PENUMAKA

Career/Work Life Balance Coach, INDIA



I found the Observed Coaching feedback offered many memorable moments.

I will be using this coaching to help busy working IT professionals to create work life balance

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## MEI YANG

Life Coach, CHINA



Throughout my journey there have been many unforgettable moments, especially as someone introverted and lacking confidence who rarely spoke up in class. The most unforgettable moment was when I began Mentor Coaching; despite my nervousness, my teacher encouraged me to relax and trust my instincts, not only validating my feelings but also motivating me.

[View Portfolio](#)



## JILL ZHOU

Transformation Coach, HONG KONG



Realizing I had been offered a lens through which I could see the world, and myself from a different perspective, was my most memorable moment. Coaching has become a powerful tool for empowering myself when facing challenges, as well as offering value and support to others in building self-awareness, making decisions and enhancing accountability.

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# THE VALUE OF PEER COACHING

## All Your Coaching Requirements for an ACC Credential

Our Graduates consistently rank the ICA Peer Coaching program as one of the highlights of their program. The size of our global community means there is always an opportunity to hook up with a Peer Coach and practice the skills you are learning in class. In addition cost, you also get to complete a significant number of hours towards the requirements for an ICF credential.

### As a Coach

Theory can only take you so far, without practice it can be reduced to ideas and concepts. Applying your newly acquired skills with a trusted Peer Coach can be game changing. You can make mistakes, try things out, stop half way and regroup if you want to; you are both in this together.

### As a Client

There is no better way to learn what works and what doesn't than actually experiencing it. Then, debrief with your colleague after and apply the learning to your own coaching.

**PEER COACHING**



# AUSTRALIA & NEW ZEALAND



SYDNEY  
AUSTRALIA

## BENNY CALLAGHAN



**Leadership & Life Coach, AUSTRALIA**



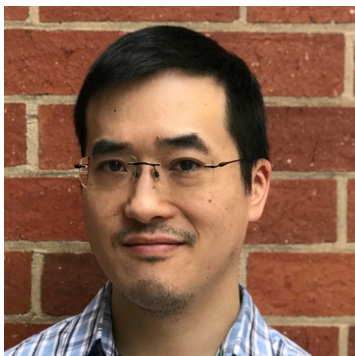
The biggest highlight for me was the opportunity to connect with peer coaches in six countries across four continents. This provided such a rich experience. I'm excited to continue partnering with them professionally and personally beyond the program. I plan to continue to develop my own coaching models and write more extensively about a range of human development topics.

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## DAVID CHONG



**High Performance Coach, AUSTRALIA**



I plan to use my solid learning and practice to become a High Performance Coach. I will work with organisations in the role of Agile Coach, to enhance individual and team performance, and encourage self-discovery.

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## REBEKAH CHRISTENSEN



**Leadership & Life Coach, AUSTRALIA**



A highlight of ICA's training is the community. Faculty and students were all incredibly welcoming and supportive, creating an environment where I felt 'safe' to try things out, ask questions, and ultimately get more out of the learning process.

I plan to blend coaching with my current work in leadership development across the water and environment sector.

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## TM GEORGE

Executive Coach, AUSTRALIA



The overall program design, including the global faculty, students and various sharing platforms, was very flexible and empowering. I plan to support mid-career executives in achieving their professional goals and wish to work with non-profit organizations to improve their overall organizational capability.

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## KATE GLOVER

Corporate / Leadership Coach, AUSTRALIA



There were so many highlights. One of the key highlights was the excellent facilitators. They are gifted at what they do. I am so grateful for their guidance and teachings. As a thinking partner, I plan to work with new and existing leaders to help them grow, inspire, and lead with courage, vision, and integrity.

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## MOFOLUWASO ILEVARE

Executive & Life Coach, AUSTRALIA



Learning from the different experienced coaches in the program, was truly enlightening. Despite facing several setbacks in life, I am proud of myself for starting and finishing the program. I plan to use my coaching skills in the area of Executive & Life Coaching to elevate leadership in organizations and help professionals be unstoppable, both at work and in their personal lives.

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## LAUREN PURSE

**Transition & Confidence Coach for Women, NEW ZEALAND**



I found that Peer Coaching, and connecting with other incredible coaches on this journey, has really supported my growth, and I feel like it makes ICA unique in the coaching training field. Through my coaching business, The Ayla Network, I bring women together in spaces that are empowering, joyful, and supportive. My primary focus is working with women around times of transition, building confidence through compassion and kindness.

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## SONAL SHAH

**Transformation Coach, AUSTRALIA**



One standout memory was the realization that the key lies in focusing on progress, not perfection.

I am building my coaching practice, dedicated to supporting individuals who are undergoing a transformation or intending to embark on one.

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## SHRIPAD TARALKAR

**Leadership Coach, AUSTRALIA**



ICA has been an awesome companion for me on my learning journey, helping me unlock my flare and talent to become a great coach. The mentors, trainers, support staff and student community are unique and always supportive. This was truly golden to me. I look forward to staying connected with ICA as an alumnus. A BIG Thank You to ICA! I definitely recommend you to others :)

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## XURUI REGINA WANG

Career Coach, AUSTRALIA



Regina wrote her Research Paper on "The Source of Life," where she introspectively examines the existential question of our purpose, drawing from her personal evolution and experiences as a life coach. Through her journey, she advocates for mindfulness, self-cultivation, and embracing the journey without a definitive answer as the true essence of living.

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## RE-THINK THE WAY YOU THINK



### A Coaching Tools to Shift Mindsets

FlipIt is based on the idea that the way we see our world is a choice. The same event can happen to two different people and they will respond in completely different ways. As coaches we know that we can't change the world our clients live in, but we can change how they see it. We also know that some 'ways of seeing' are more empowering than others.

