

GRADUATE YEARBOOK

2020

*Showcasing our Graduate Coaches
from around the world*

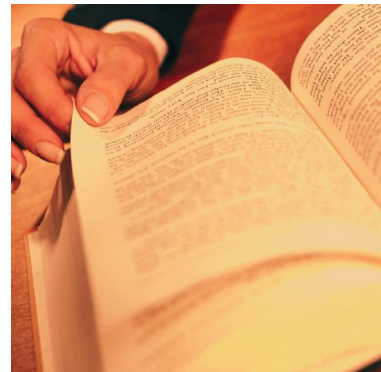
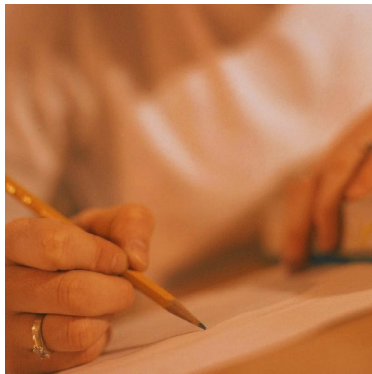


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GRADUATE COACHES BY REGION

REGIONS

Africa	17
Asia	20
Australasia	30
Central & South America	32
Europe	35
Middle East	63
North America	67

GRADUATE COACHES BY LANGUAGE

LANGUAGES

English	10
Chinese	88



Abdul Rahman Alharbi



Cara Amores



Teresa Andronikou



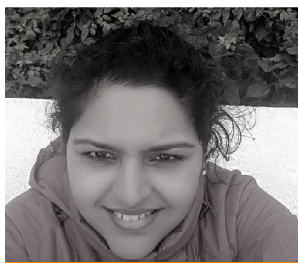
Nadejda Anguelova



Simone Anzboeck



Aysen Arikan



Richa Arvind



Ioannis Asimakis



Natalie Bane



Ildiko Benko



Sahra Benseghir



Saskia Bergmann



Radhika Bhalerao



Duha Blaibleh



Audrey Blair



Roxana Borcsa



David Braun



Melanie Brown



Susanne Buetikofer



Barbara Busi



Maria Shiela Cancico



Keely Capel



Clifton Carmody



Elaina Carpino



Milena Carruzzo



Chloe Case



Darryl Chen



Teresa Zhi



Ruanling Chen



Terri Cheong



Daniel Chng



Laura Cho Swe Myint



Yin Leng Choy



Colleen Cluett



Solange Corm



Michelle Cunningham



Marissa Cutler



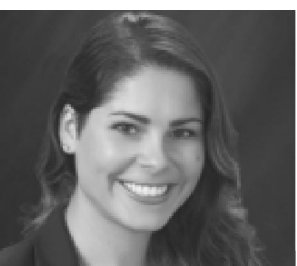
Erwin Cwiek



Sandra D'Angelo



Annabella
Da Encarnacao



Lemise Dajani



Paul-Alan Dolinger



Iulian Dragomir



Daren Easton



Denise Eckert



Jennifer Elworthy
Croughton



Cheryl Ewing



Sherry Fang



Catherine Ferguson



Lia Ferrario



Silky Fischer-Lee



Emma Folkman



Amanda Jane Franklin



Vanessa Frongillo



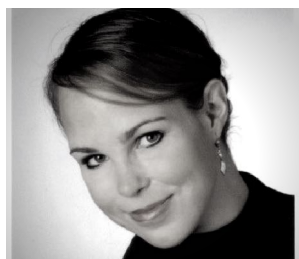
Gaya Gamhewage



Heike Geiling



Gemma Gilbert



Emanuela Goerick



Camille Gold



Emmanuelle Gounot



Julie Kong



Dina Kourouvani



Monica Kremer



Anna-Karin B. Kruse



Birte Kuhn



Juliana Kushner



Olga Labutina



Theresa Lambert



Amy Lechelt



Elain Lee



Wendy Leggett



Līga Leimane



Ram Levin



Michael Lewis



Paul Lewis



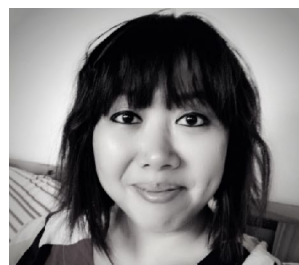
Han Ee Lim



Yiqun Liu



Jean-Pierre Loizeau



Diane Long



Martina Malavenda



Beatrice Manzoni



Petra Mayer-Dietrich



Catriona McDermott



Justin McKnight



Rachel McMahon



Maimon Md.Arif



Maria Elena Mellara



Eduardo Mendes



Ovidiu Mihai



Monika Milinauskyte



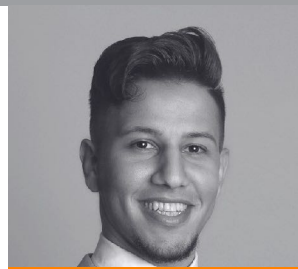
Dennis Guo



Eleanor Gurney



Cristina Gutu



Mohamed
Hamad Al Barasi



Ian Hanavan



Lucia Hargasova



Hannah Harrold



Tolga Hayali



Jane Hayman



Matthew Heim



Susan Hillen



Natalie Hilton



Yong Sun Terrence



Heater Howland



Angela Hu



Benjamin Hung



Juli Hychko



Sara Janiczek



Tina Jarrous



Héctor Jiménez Cortéz



Gabrielle Karam



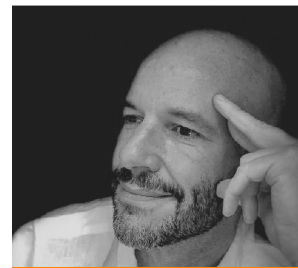
Peter Kennedy



Nicole Kett



Maha Khaliq



David Kincaid



Xenia Knapp



Paola Knecht



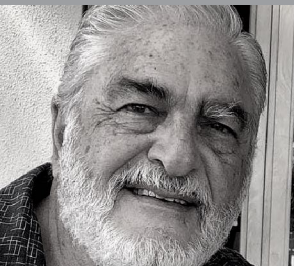
Chih-ting Ko



Dijana Kokai



Rachna Mimani



Costa Mitchell



Moira Mori



Pat Moseley



Cassidy Nasello



Alexandra Nery



Tan Nguyen



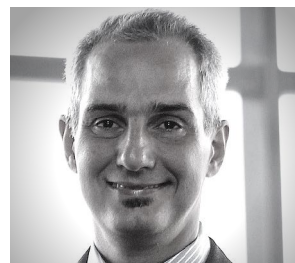
Shannon Norman



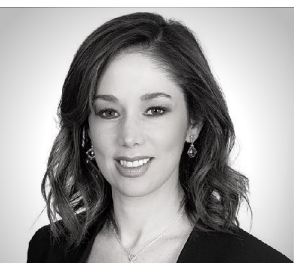
Padraic O'Donnell



Angelica Palli



Marco Paracciani



Beatriz Peña



Angie Perez



Lori Peterson



Lucie Petrelis-Petra



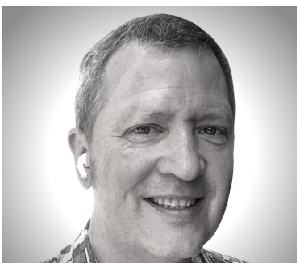
Silvia Piaia



Natalia Pinkowska



Kevin Pon



Damon Poole



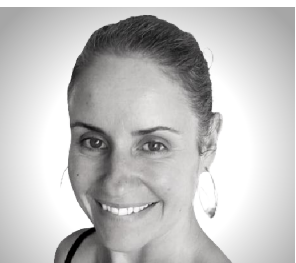
Danielle Portelli



Jason Potvin



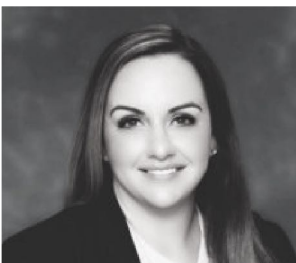
Georgiana Puica



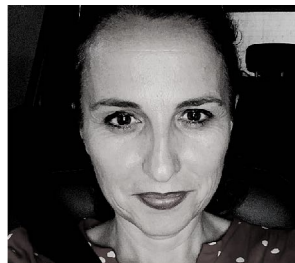
Alison Rakotonirina



Sarah Ramcharitar



Ashley Robertson



Maria Belen
Rodriguez de Alba



Dane Sacree



Anne Lise
Saint Gerand



Betsy Sajdak



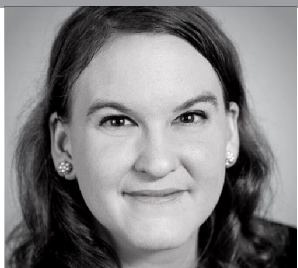
Johaina Samaha



Gabriela Sanz



Florina
Cristina Schiopu



Sabine Schoellhorn



Monica Scillieri



Hwei San Seow



Iulia Serban



Yin Yin Sew



Xiaolu Shi



Olga Shkut



Michèle Smole



Karen Somers



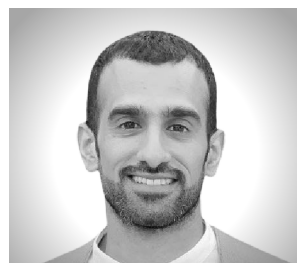
Natacha
Sommer Carvalho



Amy Strom



Victoria Tanner



Ali Taqi



Peter Tavernise



Kombe Temba



Heater Tingle



Lady Tinor



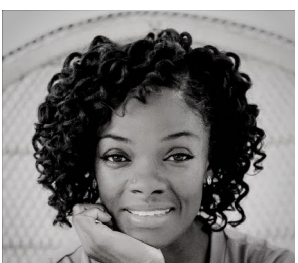
Eric Toh



Jenny Toh



Anthia Tsellou



Sophia Tuckett



Olga Valadon



Laura Valenti



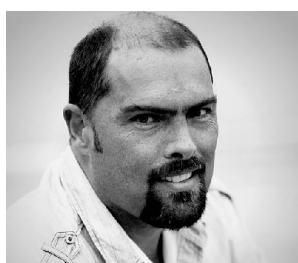
Helen van Ameyde



Floor van Baal



Tracy Van Biljon



Leslie van Zyl-Smit



Sripriya Vedula



Sarah Viana



Kristin Vierra



Laura Maria Vieru



Christian Vinceneux



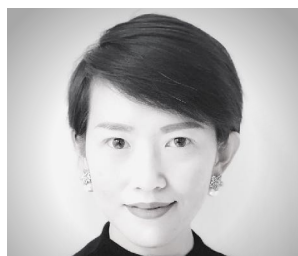
Minna-Maria Virtanen



Bogdan Vizitiu



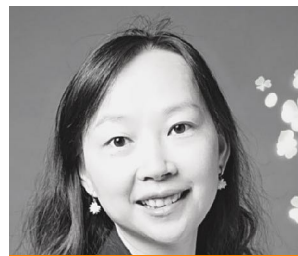
Gail Walters



Amanda Wang



Carol Wang



Chunli Wang



Shu-Chen Wang



Martin Weick



Donnie Wells



Petya Wienand



Evan Wilson



Regina Wilson



Bethany Winsor



Lynn Winterboer



Sarah Wiseman



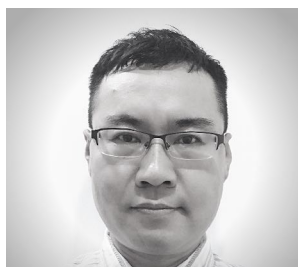
Carlos Womack



Cindy Xin



Karen Yackel



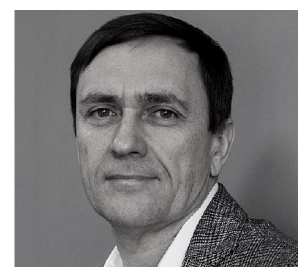
Tao Yan



Joyce Yang



Wendy Yaniv



Oleksandr Zeleniuk



Brenda Zhang

ACTP
ICF ACCREDITED COACH
TRAINING PROGRAM
ICF

ACSTH
ICF APPROVED COACH SPECIFIC
TRAINING HOURS
ICF

CCE
ICF CONTINUING
COACH EDUCATION
ICF



GLOBAL PROGRAMS

A COACH IN
EVERY CITY

GLOBAL PROGRAMS

ADVANCED PROGRAM

Aysen Arikan, Performance Coach, CANADA
Sahra Benseghir, Career Coach, SWITZERLAND
Radhika Bhalerao, Wellness Coach, INDIA
Duha Blaibleh, Life Coach, JORDAN
Barbara Busi, Career Coach, FRANCE
Keely Capel, Business Coach, PORTUGAL
Erwin Cwiek, Change Coach, NORWAY
Tolga Hayali, Leadership, Career & Life Coach, UNITED STATES
Rachna Mimani, Transformational Coach, INDIA
Pat Moseley, Career Coach, UNITED KINGDOM
Angie Perez, Life Coach, COLOMBIA
Dane Sacree, Life Coach, UNITED STATES
Anne Lise Saint Gerand, Business Coach, GERMANY
Natacha Sommer Carvalho, Executive Women in Leadership Coach, SWITZERLAND
Amy Strom, Transformational Leadership Coach, UNITED STATES
Lady Tinor, Achievement Coach, CANADA
Sophia Tuckett, Confidence Coaching, CANADA
Olga Valadon, Leadership Coach, UNITED KINGDOM
Christian Vinceneux, Life Coach, UNITED STATES
Gail Walters, Blended Coach, SOUTH AFRICA
Donnie Wells, Transition & Leadership Coach, UNITED STATES
Petya Wienand, Communication Coach, BULGARIA
Karen Yackel, Life Coach, CANADA

PROFESSIONAL PROGRAM

AbdulRahman Alharbi, Career Coach, SAUDI ARABIA
Nadedda Anguelova, Transformational Coach, BULGARIA
Cara Amores, Leadership Coach, UNITED STATES

PROFESSIONAL PROGRAM (CONT.)

Mohamed Hamad Al Barasi, Leadership Coach, SWITZERLAND

Teresa Andronikou, Life Coach For Single Moms, CANADA

Simone Anzboeck, Impact Coach, MYANMAR

Ioannis Asimakis, Life Coach, NORWAY

Natalie Bane, Executive Coach, GREECE

Ildiko Benko, Executive Coach, SWITZERLAND

Saskia Bergmann, Career Transformation Coach, NETHERLANDS

Audrey Blair, Leadership & Confidence Coach, UNITED STATES

Roxana Borcsa, Life Coach, ROMANIA

David Braun, Executive Coach, CANADA

Melanie Brown, Retirement Preparation Coach, SWITZERLAND

Susanne Buetikofer, Transformational & Career Coach, SWITZERLAND

Maria Shiela Cancino, Transformational Coach, SINGAPORE

Clifton Carmody, Leadership Coach, UNITED STATES

Elaina Carpino, Executive Coach, UNITED STATES

Milena Carruzzo, Relationship Coach, SWITZERLAND

Chloe Case, Business Coach, CANADA

Darryl Chen, Leadership & Team Coach, SINGAPORE

Daniel Chng, Executive Coach, MALAYSIA

Laura Cho Yee Swe Myint, Career & Executive Coach, MYANMAR

Yin Leng Choy, Career & Life Coach, SINGAPORE

Colleen Cluett, Life Coach, UNITED KINGDOM

Solange Corm, Career Coach, UNITED ARAB EMIRATES

Michelle Cunningham, Career & Leadership Coach, UNITED STATES

Marissa Cutler, Career Coach, UNITED STATES

Sandra D'Angelo, Self-Care Coach, ICELAND

Iulian Dragomir, Business Coach, ROMANIA

Daren Easton, Career Coach, HONG KONG

Jennifer Elworthy Croughton, Fertility Empowerment Coach, UNITED STATES

Cheryl Ewing, Health & Wellness Coach, NETHERLANDS

Sherry Fang, Teaching & Blended Coaching, TAIWAN

Catherine Ferguson, Life Coach, UNITED STATES

Lia Ferrario, Life Coach, ITALY

Silky Fischer-Lee, Executive Coach, SWITZERLAND

Emma Folkman, Self(ish) Coach, UNITED STATES

Amanda Jane Franklin, Communication & Leadership Coach, ITALY

PROFESSIONAL PROGRAM (CONT.)