#### ICA Power Tools

FlipIt uses the 8 ICA Power Tools to help clients reframe disempowering perspectives and create action around new, empowering perspectives.

Coaches use a simple 4 step coaching process to create an instant shift.

- Find It** Identify an issue or challenge
- Feel It** Work out how you feel about it
- Frame It** Identify your perspective I
- Flip It** Instantly reframe your issue

**FLIPIT FRAMEWORK**





# CENTRAL & SOUTH AMERICA

CASTRO CITY  
SOUTH AMERICA



**JOSH BOLLAND****Youth and Parental Coach, BRAZIL**

The professionalism of the Mentor Coaches was top quality; encouraging us to dive in and providing poignant feedback that moved us forward quickly and with confidence.

I plan to empower teenagers to confidently pursue their dreams and guide parents in supporting their children's aspirations.

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## OVER 3,000 UNIQUE COACHING MODELS

### Coaching Specialization is the Key to Success

Most ICF accredited programs will teach core coaching skills such as active listening, powerful questioning, effective feedback, coaching presence and facilitating growth.

These are all essential skills, but what's different about ICA is that we don't teach these concepts within a singular theoretical framework. Rather we embed the coaching skills in a range of theories and models and then help you find your place within that.

You might have a leaning towards positive psychology in which case your coaching style would reflect that. Or you might be a systems thinking person, or interested in brain based coaching. Whatever it is, we work with your interests and strengths and help you create a coaching process and model that is unique to you and the people you will be working with.

**[ICA COACHING MODELS](#)**



# EUROPE

ROME  
ITALY



## AKRITI ADHIKARI



Confidence Coach, UNITED KINGDOM



The most memorable part of the ICA Program for me was the Observed Coaching and training from experienced coaches.

I plan to coach women, helping them transform their lives by gaining more clarity and confidence.

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## MICHAL ANTCZAK



Leadership Coach, FRANCE



The key highlight of ICA's training was the exposure to and interaction with so many Peer Coaches from diverse cultures, offering unparalleled learning opportunities. Coaching, for me, is about overcoming leadership challenges and reaching professional goals in a global context, ultimately serving to bridge cultural gaps and foster a more creative, harmonious and peaceful world.

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## ADRIAN BABAN



High Performance Coach, ROMANIA



The program offered an incredible mix of theoretical and practical sessions, preparing me to embark on my coaching journey, supported by great teachers and lasting connections with peers worldwide.

In my role leading a large organization, I will integrate coaching into my daily professional life, while also starting my own business focusing one-on-one coaching sessions.

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## LAETITIA BERTRAND



**Life (Confidence and Inspiration) Coach, FRANCE**



Connecting with Peer Coaches was a highlight, with many becoming friends over time. I also found both Mentor Coaching and Observed Coaching invaluable; providing diverse feedback with a focus more on you as a coach and developing a personal coaching style, coupled with highly personalized feedback from one coach, solidifying my understanding and application of coaching competencies.

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## DORIS BISARO



**Wellbeing Coach, ITALY**



A key highlight for me was addressing underlying assumptions and altering behavioural patterns, which I will use to improve my management skills and support my team in acceleration programs.

I will also assist company employees facing mental health challenges, and support DEI practitioners experiencing work fatigue.

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## FEDERICA BRAGHI



**Workplace Coach, ITALY**



Learning numerous coaching models and connecting with people from various parts of the world has broadened my understanding of different perspectives on the same topics. Having just embarked on my coaching journey with my first Workplace program, I am eager to advance to higher levels.

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## EKATERINA BREOUS



Life Coach, SWITZERLAND



Ekaterina's Research Paper on the "Abracadabra Power Tool" explored how affirmations can transform self-doubt into self-empowerment by harnessing the ancient magic of words. She presented the neuroscience behind affirmations, showing how they can change brain activity, and introduced a coaching application that uses personalized affirmations to foster a positive mindset.

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## MARTA CAMACHO TEJERO



Expat Coach, NETHERLANDS



Teachers, mentors, peers. people. THANK YOU VERY MUCH! It was a beautiful ride!

I aim to begin my career in coaching, offering my services to platforms and companies with a focus on expatriate support, and the unique challenge of navigating life abroad and cultural adaptation.

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## STEPHAINE CASAUBON



Empowerment Coach, FRANCE



Participating in Observed Coaching profoundly elevated my coaching, marking a memorable milestone in my coaching journey.

Continuing with my private practice, started in 2019, I plan to publish a coaching manifesto on fulfilment, and expand into corporate coaching where a PCC credential is a requirement.

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## FRANCESCA CASTAGNETTI



Life-Design Coach, ITALY



The most valuable and memorable moments for me were realising my dependency on others' validation and identifying two limiting beliefs.

I plan to utilize coaching as a developmental tool within my current company, supporting the Human Capital team's efforts while continuing to enhance my coaching practice, paving the way for a future transition from the corporate world.

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## CHUI LIN CHEE



Life & Leadership Coach, UNITED KINGDOM



The support and generosity from everyone at ICA, from staff to trainers and peers, significantly enriched my learning experience.

As a Life & Leadership Coach, my vision is a world where people lead authentically fulfilling lives. I aim to empower corporate professionals to align strategic decisions with their beliefs, values, and visions, helping them gain clarity and achieve their goals.

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## IOAN-ANDREI CHIRILA



Young Professional Coach, SWITZERLAND



I was extremely lucky to have exceptional Peer Coaches, two of whom collaborated with me for over a year, providing invaluable learning experiences. Another highlight was the feedback from Observed Coaching which contributed to growth in my own coaching practice.