Vanessa Frongillo, Career Coach, SWITZERLAND
Gaya Gamhewage, Executive Coach, SWITZERLAND
Heike Geiling, Intercultural Coach, SWITZERLAND
Gemma Gilbert, Business Coach, UNITED KINGDOM
Emanuela Goerick, Life Coach, SWITZERLAND
Camille Gold, Communication & Relationships Coach, UNITED STATES
Eleanor Gurney, Executive Wellness Coach, SINGAPORE
Cristina Gutu, Business/Career Coach, ROMANIA
Ian Hanavan, Sports Coach, BELGIUM
Lucia Hargasova, Conscious Leadership Coach, UNITED KINGDOM
Hannah Harrold, Dual Language Instructional Coach, UNITED STATES
Jane Hayman, Leadership Coach, AUSTRALIA
Matthew Heim, Transformational Coach, UNITED STATES
Susan Hillen, Career Coach, UNITED STATES
Natalie Hilton, Stress Coach, UNITED KINGDOM
Terrence Ho, Sales, Business & Leadership Coach, MALAYSIA
Heather Howland, Purposeful Living Coach, UNITED STATES
Benjamin Hung, Life Coach, HONG KONG
Juli Hychko, Life & Small Business Stylist, UNITED STATES
Sara Janiczek, Relationship Coach, GERMANY
Tina Jarrous, Relationship Coach, LEBANON
Héctor Jiménez Cortés, Personal Growth & Leadership Coach, SPAIN
Peter Kennedy, Executive Coach, FRANCE
Nicole Kett, Transformational Coach, UNITED STATES
Maha Khaliq, Personal Development & Growth Coach, UNITED STATES
David Kincaid, Leadership Coach, UNITED STATES
Xenia Knapp, Millennial Coach, GERMANY
Paola Knecht, Transformational Coach, SWITZERLAND
Dijana Kokai, Career Coach, SWITZERLAND
Julie Kong, Introverted Woman Leader Coach, SINGAPORE
Dina Kourouvani, Transformational Coach, GREECE
Monica Kremer, Transformational Coach, SWITZERLAND
Anna-Karin B. Kruse, Inspirational Leadership & Life Coach, ITALY
Birte Kuhn, Conscious Leadership & Corporate Coach, CANADA
Olga Labutina, Executive & Transformation Coach, GREECE

PROFESSIONAL PROGRAM (CONT.)

Theresa Lambert, Transformational Coach, CANADA
Amy Lechelt, Transformational Coach, UNITED STATES
Elaine Lee, Health and Wellness Coach, SINGAPORE
Wendy Leggett, Business Coach, UNITED STATES
Ram Levin, Success & Leadership Coach, THAILAND
Michael Lewis, Mental Wellness/Life Coach, UNITED STATES
Paul Lewis, Transformational Coach, UNITED STATES
Han Ee Lim, Mindful Performance Coach, SINGAPORE
Jean-Pierre Loizeau, Executive Coach, FRANCE
Diane Long, Leadership Coach, JAPAN
Martina Malavenda, Life Coach, ITALY
Beatrice Manzoni, Business Coach, ITALY
Petra Mayer-Dietrich, Leadership & Career Coach, SWITZERLAND
Catriona McDermott, Executive Careers Coach, LUXEMBOURG
Justin McKnight, Leadership Coach, UNITED STATES
Rachel McMahon, Business Coach, AUSTRALIA
Maimon Md. Arif, Transformational Coach, MALAYSIA
Maria Elena Mellara, Career Coach, NETHERLANDS
Eduardo Mendes, Executive & Leadership Coach, PORTUGAL
Ovidiu Mihai, Business Coach, ROMANIA
Costa Mitchell, Leadership Coach, SOUTH AFRICA
Maira Mori, Evolution Coach, ITALY
Cassidy Nasello, Work Life Integration Coach, UNITED STATES
Alexandra Nery, Expat Living & Transition Coach, UNITED ARAB EMIRATES
Tan Nguyen, Executive Coach, AUSTRALIA
Shannon Norman, Inclusion of Women in Leadership Coach, UNITED STATES
Padraic O'Donnell, Educational Coach, UNITED STATES
Marco Paracciani, Executive Coaching, THAILAND
Beatriz Peña, Diversity and Inclusion, leadership, MEXICO
Lori Peterson, Business Coach, UNITED STATES
Lucie Petrelis-Petra, Life Coach For LGBTQIAS+, SWITZERLAND
Silvia Piaia, Life & Parenting Coach, ITALY
Natalia Pinkowska, Yoga Life Coach, POLAND
Damon Poole, Business Coach, UNITED STATES
Georgiana Puica, Life Coach, ROMANIA

PROFESSIONAL PROGRAM (CONT.)

Alison Rakotonirina, Career Coach, MADAGASCAR
Sarah Ramcharitar, Life Coach, TRINIDAD AND TOBAGO
Ashley Robertson, Executive Coach, UNITED STATES
Betsy Sajdak, Career Coach, UNITED STATES
Johaina Samaha, Transformational Coach, FRANCE
Gabriela Sanz, Leadership Coach, FRANCE
Florina Schiopu, Transformational Coach, GERMANY
Sabine Schoellhorn, Transformational Coach, JAPAN
Monica Scillieri, Professional Coach, ITALY
Iulia Serban, Leadership Coach, SWITZERLAND
Yin Yin Sew, Life Coach, MALAYSIA
Michèle Smole, Executive Coach, SWITZERLAND
Karen Somers, Development Coach, UNITED STATES
Victoria Tanner, Expat Women Coach, UNITED KINGDOM
Ali Taqi, Life Coach, BAHRAIN
Peter Tavernise, Leadership Coach, UNITED STATES
Kombe Temba, Life Coach, ZAMBIA
Heather Tingle, Transformation Coach, CANADA
Eric Toh, Emotional Intelligence in Coach, MALAYSIA
Jenny Toh, Christian Life Coach, SINGAPORE
Athina Tsellou, Health & Wellness Coach, GREECE
Laura Valenti, Embodiment & Holistic Coach, SPAIN
Helen van Ameyde, Business Coach, BELGIUM
Floor van Baal, Life Coach, NETHERLANDS
Tracy van Biljon, Life and Empowerment Coach, SOUTH AFRICA
Leslie van Zyl-Smit, Life Coach, SOUTH AFRICA
Sripriya Vedula, Life Coach, UNITED ARAB EMIRATES
Sarah Viana, Life Coach, UNITED STATES
Kristin Vierra, Life & Career Coach, ARGENTINA
Minna-Maria Virtanen, Transformational Coach, FINLAND
Bogdan Vizitiu, Leadership & Youth Coach, ROMANIA
Evan Wilson, Transformational Coach, UNITED STATES
Regina Wilson, Conflict Coach, UNITED STATES
Sarah Wiseman, Transformational Coach, UNITED KINGDOM
Wendy Yaniv, Transition Coach, ISRAEL
Oleksandr Zeleniuk, Executive and Leadership Coach, UKRAINE

VOCATIONAL PROGRAM

Richa Arvind, Career Transformation Coach, TAIWAN

Lemise Dajani, Career & Life Coach, UNITED STATES

Denise Eckert, Burnout Coach, CANADA

Emmanuelle Gounot, Executive Coach, UNITED STATES

Gabrielle Karam, Empowerment Coach, UNITED STATES

Juliana Kushner, Holistic Health Coach, SOUTH KOREA

Līga Leimane, Strengths & Career Coach, LATVIA

Angelica Palli, Creativity Coach, GERMANY

Maria Belen Rodriguez de Alba, Expat & Transition Coach, SWITZERLAND

Hwei San Seow, Career Coach, SWITZERLAND

Olga Shkut, Career and Leadership Coach, GERMANY

Laura Maria Vieru, Transformational Coach, SWITZERLAND

Bethany Winsor, Transformational Coach, UNITED STATES

Lynn Winterboer, Agile Coach, UNITED STATES

Annabella Da Encarnacao, Vocational Coach, GERMANY

Monika Milinauskyte, Vocational Coach, SENEGAL

WORKPLACE PROGRAM

Carlos Womack, Life and Leadership Coach, UNITED STATES

Jason Potvin, Positive Psychology Coach, CANADA

Martin Weick, Transformational Coach, GERMANY

Paul-Alan Dollinger, Executive Coach, FRANCE

LIFE DESIGN PROGRAM

Naima Hasib, INDIA

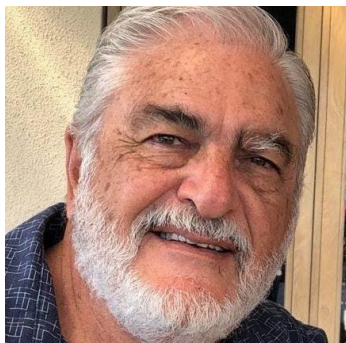
Danielle Portelli, Business Coach, UNITED STATES

AFRICA

BOTSWANA
AFRICA

COSTA MITCHELL

Leadership Coach, SOUTH AFRICA

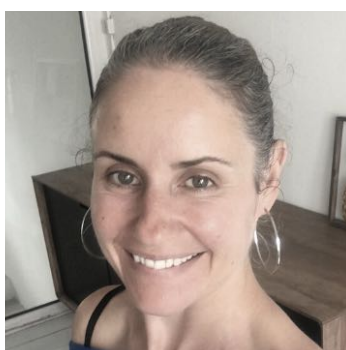


My memorable moment was the entire process of Observed Coaching and the learnings received over 5 weeks! I have an interest in exploring the role of leadership in building an emotionally intelligent organization.