As an internal coach, I plan to extend my services and impact, by guiding colleagues to discover what truly matters to them.

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## IRENE CONTRERAS



**Life and Healthy Leadership Coach, SWITZERLAND**



The friendships forged with my Italian peer group have been instrumental in my journey, alongside the invaluable guidance from my mentor and teacher.

These experiences have enriched and profoundly shaped my personal coaching practice.

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## FRANCESCA PAOLA CRABU



**Executive Coach, ITALY**



Francesca developed the "Globetrotter Coaching Model" to help senior and business executives reaffirm their inner strength, which frequently seems to disappear because of a demanding job, jet lag, exhaustion, and lack of sleep. In particular, this model is a "model on the road," much like the clientele who are constantly on the go.

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## FLORINA CRISTEA



**Workplace Coach, NETHERLANDS**



The Responsibility vs Blame Power Tool and my first peer-to-peer coaching session were transformative experiences, highlighted by the instructors' wisdom and the meaningful contributions and openness of my colleagues.

I aim to apply coaching principles firstly to myself, and to enhance my professional role as a Lead Recruiter and career consultant. I also plan to pursue further coaching certification.

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**DARIA DAVES****Leadership & Life Coach, GERMANY**

Through Peer Coaching, I've learned that negative emotions can hinder employee and leader productivity, highlighting the importance of understanding and managing emotions to foster a positive, productive workplace and enhance motivation, energy, and behavior for optimal performance and well-being.

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**NELE DE PEUTER****Vertical Development Coach, BELGIUM**

Some of the instructors, whom I regard more as mentors, are vessels full of knowledge and wisdom; and for my peers, I am profoundly grateful for the opportunity to meet, practice, and be coached by them. As an organizational psychologist, I incorporate coaching into my business, focusing on developmental growth and vertical development.

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**WARREN DIX****Organizational and Change Coach, NETHERLANDS**

Connecting with the mentors, coaches and peers was a powerful part of the journey. Looking ahead, I plan to empower organizations and individuals with a growth mindset, facilitating transformative changes that drive progress and innovation.

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## HANG DO

Youth Career Coach, FRANCE



I'm truly grateful for my experience with ICA which deepened my understanding of coaching and offered a fantastic opportunity to connect with and learn from many outstanding coaches.

I aspire to guide young adults on their journey into the professional world, helping them select their career paths, and equipping them with essential skills in overcoming the challenges associated with this new phase of life.

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## AUDREY FALDUZZI

Life Coach, SWITZERLAND



I really appreciated the flexibility of the ICA learning program, which allowed me to learn at my own pace in an incredibly rich international environment, supported by an amazingly responsive and friendly team.

As I progress toward certification as a hypnotherapist, I plan to integrate a blended coaching model.

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## CRISTINA FICETTI

Life Coach, ITALY



The highlight of my ICA journey was the community of wonderful people I met along the way, whose support instilled in me confidence and serenity.

I view coaching as a powerful tool for expansion, offering a foundation for broad personal exploration and a point of return. It enables individuals to truly see and understand themselves, allowing the authentic expression of their best selves through alignment with their values and purpose.

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## PAOLA GALLUCCI



Transformation Coach, UNITED KINGDOM



This transformative journey led me to thought-provoking teachers and bright, enthusiastic peers, fostering a passion for thriving in diversity.

Passionate about nurturing growth, I aim to guide individuals toward fulfillment through coaching, with a vision to empower people in corporate environments for a more aligned and purposeful life.

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## RÉGINE GERARD



Wellbeing-Transformation Coach, FRANCE



Finding my Peer Coaches has been a highlight, offering many different and enriching encounters with diverse individuals.

Initially, I will apply coaching skills at work, as my company supports me in acting as a coach for colleagues. Over time, I will consider opening my own coaching office.

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## ANNALISA GIURESSI



Executive and Career Coach, ITALY



Training with ICA has been an enriching experience, thanks to wonderful coaches, flexible study schedules, and content that has fostered growth both as a coach and as an individual.

## GIOVANNA GOLIA



**Business and Transformation Coach, ITALY**



Highly skilled trainers and a wealth of engaging stimuli complemented our practical labs, providing an invaluable learning experience. Alongside enhancing my professional skills in training, soft skills assessment, and talent and leadership development, I'm excited to explore coaching new moms, fulfilling one of my deepest passions.

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## JEN HARRIS



**Bias Coach, UNITED KINGDOM**



My highlight has been the feedback moments from the different trainers, whose diverse skills and expertise were eye-opening.

I plan to support personal development journeys and further my expertise in workplace bias, aiming to create a coaching program focused on bias to improve workplace equity.

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## RONDA HARRIS



**Blended Coach, NETHERLANDS**



Honing my skills and making a transition into being a more active listener and a better coach has been rewarding, especially with the engaging content and trainers.

I aim to integrate coaching with change management and organizational development in my current business.

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## BASTIAN HARTH

Students & Young Professionals Coach, GERMANY



Graduating stands out as my most memorable moment, marking over a year of transformative experiences.

Initially, I plan to gain ACC accreditation and establish a coaching side-hustle with a few regular clients, before joining a coaching firm to serve advanced clientele.

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## VALERIA IANNAZZO

School Leadership Coach, ITALY



The most intense moment of the training was the Observed Coaching, a time of significant personal and professional growth, challenge, and exchange.

I want to use coaching to serve those who aim to grow, challenge themselves, explore their values, gain self-awareness, feel centred, achieve goals, and full express their unique selves.