View Portfolio:
[Coach/Costa-Mitchell](#)

ALISON RAKOTONIRINA

Career Coach, MADAGASCAR



I work with individuals on career development and leadership confidence, helping them to define their professional narratives and direction with confidence and joy. My studies as a coach will serve to support me in further supporting my clients to play big and go after their goals and dreams, with a particular emphasis on supporting the growth of socially emotionally strong and competent leaders.

View Portfolio:
[Coach/Alison-Rakotonirina](#)

KOMBE TEMBA

Life Coach, ZAMBIA



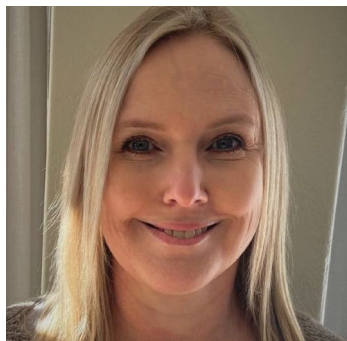
My most memorable moment was during a Mentor Coaching class where the Trainer encouraged us to hold onto the coaching agreement throughout a session, to ensure that we serve the client. I'll never forget the picture she painted of a bunny rabbit going down into a rabbit hole, and being gently pulled out by its tail to get it back on track! I actually keep that image in mind as I go into every coaching session now!

View Portfolio:
[Coach/Kombe-Temba](#)

TRACY VAN BILJON



Life and Empowerment Coach, SOUTH AFRICA



I am currently still working for a corporate organization, but my plan is to start my coaching business part-time. I also see coaching as a great learning tool that I am already using within my current role in my organisation.

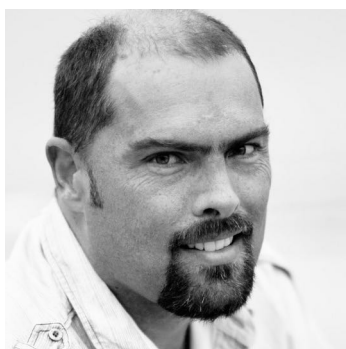
View Portfolio:
[Coach/Tracy-Van-Biljon](#)



LESLIE VAN ZYL-SMIT



Life Coach, SOUTH AFRICA



South Africa is faced with numerous socio-economic challenges, of which many are related to cultural differences and racial tension. The ICA journey has blessed me with many new tools and techniques that I can apply as a coach to support individuals and groups in a process of coming to new awareness and strategy to discover and develop the potential locked up within the boundaries of South Africa and beyond.

View Portfolio:
[Coach/Leslie-vanZyl-Smit](#)



GAIL WALTERS



Blended Coach, SOUTH AFRICA



The ICA Program has provided me with ethical guidelines and a full journey of learning, including practical coaching lab sessions where knowledge transfer took place. I will offer a blended style of coaching where clients with various needs can achieve their objectives effectively raising the bar for the executive sponsor, organisation and individual clients.

View Portfolio:
[Coach/Gail-Walters](#)



ASIA

SINGAPORE

SIMONE ANZBOECK



Impact Coach For Conscious Businesses and Leaders, MYANMAR



I consult, mentor and coach conscious businesses and leaders, so they can amplify what they do best - have a positive impact on the world. My most memorable moment was working with peer coaches from all around the world. I am certain that these connections will stay with me for life.

View Portfolio:
[Coach/Simone-Anzebeck](#)



MAIMON ARIF



Transformational Coach, MALAYSIA



What I got out of the program was personal growth - learning to reduce the noises in my head and truly learn to listen. I met many supportive, giving, and all-around beautiful people from all over the world that I now can call friends. I plan to set up a social enterprise to coach social leaders to grow and elevate their impact to achieve their dream of building a better world.

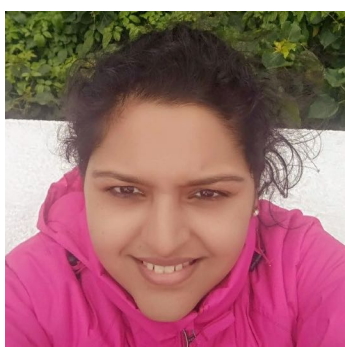
View Portfolio:
[Coach/Maimon-Arif](#)



RICHA ARVIND



Career Transformational Coach, TAIWAN



I have always wanted to work with people to create a transformation in the way they approach life. I plan to use coaching to help people create a shift in their thinking process and work towards a future of their choice. I want to be known as a Transformation Coach.

View Portfolio:
[Coach/Richa-Arvind](#)

RADHIKA BHALERAO

Wellness Coach, INDIA



I hope to set up a practice that stays true to the ideals of coaching: helping people thrive. My plan is to continue learning different aspects of coaching and encourage more and more people to explore it for themselves.

[View Portfolio:](#)

[Coach/Radhika-Bhalerao](#)

MARIA SHIELA CANCINO

Transformational Coach, SINGAPORE



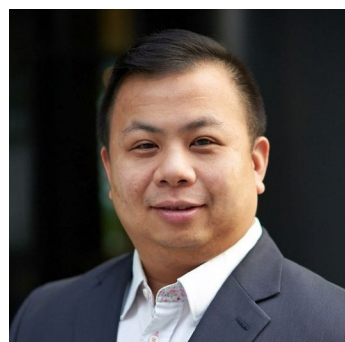
My most memorable moments were times with my fellow coaches in peer coaching, observed, and mentor sessions. Thanks to all my ICA Trainers. I plan to use my coaching skills to help others in finding and unwrapping their gifts.

[View Portfolio:](#)

[Coach/Maria Shiela-Cancino](#)

DARRYL CHEN

Leadership & Team Coach, SINGAPORE



I will integrate my coaching skills with my consulting business along with training and facilitation. My Leadership Coaching Model is called the C.H.A.I.R. which stands for Clarity, Hypothesize, Adventure, Internalize and Realize.

[View Portfolio:](#)

[Coach/Darryl-Chen](#)

DANIEL CHNG

Executive Coach, MALAYSIA



During my Observe Coaching our trainer was tough but it made us stronger and more knowledgeable. It helped me tremendously in being a better coach. I plan to use my coaching skills to help future leaders grow and access their own inner strengths to lead with vision, passion and empathy.

View Portfolio:
[Coach/Daniel-Chng](#)

LAURA CHO

Career & Executive Coach, MYANMAR



ICA is a great community where I get to network with coaches around the world. The best part of my ICA journey is doing peer coaching where I learned a lot from my peers and also Observed Coaching has helped me improved my coaching skill tremendously. I have made friendships out of this journey.

View Portfolio:
[Coach/Laura-Cho](#)

YIN LENG CHOY

Career and Life Coach, SINGAPORE



I want to use coaching to make a difference in people's lives. Currently, many people in my country lost their jobs due to COVID-19. I want to step up to coach and journey with these people so that they can get back on track in this ever-evolving working landscape here.

View Portfolio:
[Coach/Yin Leng-Choy](#)

DAREN EASTON

Career Coach, HONG KONG

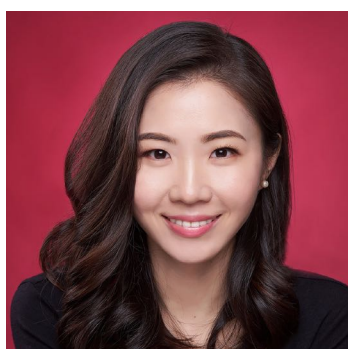


The entire journey has been one that I have really enjoyed and has opened my eyes to the impact that coaching can have on the lives of individuals. I want to provide support to those people that are not loving their work and seek a career change, but are unsure of the way to go about this.

View Portfolio:
[Coach/Daren-Easton](#)

SHERRY FANG

Teaching / Blended Coaching, TAIWAN



The Observed Coaching is the most memorable for me. It was very fruitful and I learned so much. I would like to use coaching to enhance the quality of teaching languages using my coaching model to help students to reach maximum learning results.