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## SHIRLEY KADOURI

Tarot Cards Augmented Coach, SWITZERLAND



Discovering my 'winning learning formula' and applying insights from Mentor and Observed Coaching Labs, as a participant and student coach, in Peer Coaching has been transformative, shaping my approach to engagement with others. I believe in the power of coaching and the premise that we are all fully creative, resourceful, and whole.

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## JAANA KAJANMAA



**Leadership and Career Transition Coach, BELGIUM**



The blend of theory and practice, particularly through ICA's powerful Peer Coaching, has been invaluable for skill development.

I aim to integrate coaching as a capability in leadership roles and merge business consultancy with leadership coaching across both public and private sectors.

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## LOULIA KAYALI



**Mindset Coach, ITALY**



The Bilingual Program has enriched my coaching practice by enabling the use of both languages, and I value that coaches are encouraged to create their own coaching model and PT.

I am already embodying a coaching mindset in interactions with friends and colleagues, I plan to integrate this approach into my workplace before launching my own business as a Mentor Coach.

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## NADINE KOOIKER



**Career, Business & Leadership Coach, NETHERLANDS**



A highlight was connecting with other Peer Coaches and building long-term relationships with them. This journey has also enhanced my personal growth and coaching confidence, significantly improving my listening skills both as a manager at work and in my roles as a coach.

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**OLGA KUREK****Transformation Coach, NETHERLANDS**

Receiving personalized feedback from trainers in the Mentor & Observed Coaching program has been instrumental in my progress.

My goal is to establish a full-time profession as a self-employed coach and counselor.

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**FRANCESCA LANNI****Cancer Coach, MALTA**

Learning coaching skills, especially through constructive feedback, has been transformative for me.

I am passionate about using coaching to support cancer patients, believing it can significantly enhance their emotional well-being and quality of life amidst the challenges of diagnosis and treatment.

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**JANICE LIANG****Life Coach, UNITED KINGDOM**

Janice Liang wrote her Research Paper on, "Can Intimacy Coaches Truly Help Clients Who Are Going Through a Divorce?". She explored her journey from a broad interest in interpersonal relationships to a focused inquiry into intimacy coaching, motivated by her wish to enrich and uplift lives through her coaching practice.

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## RICKARD LINDQVIST

Business Coach, SWITZERLAND



It has been an honor to connect with so many inspiring classmates and mentors. I have learnt so much about myself and that coaching knowledge enhances communication and interactions across all situations and professions. This journey has truly added a new dimension to me! Moving forward, my goal is to apply these learnings both professionally and in everyday life. I am eager to learn more!

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## UFUK MAHMUTYAZICIOGLU

Life Coach, SWITZERLAND



My coaching journey has been a multi-colored, and multi-national experience, allowing me to forge deep connections and dedicate myself to hard work.

Currently, I am fully engaged in a full-time coaching practice.

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## IRVAN SAPUTRA MASYULHAK

Career Coach, NETHERLANDS



The global exposure I've gained, meeting Mentor and Peer Coaches from around the world, has been invaluable.

I am committed to coaching the younger generation in Indonesia, empowering them to confidently pursue international careers and foster an entrepreneurial mindset.

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## NATASA MATSITELLI



**Life & Transition Coach, SWITZERLAND**



What I cherish most from my ICA journey is the connections I've made with peers and witnessing the transformative power of coaching in one's life.

I aim to coach individuals navigating life's transitions, supporting them in recognizing where they are currently standing, envisioning the life they desire, and crafting a pathway to achieve it.

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## TUBA MUTLU



**Personal Development Coach, UNITED KINGDOM**



The international aspect was a highlight for me, leading to valuable friendships and exposing me to high-quality teaching and support.

My goal is to engage in pure coaching, collaborating with individuals eager to cultivate self-awareness, confront their fears and achieve personal growth.

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## SERGEY NAGIN



**Leadership Coach, SERBIA**



Sergey's Research Paper on "How ICF Coaching Competencies Can Be Applied to the Role of a SCRUM Master," explored the integration of ICF coaching competencies into the SCRUM Master role, leveraging his SCRUM and coaching experiences. Sergey illustrated how adopting coaching methodologies can significantly benefit SCRUM teams, focusing on the enhanced role of a SCRUM Master.

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## ANDREEA NEDELUCU

Life Coach, SPAIN



The program's exceptional flexibility, inspirational trainers, comprehensive structure, and international setup have greatly enriched my new practice as a life coach.

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## REGINA ONDERKA

Change/Life Coach, GERMANY



The program's highlights are many; the robustness of the program, the blend of theory and practice, the positive attitude of the trainers, and the ample opportunities for forging lasting connections with fellow students. Additionally, the group coaching sessions stood out as a valuable learning tool, offering significant personal insights.

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## VALENTINA PARUZZI

Career Development Coach, ITALY



The opportunity to customize my path and the incredible people I met during my studies have been instrumental. In my company, these experiences serve as a catalyst to enhance my mentorship and provide my colleagues with the varied support they might need.

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## JOANNA POPLAWSKA



Leadership Coach, UNITED KINGDOM



Learning new skills and interacting with a very diverse group of individuals have been key highlights.

I have integrated coaching into my existing business, a membership club for technologists, with a particular emphasis on leadership coaching for women aiming to progress their careers in technology.

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## MARCIA DEYANIRA ROBINSON



Eco-Friendly Business Startup Coach, SPAIN



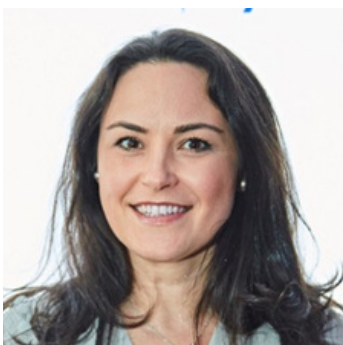
The most memorable part of the ICA Program for me was the Observed Coaching, and my incredible trainer, where I was able to grasp a more holistic framework for coaching. Active in both the local business community and an Urban Design group, I've incorporated coaching principles into my interactions, emphasizing active listening, open-ended dialogue, and conscious leadership.

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## MARIANNA ROLIKOVA



Transformation Coach, SLOVAKIA



The personal transformation I've undergone was unexpected - I now approach my challenges wearing two hats: Marianna and Marianna the Coach.

My goal is to establish and grow my own coaching practice, aiming to expand my expertise into more niches over time.

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## DARSHINI SANTHANAM



Personal Coach, UNITED KINGDOM



The training program was enriching and enjoyable, featuring expert trainers, dynamic discussions, practical interactive learning, and a supportive atmosphere that exceeded my expectations and inspired confidence in my coaching journey. I plan to incorporate coaching in my managerial role to support workplace skill enhancement and goal achievement, while establishing my own coaching business.

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## ELENA SCOLARO



Career Development Coach, ITALY



One of my most memorable moments was realising the power of networking in significantly raising coaching awareness, highlighting its value in both internal and external contexts for leadership and career development.

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## MARIJN SISSINGH



Non-Profit Leadership Coach, NETHERLANDS



Reaching the end of the program, I discovered that the valuable skills acquired, despite challenges, are beneficial beyond coaching.

I aim to develop a diverse coaching business, including individual, group and team coaching, while also pursuing training, workshop facilitation, and consultancy work.

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## ANNA SLESAREVA

Life Coach, GREECE



The ICA program gave me the opportunity to gain international experience by connecting with coaches worldwide. I will leverage this global insight to establish my own coaching business.

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## MONIKA STEIMLE

Leadership Coach, GERMANY



A key highlight was the group training and the ongoing connection with our small practice group, coupled with the international platform and exchange with students all over the world. Leadership coaching is part of my coaching and consulting practice, which I have successfully managed for the past 2-3 years.

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## MORWENNA STEWART

Neurodiversity & Writing Coach, UNITED KINGDOM



Collaborating with fascinating individuals worldwide and receiving compassionate feedback from the outstanding trainers has been a highlight.

My goal is to support neurodivergent individuals and writers, including those who are both, in achieving their extraordinary potential.

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## ROXANA STOICA



**Mindset Shift Coach, SWITZERLAND**



One of the most rewarding aspects of this program was meeting incredible peers and trainer/coaches who introduced me to new ideas, aiding my personal and professional growth.

I aim to help clients express their authentic selves for a fulfilling life, focusing on deep awareness of resistances and roadblocks to shift their mindset and guide them towards optimal decisions and directions.

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## ANITA SZABO



**Leadership & Career Coach, HUNGARY**



I really appreciated the program's flexibility and the endless opportunities to practice coaching skills, along with the support from wonderful Peer Coaches who helped in my development.

Moving forward, I am going to assist leaders and teams in discovering solutions that resonate with who they are and what they want to achieve.

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## HILARY TAGGART



**Transformation Coach, UNITED KINGDOM**



The support I received was invaluable, and I'm deeply grateful. The depth of teaching and learning far exceeded my expectations. I highly recommend ICA!

I plan to run workshops that combine coaching with yoga, which promises to be an exciting venture.

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## NOÉMI TÓTH

Mindset Coach, FRANCE



All the teachers prioritized the development of each student, offering insightful guidance based on real-life experiences, not just "book knowledge" even in busy classes. This approach has been instrumental in my work as a manager and in providing individual coaching services.

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## ANDREA VACCIANO

Life Coach, UNITED KINGDOM



The highlight of my ICA training was the opportunity to expand my group coaching skills, enabling me to facilitate transformation not only in one-to-one partnerships, but also within social communities.

My mission is to inspire people from all walks of life, from all parts of the world, to speak their voice in life, with power, vitality and freedom.

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## CHRISTOS VASILOPOULOS

Business Coach, GREECE



The Mentor Coaching and Observed Coaching sessions were mind-blowing, reinforcing my goal to empower individuals to lead well-balanced and happy lives.

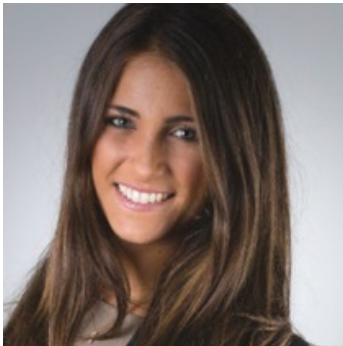
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## ARIANNA VENUTI



Wellness Coach, SPAIN



The training program was an enriching experience, particularly the one-on-one sessions which provided opportunity for personal growth.

I plan to offer the "Il Filo di Arianna" method a coaching model that combines my passion for Mindfulness with personalized practices to help individuals live more authentically, and achieve greater balance and serenity.

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## MIRKO VERATTI



Transformation Coach with Enneagram, ITALY



An outstanding experience with a strong balance of theory and practice, highlighted by superlative teaching, which provided a solid program and continuous inspiration to all of us.

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## MARTINA VETTORETTO



Transformation Coach, SWITZERLAND



The Observer Coaching was the most transformative part of the program for me. I guided individuals on experiential and transformative learning paths of their own attitudes and perspectives, promoting self-observation self-reflection, and self-education. Even a single meeting can open windows of awareness.

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# MIDDLE EAST

ALEPPO  
SYRIA



## CRISTINA DICONESCU

Executive Coach, UNITED ARAB EMIRATES



I plan to use coaching in my daily life as a transformative tool for personal growth and to evolve into the best version of myself.