View Portfolio:
[Coach/Sherry-Fang](#)

ELEANOR GURNEY

Executive Wellness Coach, SINGAPORE



My memorable moment was connecting with so many wonderful peer coaches around the world. I plan to use my coaching skills to support people who are reassessing their goals and values around the time of 'midlife' to get clarity on how they want to design their future.

View Portfolio:
[Coach/Eleanor-Gurney](#)

TERRENCE HO

Sales, Business and Leadership Coach, MALAYSIA



I received great feedback after my first coaching session only to 'bomb' in my second one. I told myself to move forward and focus on what I could do, which was to learn from the feedback, leverage the support of my peer coaches and practice, practice, practice. I never looked back after that.

View Portfolio:

[Coach/Yong Sun Terrence-Ho](#)

BENJAMIN HUNG

Life Coach, HONG KONG



Before Mentor Coaching I struggled with putting theory into practice and I was wondering how everything was going to fit together. The trainers were very encouraging and I kept persevering and trusted that things were going to come together. When that finally happened, it was a very memorable moment.

View Portfolio:

[Coach/Benjamin-Hung](#)

JULIE KONG

Introverted Woman Leader Coach, SINGAPORE



I plan to use my coaching skills myself as a leader within my own company to inspire my colleagues. In the long term, I am seeking to become a professional coach and assist people in transition or having challenges when it comes to work and expat life.

View Portfolio:

[Coach/Julie-Kong](#)

JULIANA KUSHNER



Holistic Health Coach, SOUTH KOREA



My power tool was on Respecting Coherence vs. Being Counteractive. Coherence is the individual, intrinsic logic driving someone's beliefs and behaviors whereas being counteractive in this context, is attempting to push a solution that is at odds with the underlying coherent root of the behavior we are trying to change. I plan to use my coaching skills to empower people to find their true self.

View Portfolio:

[Coach/Juliana-Kushner](#)



ELAINE LEE



Leadership Coach, SINGAPORE



My most memorable coaching experience was in Observed Coaching as you need to build your gut and confidence to be mentally prepared for impromptu coaching. I plan to use coaching as a Career Coach as well as Health and Wellness Coach.

View Portfolio:

[Coach/Elaine-Lee](#)



RAM LEVIN



Success Coach | Leadership Coach, THAILAND



The most memorable part is by far, the observed classes. Here the pressure was on. Both times wise and the desire to showcase the best abilities as a coach were challenging. The amount and depth of the learning done within 1 hour were mind-blowing.

View Portfolio:

[Coach/Ram-Levin](#)

HAN EE LIM**Mindful Performance Coach, SINGAPORE**

My most memorable moment was Peer Coaching and the great community. I plan to use my coaching skill to coach clients so that they can be the best versions of themselves, to flourish and thrive.

View Portfolio:
[Coach/Han-Ee-Lim](#)

DIANE LONG**Leadership Coach, JAPAN**

My memorable moment was Observed Coaching. What a wonderful educational journey. I plan to use my coaching skills as a coach leader within my organization to reach their personal and professional aspirations.

View Portfolio:
[Coach/Diane-Long](#)

RACHNA MIMANI**Transformational Coach, INDIA**

Each class that I attended was eye-opening and made me learn, reflect and overcome my barriers in a number of areas of my life. I had an amazing time completing my course. All I have to do is say Thank you ICA for giving us world-class education and community where I made great friends.

View Portfolio:
[Coach/Rachna-Mimani](#)

MARCO PARACCINI

Transformational Coach, THAILAND



It's been a very powerful & enriching experience! If I have to pick one event though, it would be when one of the trainers gave me her tough love in my second mentor coaching practice: she was so right and so clear that's been a real turning point for me. Big thanks to all the ICA Coaches for their work.

View Portfolio:
[Coach/Marco-Paracciani](#)

SABINE SCHOELLHORN

Transformational Coach, JAPAN

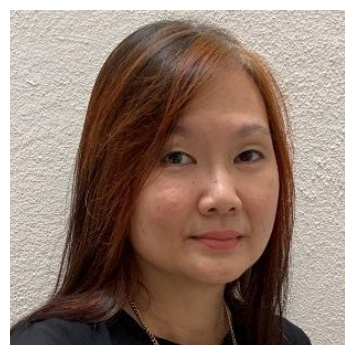


I am planning to become a full-time cross-cultural leadership and life coach supporting my clients in professional and personal transitions in Japan.

View Portfolio:
[Coach/Sabine-Schoellhorn](#)

YIN YIN SEW

Life Coach, MALAYSIA



My memorable moments were being able to learn from experienced coaches and participants around the world. I would like to use my coaching skills in order to journey with my clients to achieve their desired future in a safe and trusting environment.

View Portfolio:
[Coach/Yin-Yin-Sew](#)

ERIC TOH**Emotional Intelligence in Coach, MALAYSIA**

My memorable moment was the Observed Coaching sessions - they were break-through moments that pulled everything together. I plan to help my clients be better leaders by using emotional intelligence as the foundation.

View Portfolio:

[Coach/Eric-Toh](#)

**JENNY TOH****Christian Life Coach, SINGAPORE**

I've already started my coaching practice and intend to make coaching my core profession. My training with ICA has given me high-quality coaching skills due to the Mentors' dedication to raising each student's potential to be amazing coaches! Thank you, ICA!

View Portfolio:

[Coach/Jenny-Toh](#)

An aerial photograph of the Sydney Opera House, showing its iconic white, sail-like roof structure. The building is situated on a peninsula, surrounded by the blue-green waters of the harbor. In the background, the Sydney city skyline is visible, featuring several tall skyscrapers. The sky is clear and blue.

AUSTRALASIA

「
SYDNEY
AUSTRALIA
」



JANE HAYMAN

Leadership Coach, AUSTRALIA



I plan to continue to use coaching in my work as a leadership coach and facilitator. I work with individuals in a range of sectors who are usually dealing with some transition and considering what kind of leader they really are and want to be.

View Portfolio:
[Coach/Jane-Hayman](#)



RACHEL MCMAHON

Business Coach, AUSTRALIA



I plan to offer blended coaching with a focus on helping existing mid-sized businesses grow (technology companies and service companies). I have nearly 20 years of corporate experience that I plan to leverage to help businesses develop their business strategy, management systems, and marketing strategy.

View Portfolio:
[Coach/Rachel-McMahon](#)



TAN NGUYEN

Executive Coach, AUSTRALIA



I plan to use my coaching skills to focus on working for young executives. All payments I receive will be donated to an education fund in Vietnam that support children who are at risk of leaving school. I will leverage my coaching skill to work on training & development for the organization.

View Portfolio:
[Coach/Tan-Nguyen](#)





CENTRAL & SOUTH AMERICA

CASTRO CITY
SOUTH AMERICA

BEATRIZ PEÑA

Diversity and Inclusion, Leadership Coach, MEXICO



My memorable moment was the Observed Coaching and the amazing experience of Peer Coaching. I plan to coach top executives, women and coaches to build their own company.

View Portfolio:
[Coach/Beatriz-Peña](#)



ANGIE PEREZ

Life Coach, COLOMBIA



My most memorable moment of training with ICA was the connection with amazing people around the world that I met during the whole process. I am planning to use coaching with groups, giving them support to find their life purpose.

View Portfolio:
[Coach/Angie-Perez](#)



SARAH RAMCHARITAR

Life Coach, TRINIDAD AND TOBAGO



My most memorable moment was the Mentor Coaching and the great feedback. My plan is to coach as a side business in addition to my daily job.

View Portfolio:
[Coach/Sarah-Ramcharitar](#)



KRISTIN VIERRA



Life & Career Coach, ARGENTINA



My research paper explored Self Trust. I see it as being broken down into supporting areas including a commitment to self, self-compassion, and self-confidence. I plan to use my coaching skills to help people empower themselves to take action and create the movement needed to find more fulfillment.

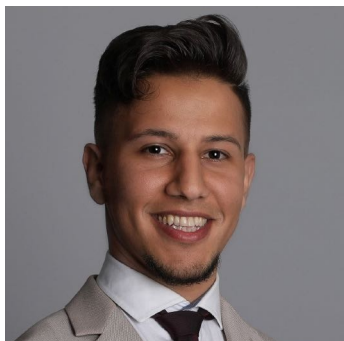
View Portfolio:
[Coach/Kristin-Vierra](#)

EUROPE

ROME
ITALY

MOHAMED HAMAD AL BARASI

Leadership Coach, SWITZERLAND



I plan to use my coaching skills to coach teenagers in self leadership. My research paper was on mental training in the coaching process. With mental training, you use the power of your thoughts to change your life positively!

View Portfolio:

[Coach/Mohamed-Hamad-Al-Barasi](#)



NADEJDA ANGUELOVA

Transformational Coach, BULGARIA



I am currently setting up my coaching business in addition to my current profession. I am looking at opportunities to contribute as a volunteer supporting people through difficult situations.

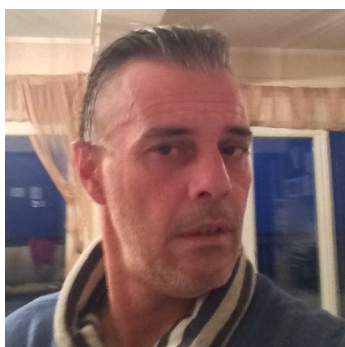
View Portfolio:

[Coach/Nadejda-Anguelova](#)



IOANNIS ASIMAKIS

Life Coach, NORWAY



I have a lot of great moments in teleclasses including the patience and support of great teachers! But the main thing is that I am not the same person as I was when I started in ICA. I owe all this change and development to ICA and my wonderful teachers. I feel lucky and grateful for the years I was with you!

View Portfolio:

[Coach/Ioannis-Asimakis](#)



NATALIE BANE

Executive Coach, GREECE



I have so many beautiful moments to remember. If I were to choose though, that would be the wonderful relationships with my fellow students as well as members of the ICA faculty. I could never have imagined having real friendships that I actually made online. Thank you, ICA!

View Portfolio:
[Coach/Natalie-Bane](#)



ILDIKO BENKO

Executive Coach, SWITZERLAND



The most memorable moments are the Mentor Coaching classes. It was a terrifying and a brilliant learning experience! My plan is to use coaching in my current environment to enhance the emotional and social intelligence skills of leaders and employees alike to foster collaboration.

View Portfolio:
[Coach/Ildiko-Benko](#)



SAHRA BENSEGHIR

Career Coach, SWITZERLAND



My memorable moment was definitely the Observed Coaching and the Peer Coaching. Thanks to the trainers and all my mentors at ICA, what an amazing journey! I want to support people who lack a vision in their career to enable them to take the right path,

View Portfolio:
[Coach/Sahra-Benseghir](#)



SASKIA BERGMANN

Career Transformation Coach, NETHERLANDS



My mission is to empower women worldwide to create a career that is truly meaningful to them and makes them come alive. Through coaching, I will support them to find the answers within. Together we will go on a journey to make it happen.

View Portfolio:
[Coach/Saskia-Bergmann](#)



ROXANA BORCSA

Life Coach, ROMANIA



My most memorable moment at ICA was the 5 weeks of Observed Coaching, it really opened my eyes to the entire process of coaching. I want to start my own business as a coach.

View Portfolio:
[Coach/Roxana-Borcsa](#)



MELANIE BROWN

Retirement Preparation Coach, SWITZERLAND



I will be using coaching with internal clients in my role as an HR Director and with external clients on retirement preparation. I am excited about the journey ahead, and maybe in a few years time I will be doing coaching only, we'll see... I am grateful for this amazing training and development.

View Portfolio:
[Coach/Melanie-Brown](#)



SUSANNE BUETIKOFER

Transformational and Career Coach, SWITZERLAND



I am passionate about midlife and career transformation - being a midlifer myself and having undergone several career changes, I would like to help others moving forward - in my own practice and my workplace.

View Portfolio:

[Coach/Susanne-Buetikofer](#)



BARBARA BUSI

Career Coach, FRANCE



The ICA journey was a wonderful, life-changing experience for me, but what I appreciated the most was the Coach Supervision. I was challenged by my peers but also felt a lot of compassion and I went beyond my fears and doubts. I gained more confidence and felt that coaching is my vocation in life.

View Portfolio:

[Coach/Barbara-Busi](#)



KEELY CAPEL

Business Coach, PORTUGAL



I am passionate about supporting other mums to create the business they truly dream of with the flexibility and freedom they crave to raise their families at the same time. My niche will be supporting newly licensed agents in establishing a thriving business within their first 12 months.

View Portfolio:

[Coach/Keely-Capel](#)



MILENA CARRUZZO

Relationship Coach, SWITZERLAND



The first time I logged in for online classes I had just arrived at the airport and jumped on the first bus that would take me to the city in order to find a quiet café with internet, but I had forgotten to switch off my microphone! It was embarrassing, but I really enjoyed the ability to join classes from anywhere.

View Portfolio:
[Coach/Milena-Carruzzo](#)

COLLEEN CLUETT

Life Coach, UNITED KINGDOM



I plan to use my coaching with one-to-one clients and businesses to assist them to create lives or companies that are more sustainable, personally, and for the environment. I also plan to offer coaching in my home country and adopted country to people who would otherwise not have access to it.

View Portfolio:
[Coach/Colleen-Cluett](#)

ERWIN CWIEK

Change Coach, NORWAY



I remember in the MC. Our trainer challenged me with a question: "what would be the opposite of connecting?" It moved me forward to discovering my future Power Tool. A few months later I crafted the Power Tool that I'm using now together with my EVERCHANGE Coaching Model.

View Portfolio:
[Coach/Erwin-Cwiek](#)

SANDRA D'ANGELO

Self-Care Coach, ICELAND



I loved my overall time at ICA. This training really helped me to improve in all aspects of my life. It has been an incredible journey and I am so excited to continue. Thanks to the whole team at ICA, I have been working as a full-time Coach. I have been coaching in the areas of Career & Self-Care.

View Portfolio:
[Coach/Sandra-D'Angelo](#)



IULIAN DRAGOMIR

Business Coach, ROMANIA



The most memorable moment of my training is linked to the powerful questions class, in which we met some amazing people, former students which shared with me how coaching helped them in having a better life.

View Portfolio:
[Coach/Iulian-Dragomir](#)



CHERYL EWING

Health and Wellness Coach, NETHERLANDS



AI want to empower individuals to rise up to the challenges that they face with courage and confidence and to support their illness through their lifestyle, beliefs and actions. We haven't chosen this path, But how we experience and learn through the journey, that is the power we have.

View Portfolio:
[Coach/Cheryl-Ewing](#)



LIA FERRARIO

Life Coach, ITALY



I plan to support people in making the best choices for themselves. I love to coach people who can't wait to find out who they're becoming, who they'll be tomorrow, what they are capable of and where their life was meant to take them.

View Portfolio:

[Coach/Lia-Ferrario](#)



SILKY FISCHER-LEE

Executive Coach, SWITZERLAND



I would like to work as an internal leadership coach in the company that I work for. As the company is going through constant transformations with an impact on people, I would like to help people discover their passion and purpose at work based on their core values and unleash their potential.

View Portfolio:

[Coach/Silky-Fischer-Lee](#)



AMANDA JANE FRANKLIN

Communication and Leadership Coach, ITALY



I have been invited to work alongside our partner coaching companies to coach their executives, having the advantage of being mother-tongue English. As pro bono work, I would also like to coach teachers and trainers who are reaching burn-out, since it is a highly stressful profession.

View Portfolio:

[Coach/Amanda Jane-Franklin](#)



VANESSA FRONGILLO

Career Coach, SWITZERLAND



My memorable moment was during the Coaching Lab and the Observed Coaching. I plan to use coaching in each working sector, for people who want to improve their professional position.

View Portfolio:
[Coach/Vanessa-Frongillo](#)



GAYA GAMHEWAGE

Executive Coach, SWITZERLAND



I plan to use my coaching skills to support people who want to realize their potential through leadership of themselves, or their team, work, and domains of influence. I will also continue to explore the field of leadership and life coaching and their intersection at spirituality and neuroscience.

View Portfolio:
[Coach/Gaya-Gamhewage](#)



HEIKE GEILING

Intercultural Coach, SWITZERLAND



I have been running my own small business as an intercultural trainer for the past 4.5 years. Now I will add coaching and plan to shift to coaching only over the coming two years. I am concentrating on expats and expat partners inside and outside of corporations.

View Portfolio:
[Coach/Heike-Geiling](#)



GEMMA GILBERT

Business Coach, UNITED KINGDOM



My memorable moments was being given feedback one mentor coaching session for completely glossing over the client's biggest fear and limiting belief. It taught me to never be afraid to go deep straight away! I am using my coaching skills to help mums in service-based businesses attract consistent clients.