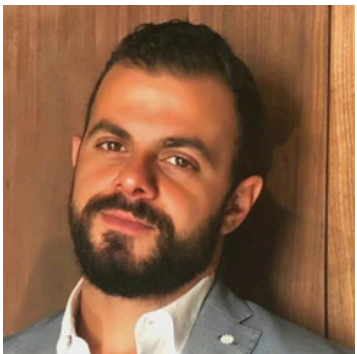
My goal is to establish a private practice that embodies my commitment to growth and positive change.

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## JOSEPH IBRAHIM

Business Coach, LEBANON



Memorable moments include meeting peers from across the world, acquiring new self-development skills, and observing the dynamic interactions between peers and instructors.

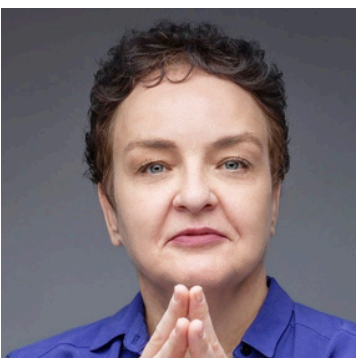
I plan to continue developing my career as a TV Presenter and Business Development Manager. This experience will enhance my ability to connect with colleagues and navigate challenges effectively.

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## MONIKA SAŁACH

Burnout Coach, UNITED ARAB EMIRATES



The ICA training has empowered my growth as a coach by providing extensive information and practice, while also allowing me to develop my own coaching style, boosting my confidence.

The practical guidance on establishing my business and the requirement to prepare the initial documents, were invaluable in supporting the start of my professional journey.

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# NORTH AMERICA

NEW YORK  
UNITED STATES



## STEPHEN BAKER

Empowerment and Transformation Coach, UNITED STATES



My two highlights were learning a new way to observe and interact with the world and meeting a cornucopia of interesting people.

I am passionate about coaching to help people achieve their goals, regardless of how we interact.

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## SHARON BISHOP

Career and Leadership Coach, UNITED STATES



During my studies, I've met great colleagues and friends among fellow students, and developed meaningful connections,

Moving forward, my focus will be on career and leadership coaching, specifically aimed at guiding individuals through change and transition.

[View Website](#)



## KEVIN BUREAU

Leadership Coach, CANADA



I have two highlights from my ICA journey: the wonderful individuals I met during Peer Coaching, and the insights gained from Mentor and Observed Coaching which led to significant course corrections and various tools and competencies coming together.

I plan to coach Supervisors and aspiring Supervisors within my current organization.





## MELISSA CHAPMAN

Organizational Health / Leadership Coach, UNITED STATES



The people I met on my journey have had the biggest impact on me, leading to the development of great friendships.

I plan on using coaching to assist organizations and their members in finding alignment and connection.

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## CHERYL COLVIN

Health & Wellness Coach, UNITED STATES



I enjoyed meeting people from around the globe, hearing their perspectives and taking the journey to understand coaching's role in facilitating change.

My goal is to coach individuals towards living their best lives, achieving optimal health and wellness in both their personal and professional lives.

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## DAVID CURRY

Life Coach, UNITED STATES



My greatest learning came from Mentor Coaching and Observed Coaching.

In my coaching practice, I aim to assist those who are feeling stuck, broadening their perspectives to help them create the life they desire.

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## PU DEMARCO

Leadership Coach, UNITED STATES



The diversity of teachers and students from around the world was a memorable aspect of my experience.

I plan to apply this global perspective as an in-house coach within my company.

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## HÉLÈNE DUMAIS

Human Performance Coach, CANADA



The opportunity to create our own coaching model and unique style, combined with the high quality of pure coaching and multicultural community among instructors and students, were standout experiences.

I aim to apply these insights directly as a Human Performance Coach, offering one-on-one coaching, group coaching sessions, workshops, and conferences.

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## CYRUS ERICKSON

Executive Leadership Coach, UNITED STATES



I loved the diversity of my ICA peers and mentors, including their cultures, ethnicities, geographic locations and experiences.

As a Leadership Coach offering over 30 years of global business and management experience, I plan to help individuals solve today's challenges and build a stronger future.

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## ANDREA FISK

Health Coach, UNITED STATES



I really enjoyed Peer Coaching and the Mentor and Observed Coaching process.

I plan to use coaching to enhance individuals' relationships with themselves and their bodies.

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## CASEY FLYNN

Startup Coach, UNITED STATES



I loved the focus on learning through practice and the opportunities for Peer Coaching in both classroom and private settings to gain feedback from instructors and peers. My practice will focus on Startup Founders because I am inspired by their passion, risk-taking, and ingenuity. I believe everyone has untapped potential and I'm excited to see how I can help founders go further, faster, with greater satisfaction.

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## KRISTIN HENDRIX

Career Coach, UNITED STATES



Through the ICA program, I've learned how to integrate traditional coaching practices into my unique approach, without losing my authenticity or gifts.

Volunteering as a coach for non-profits and in my corporate role, I also aim to continue coaching as part of an independent coaching practice.

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## DANIELLE JOHNSON

Leadership Coach, UNITED STATES



My training at ICA has been a wonderful personal journey, enhancing both my personal development and coaching skills. I've met so many wonderful trainers, mentors, and peers, gaining knowledge and perspectives that I will draw on for years to come.

I not only walk away with lasting lessons but wonderful friendships.

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## NADIA KASENDA

Career and HR Coach, CANADA



Partnering with fantastic Peer Coaches and learning pure coaching techniques from the skilled training team has been transformative.

Passionate about leadership development, career planning, and the power of feedback, I aim to empower others to develop in their careers and maximize their potential, bringing over 12 years of HR experience and a client-centered, enthusiastic, and empathetic approach.