View Portfolio:

[Coach/Gemma-Gilbert](#)



EMANUELA GOERICK

Life Coach, SWITZERLAND



I plan to integrate coaching tools and sessions with staff and managers at the UN Office of the High Commissioner for Human Rights as well as offering pro bono sessions for people in need in Geneva.

View Portfolio:

[Coach/Emanuela-Goerick](#)



CRISTINA GUTU

Business/ Career Coach, ROMANIA



My most memorable moment was the AHA moment I had during the face to face classes in the Coaching Attic (Bucharest). I plan to use my coaching skills to create a coaching culture within the company that I am employed at the moment and to develop the internal coaching team.

View Portfolio:

[Coach/Cristina-Gutu](#)

IAN HANAVAN

Sports Coach, BELGIUM



I'm hoping to use my coaching in the sports field by combining the tools and techniques of life coaching with my own professional sports background as a pro athlete to help other athletes have mental breakthroughs that translate into the game.

View Portfolio:
[Coach/Ian-Hanavan](#)



LUCIA HARGASOVA

Leadership Coach, SWITZERLAND



My most memorable moments were connecting with the global powerful network of like-minded individuals excited to learn more and tapping into the power from within. And of course the incredible coach teachers, every session was full of surprises.

View Portfolio:
[Coach/Lucia-Hargasova](#)



NATALIE HILTON

Stress Coach, UNITED KINGDOM



I plan to use my coaching skills within my business to help people better manage and reduce stress. My research paper was about how coaching can help reduce stress. Stress in itself is neither positive nor negative but a response of our body to "fight or flight".

View Portfolio:
[Coach/Natalie-Hilton](#)



SARA JANICZEK

Relationship Coach, GERMANY



The experience of observed coaching was the most memorable moment for me. It was intense but very insightful! I plan to use my coaching skills to work full-time as a coach.

View Portfolio:
[Coach/Sara-Janiczek](#)



HÉCTOR JIMÉNEZ CORTÉS

Personal Growth & Leadership Coach, SPAIN



My most memorable moment was probably in a specific Peer Coaching session. My coach helped me to create my vision, and now, as I am applying for graduation I have already achieved this dream vision. I am where I wanted to be. From that time onwards coaching changed my life.

View Portfolio:
[Coach/Héctor-Jiménez-Cortés](#)



PETER KENNEDY

Executive Coach, FRANCE



My observed sessions were probably the most intense, meaningful, and memorable! I plan to use my coach training and experience within my current company to coach executive leaders.

View Portfolio:
[Coach/Peter-Kennedy](#)



XENIA KNAPP

Millennial Coach, GERMANY



I want to create a practice that helps people to live their lives aligned with who they really are up to their full potential. My research paper was about how coaching could prevent the existential crises.

View Portfolio:
[Coach/Xenia-Knapp](#)



PAOLA KNECHT

Transformational Coach, SWITZERLAND



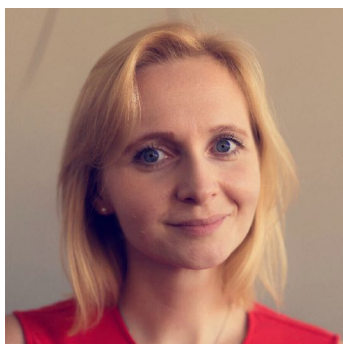
"The journey is the reward" perfectly fits with my experience at ICA. I valued every single class. I learnt valuable lessons as a coach and I met wonderful people as well. I would do it all over again, despite being challenged at times to find time with work and a small family to look after. The heart looks for ways to flourish its inner nature and when it does, nothing can stop it.

View Portfolio:
[Coach/Paola-Knecht](#)



DIJANA KOKAI

Career Coach, SWITZERLAND



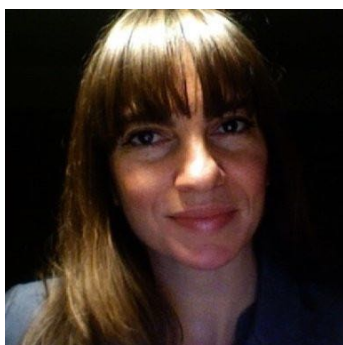
My memorable moment was during the Observed Coaching when everything I learnt and practiced came together and suddenly made sense. There was one moment, when the theory with all the competencies I had in my head moved into my heart and it started just to feel right.

View Portfolio:
[Coach/Dijana-Kokai](#)



DINA KOUROUVANI

Transformational Coach, GREECE



Oh! So many memorable moments! ICA changed my life significantly, I am so grateful for the mentors and all the support staff. They teach by example - acceptance, professionalism, self-care, active listening, powerful questioning, trust, all the competencies of coaching through their presence. I loved the variety and the abundance of classes and labs and also the freedom to create my own learning plan as an adult.

View Portfolio:

[Coach/Dina-Kourouvani](#)

MONICA KREMER

Transformational Coach, SWITZERLAND



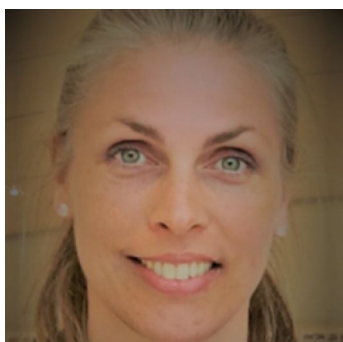
I'm actively working on my own coaching business plan, as a transition coach (career and life coaching). This particular niche (transition coaching) is not yet very well known (at least in Switzerland) and everyone I introduced this topic to immediately connected with its purpose and how it could help them.

View Portfolio:

[Coach/Monica-Kremer](#)

ANNA-KARIN B. KRUSE

Inspirational Leadership and Life Coach, ITALY



I volunteered and managed to do a good job in carrying out a 'laser session of 10 minutes' to showcase coaching skills in relation to the "Actions, Goals and Accountability" part of the coaching process. This was THE moment when I felt confirmation on the confidence I had gained and got acknowledgement for it.

View Portfolio:

[Coach/Anna-Karin B.-Kruse](#)

OLGA LABUTINA

Executive & Transformation Coach, GREECE



The ICA training for me was not only educational but also enlightening and therapeutic. I am endlessly grateful to all the mentors for their kindness, support, professionalism and feedback! My mission is to empower business leaders & owners to create work, personal and mental environments where they thrive and realize their potential as well as that of their teams.

View Portfolio:
[Coach/Olga-Labutina](#)



LĪGA LEIMANE

Strengths & Career Coach, LATVIA



My memorable moment was the experience of getting to know people from around the world. And I very much appreciate the opportunity to go through Observed Coaching. I'm planning to work as a coach as I'm very much interested in growth and development. I will also continue working with consulting, assessment and recruitment projects.

View Portfolio:
[Coach/Līga-Leimane](#)



JEAN-PIERRE LOIZEAU

Executive Coach, FRANCE



I conduct HR interviews every day as a Talent Developer Director for Senior Executives in a large global company. My new coaching skills are critical for me to raise the bar. During my 18 month learning journey the quality of my interviews has increased and I added value to the Senior Executives. The content, approach and practices of ICA have been incredibly powerful in helping me drive this large project.

View Portfolio:
[Coach/Jean-Pierre-Loizeau](#)



MARTINA MALAVENDA

Relationship Coach, ITALY



I would love to use my coaching skills to help women who struggle to have healthy relationships and want to achieve a better level of interpersonal communication, emotional intelligence (managing strong emotions) and to better handle conflicts with the partner.

View Portfolio:

[Coach/Martina-Malavenda](#)

BEATRICE MANZONI

Business Coach, ITALY



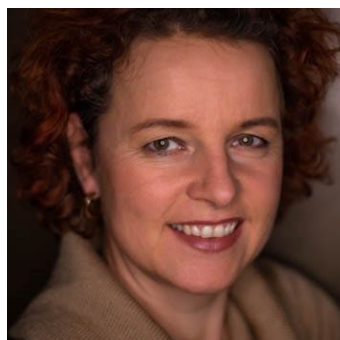
Coaching will be a component of my professional activity. I teach HR and organizational behaviour at a business school and coaching is an important competence to facilitate individual and team learning and development.