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## RICKY KOO

Leadership & Communication Coach, UNITED STATES



The genuine global connections and friendships I've formed have been a wonderful experience.

I plan to continue partnering with minorities and their allies to empower people to lead and communicate with more impact and confidence, fostering a future of more diverse, more empathetic, and more self-aware leaders.

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## JOHN LAWYER

Spiritual Life Coach, UNITED STATES



The instructors were incredibly kind and helpful throughout the whole process, with Peer Coaching being a particularly warm and insightful part of the ICA Journey.

I plan to combine my spiritual life coaching practice with a non-profit, online spiritual community. It is designed to be a place for people to share their journey and explore their path.

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## RICHARD LEFORT

Life Path Coach, CANADA



The staff and coaches were great, providing honest feedback which also reflects on the students. Every class offered a safe, open space for sharing ideas and learning.

I plan to start with Life Path and Youth Coaching, with an interest in gradually expanding to collaborate with or form a group of coaches and mental health practitioners to complement my area of expertise.

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## NATHALIE LEGAULT

Mindset Coach, CANADA



Discovering that our thoughts, actions, and feelings arise from interpretations in an environment of inherited options, which ought to be questioned and challenged, has transformed my perspective. The realization that we can train ourselves to replace unhelpful habits and beliefs, with more peaceful, creative, and fulfilling approaches, coupled with the collective support from peers and coaches at ICA, has allowed me to grow exponentially! Thanks a million!

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## CLARK LUBY

Career Coach, CANADA



Meeting such amazing people from all over the world, from fellow students to the diverse faculty members at ICA, was a great experience.

Already coaching clients before graduating, I currently serve on the coaching faculty of the insurance company I work for, enjoying this role alongside my regular job. This coaching experience opens up numerous options for supplementing my income, retiring early, or both.

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## ROWAN LYNN

Faith Deconstruction Coach, UNITED STATES



I enjoyed getting to know the Peer Coaches, learning, and experiencing the journey together.

I now use coaching to assist individuals in navigating the challenging process of deconstructing their faith.

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## CASSIE MANJIKIAN

Transformation Coach, UNITED STATES



The highlights of my ICA training included the rigorous focus on pure ICF Coaching Competencies, the wonderful diverse global community, flexible scheduling, and the written portfolio exercises that integrated and crystallized my learning through self-reflective, aligning closely with my coaching focus and target audience.

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## HANNAH MONTERO

Life & Business Coach, BELIZE



The highlight of my ICA training was connecting with diverse Peer Coaches and exceptional Mentors, from whom I learned so much. I am forever grateful for the support and encouragement,

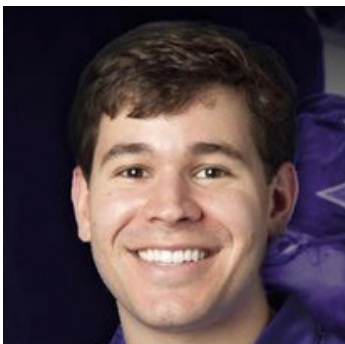
I plan to continue using coaching as a safe space for individuals to learn and grow, working 1:1 with clients and hosting retreats in beautiful Belize for both men and women.

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## JESSE MOORE

Health & Wellness Coach, UNITED STATES



I loved Observed Coaching and learning from my pod each week; it tied everything together and significantly boosted my confidence, I found the progress, real-time instructor feedback in a small group, and listening to others' sessions with my growing experience invaluable!

I plan to launch my career with a focus on health and wellness, then specialising in team and leadership coaching within the corporate sector.

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## AMANDA NORWOOD

Change Coach, UNITED STATES



I was overwhelmed by the immense personal growth that I experienced going through the program, far surpassing just listening to classes and going through the motions. My journey to graduation expended beyond expectation due to the profound changes along the way and brought significant growth for my coaching and personal development. I will always be grateful for the time I spent in this program.

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## SUSANMARIE GRACE ODDO

Life Coach, UNITED STATES



Connecting with peers and instructors from all over the world has been an incredible highlight of my ICA journey.

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## JANENE PANEK

Teen Coach, UNITED STATES



I really enjoyed the diverse trainers and how they each brought their unique strengths, along with the incredible global connections made with coaches, and I look forward to maintaining those relationships and possibly future collaborations. I enjoyed the program MUCH more than I ever thought I would! I'd HIGHLY recommend the ICA program to anyone seeking coaching certification.

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## NICOLE PAUL

Leadership Coach, UNITED STATES



I really appreciated the practical and observational coaching sessions offered, it made such a difference to get rich feedback, and significantly boosted my coaching skills.

Specializing in Leadership Coaching, I focus on new leaders and the essential skills for leading productive teams, resolving organizational conflicts, enhancing high performers, and aligning leadership teams.

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## JENNIFER PELUSI

Life and Business Coach, UNITED STATES



I loved the global aspect of the program, meeting people from all over the world and learning from everyone involved, along with the flexibility of the program and the teachers. I feel very lucky to have been on this journey with ICA, it will always hold a special place in my heart, and I'm profoundly grateful for all of the learning, growth and transformation that took place. Thank you with my whole heart.

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## LORI PENHA

Life & Wellness Coach, UNITED STATES



Realizing that my self-judgment can extend to judgment of others was a huge eye opener for me: teaching me to accept things as they are and move forward. I am using my coaching skills in all of my relationships - spouse, kids, friends, connections in life; just to listen without judgment. I plan on having deeper relationships with all humans that I encounter, and I am open to the business side of coaching as well. Life is short!

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## BEMENE PIARO

Life Coach, UNITED STATES



I absolutely loved learning new frameworks and theories that enhanced my capacity and leveraged my empathy for maximum client impact. Learning the formal structure of coaching and practicing with so many amazing peers across the globe, was a complete joy. I will be offering one-on-one life coaching or programs for those interested in achieving their goals with like-minded peers through my business, The Wholeness Center.

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## MICHELLE PIASECKI

Life Coach, UNITED STATES



The highlight of ICA was the many discussions and learning experiences with mentors and peers. I loved each group's vast experience, knowledge, and perspectives shared during our training sessions.

I plan on coaching parents and individuals, empowering them to reach their goals and overcome the doubt that prevent them from experiencing success.

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## JOHN REZAIYAN

Executive Coach, UNITED STATES



My journey led to profound personal growth and a deeper understanding of myself.

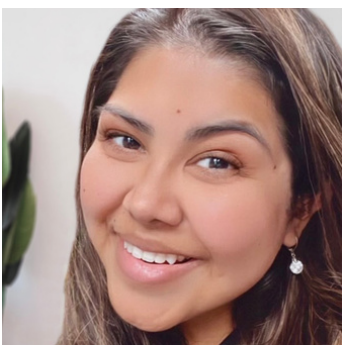
I aim to guide clients step-by-step through mindset shifts, constructive action steps, and accountability, to bring their vision to life.

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## MARIE ROMERO

Leadership & Accountability Coach, UNITED STATES



I loved the program's diversity and structure, it was fun!

My goal is to help and serve others., earn a living, and continue personal and professional growth.

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## NICOLE ROWLAND

Neurodiversity / ADHD Coach, UNITED STATES



My favorite part of my ICA experience was making connections with fellow coaches and like-minded people across the world.

I plan to use my coaching to empower neurodivergent women, especially those with ADHD, to achieve their full potential and raise awareness through tailored coaching solutions.

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## MEGHAN SAWYER

Student and Teacher Coach, UNITED STATES



My most memorable moment was overcoming my fear to coach for the first time. After that my confidence continued to build as I applied what I learned from my classes.

I plan to be a Life Coach specializing in students and teachers.

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## MARGARET SCHULTZ

Leadership Coach, UNITED STATES



I loved the Peer Coaching. I learned so much from my peers and made great connections and friendships.

I am looking forward to providing both one-on-one and group coaching in businesses to support leaders and individuals who are ready to reconnect with their passion.

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## JOSHUA SCHWARZBERG

Mindset Coach, UNITED STATES



ICA has changed the way I communicate in both my professional and personal life. Learning the value of open-ended questions with myself and with others has been such a game-changer.

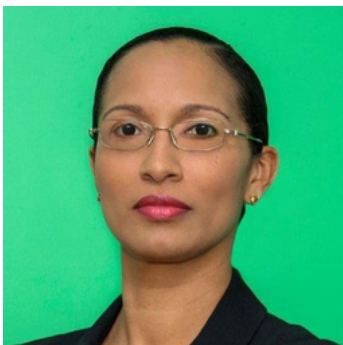
As a Mindset Coach, I look forward to helping people work through the mental blocks they have around happiness and success.

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## ADELLA ST.ROSE

Self-Leadership Coach, SAINT LUCIA



Incredible instructors brought theory to life with practical applications and generous insights, making my Peer Coaching journey invaluable for personal and professional growth.

I aim to change the world one leader at a time by supporting leadership development in my role and private coaching, focusing on clients seeking intentional self-leadership through transitions and daily life.

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## JENNIFER STANLEY

Professional Coach, CANADA



I was surprised and amazed by the personal growth this journey elicited, experiencing ups, downs, and major learnings over 18-month process, which taught me the value of trusting the process.

Looking forward, I plan to integrate coaching into my career in Human Resources Management and may open a private coaching practice in the future.

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## LUCY TODD

Career Transition Coach, UNITED STATES



ICA's global approach meant I was in class with students and instructors from all around the world, offering unique insights and questions that may not have occurred in a highly localized program.

I aim to help clients break free from career ruts by discovering their strengths and motivation, guiding them toward finding what's next.

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## GIGI TSONTOS

Leadership Coach, UNITED STATES



Most memorable was the people that I met and the opportunity to learn and share with people from all over the world.

I am starting a coaching business dedicated to supporting social workers and nonprofit leaders.

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## PETER VERBANSKY

Life Coach, UNITED STATES



It was eye-opening to realize that, although each student logs in from a different corner of the world, we all share common human problems, something I observed in our classes, and Peer Coaching sessions. I also greatly enjoyed hearing different perspectives from each of our instructors, making the program extremely thorough and well-rounded.

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## RENAE WANEKA

Leadership and Business Coach, UNITED STATES



I appreciated the opportunity to practice the art and skill of coaching with peers and the facilitators, creating a great learning sandbox in which to improve my coaching and connecting with some fabulous individuals who I know I will stay in touch with. I plan to apply coaching in my health care leadership development and business operations role to help both emerging and seasoned leaders achieve their goals.

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## SHAREE WELLS

Career Obstacles Coach, UNITED STATES



Listening deeper and taking clients deeper into their true values has been transformative, and I loved the FlipIt Framework, which I have used a lot! With over 20 years as a Career Advisor, I plan to use coaching to continue this path, driven by a passion for encouraging people to achieve their maximum potential and overcome obstacles to secure fulfilling careers in work they love.

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## FANGYU (芳宇竺) ZHU

Cross Culture Leadership Coach, UNITED STATES



During the Observed Coaching phase, I engaged in deliberate practice and gained a deep understanding of core competencies. After graduation, I plan to start the commercialization process, join a coaching platform, build my personal brand (IP), gain practical coaching experience, and continue to advance my learning.

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