View Portfolio:

[Coach/Beatrice-Manzoni](#)

PETRA MAYER-DIETRICH

Leadership & Career Coach, SWITZERLAND



I remember the first moment when I joined an ICA Class. Entering the classroom felt like a window to the world. The diversity amongst the students was inspiring. My coaching focus will be in Leadership & Career Coaching. I work with professionals who are in different stages in their careers looking for fulfilment, breakthroughs and new career paths

View Portfolio:

[Coach/Petra-Mayer-Dietrich](#)

CATRIONA MCDERMOTT

Executive Careers Coach, LUXEMBOURG



My memorable moments are too many to mention but getting to know ICA trainers was fabulous and the quality of their work instrumental in becoming a certified professional coach. I plan to use my coaching skills to empower executives in their careers.

View Portfolio:
[Coach/Catriona-McDermott](#)



MARIA ELENA MELLARA

Career Coach, NETHERLANDS



I plan to use my coaching skills to build a coaching boutique agency and help mainly expat professionals. My research paper looked at the process of triggering awareness.

View Portfolio:
[Coach/Maria-Elena-Mellara](#)



EDUARDO MENDES

Executive and Leadership Coach, PORTUGAL



I plan to use my coaching skills to embed coaching competencies in my work as an HR Executive, to build a coaching culture within the company and to develop my own team in order to bring them to the next level. In addition, I plan to start a private coaching practice with the possibility of working exclusively for myself with my own consultancy/coaching practice within the next 5 to 10 years.

View Portfolio:
[Coach/Eduardo-Mendes](#)



OVIDIU MIHAI

Business Coach, ROMANIA



I loved the video calls led by awesome teachers and the wonderful worldwide community of students. My purpose as a coach is to inspire the clients to gradually overcome themselves and reach their full potential by finding inner wisdom, as the most reliable path to performance.

View Portfolio:
[Coach/Ovidiu-Mihai](#)



MOIRA MORI

Evolution Coach, ITALY



My most memorable moment was when I completed Observed coaching as it was so intense, deep and powerful. My research paper was about how attitude is the key to joy and my power tool was entitled Hearing vs Listening.

View Portfolio:
[Coach/Moira-Mori](#)



PAT MOSELEY

Career Coach, UNITED KINGDOM



My memorable moment was completing the Coaching Labs where the trainer would demonstrate how to form a coaching agreement. I plan to use my coaching skills initially as an internal coach within my organisation, then into private practice.

View Portfolio:
[Coach/Pat-Moseley](#)



ANGELICA PALLI

Creativity Coach, GERMANY



My most memorable moment was the first session of the Observed, in which I found a laser focus I didn't know I'd have. I also loved all the training with my peer coaches. I plan to use my coaching skills to help creative people with big bold projects bringing them out into the world!

View Portfolio:
[Coach/Angelica-Palli](#)



LUCIE PETRELIS-PETRA

Life Coach For LGBTQIAS, SWITZERLAND



I am starting my own coaching business mostly for online one-on-one or group coaching but also for life coaching for individuals located in Switzerland. I wish to support LGBTQIAS+ individuals as well as their families, friends, and individuals in their close environment wishing to achieve closeness together.

View Portfolio:
[Coach/Lucie-Petrelis-Petra](#)



SILVIA PIAIA

Life and Parenting Coach, ITALY



There are so many memorable moments. Most of all though I learned about myself and not only about coaching and being a coach. It was also wonderful diving deep into the study while expecting my son and literally doing the written exam on my due date. Actually, Noah should get a diploma as well.

View Portfolio:
[Coach/Silvia-Piaia](#)



NATALIA PINKOWSKA

Yoga Life Coach, POLAND



"I'm using coaching within my project Jasana Yoga Life Coaching where the main goal is to empower women in their feminine energy. The link between life, yoga, and coaching seems like the full variety of alignments between body, mind, and heart which brings reconnection to the true self. Within Yoga Life Coaching is a promise of the deep transformation and harmonious life after the process.

View Portfolio:
[Coach/Natalia-Pinkowska](#)



GEORGIANA PUICA

Life Coach, ROMANIA



I cannot choose one memorable moment as there were so many. I remember having so many aha moments on ICA classes. I intend to use coaching to create a positive impact, either as a part of my job or as a full-time job.

View Portfolio:
[Coach/Georgiana-Puica](#)



MARIA BELEN RODRIGUEZ DE

Expat & Transition Coach, SWITZERLAND



My most memorable moment was the Mentor Coaching and the great feedback. My plan is to coach as a side business in addition to my daily job.

View Portfolio:
[Coach/Maria Belen-Rodriguez de Alba](#)



ANNE LISE SAINT GERAND

Business Coach, GERMANY



I want like to continue using coaching as a manager in order to help me build teams. In parallel I want to get my PCC accreditation to make sure I can continue to learn and grow as a coach.

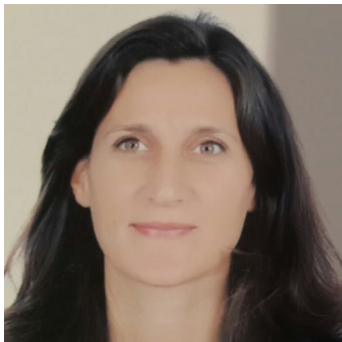
View Portfolio:

[Coach/Anne-Lise-Saint Gerand](#)



JOHAINA SAMAHA

Executive Coach, FRANCE



The most memorable moments are definitely the mentor coaching classes. It was both terrifying and a brilliant learning experience! I wrote my research paper on cultural intelligence defined as someone's ability to adapt successfully to a new cultural setting.

View Portfolio:

[Coach/Johaina Samaha](#)



GABRIELA SANZ

Leadership Coach, FRANCE



I am starting a coaching business focused on women leadership. My idea is to help women who feel stuck in their lives or careers get the clarity they need to keep moving and with that achieve more fulfillment in life.

View Portfolio:

[Coach/Gabriela-Sanz](#)



FLORINA SCHIOPU

Transformational Coach, GERMANY



My most memorable moment with ICA was when I joined and I realized what true coaching is and how valuable is to take the learnings in my life and when I had the AHA moment regarding the structure of the coaching session. It was like solving the puzzle and having the joy of admiring the final picture.

View Portfolio:

[Coach/Florina-Cristina-Schiopu](#)



MONICA SCILLIERI

Global Executives Coaching , ITALY



I've learned so much from each coach I met and each peer. Mentor coaching gave me the opportunity to look inward to be able to better look outward. ICA was a journey that really changed the way I look at myself and the world. I'm so grateful for all the peers, now friends, that I met along the way!

View Portfolio:

[Coach/Monica-Scillieri](#)



HWEI SAN SEOW

Career Coach, SWITZERLAND



In the short term, I plan to use coaching to enhance my current work as a Careers Counsellor. In the mid-term, I hope to establish my practice in Careers Coaching for high school graduates to early career professionals. As a soon-to-be parent, I also hope to use coaching in raising independent and thoughtful children by demonstrating active listening skills and empathy when they are learning to express their thoughts and feelings.

View Portfolio:

[Coach/Hwei San-Seow](#)



IULIA SERBAN

Leadership Coach, SWITZERLAND



I am using coaching very actively in my current organization, both by coaching leaders internally as well as creating coaching skills programs for the organization. My research paper was on the expansion of the self during leadership transition.

View Portfolio:
[Coach/Iulia-Serban](#)



OLGA SHKUT

Career and Leadership Coach, GERMANY



Mentor and Observed Coaching was where I had to face my own limitations and fear of being judged and evaluated. It was a very inspiring learning experience. I grew not only as a coach but also as an individual thanks to supportive environment, feedback, and reflection.

View Portfolio:
[Coach/Olga-Shkut](#)



MICHÈLE SMOLE

Executive Coach, SWITZERLAND



ICA is a great community of people with very diverse backgrounds supporting and challenging each other to become the professional coaches we are today. I could not have chosen a training program that fitted my needs better than ICA. I plan to use my coaching skills to help organizations, teams and individuals slide through the change curve and escape the black hole that might hold them hostage.

View Portfolio:
[Coach/Michèle-Smole](#)



NATACHA SOMMER CARVALHO



Executive Women in Leadership Coach, SWITZERLAND



I am passionate about leadership and how women can leverage their natural skills of empathy and connection to be much more effective leaders. I want to leave a legacy where women are much more recognized and visible because they are more daring, as women have a deeper level of self-trust and are willing to take inspired action steps toward their goals. I plan to use coaching on my mission to elevate women all around the world.

View Portfolio:

[Coach/Natacha-Sommer-Carvalho](#)



VICTORIA TANNER



Expat Women Coach, UNITED KINGDOM



It's been a hard year trying to get everything done and I'm extremely proud of myself for what I've accomplished.
Thanks to the amazing faculty members at ICA.
They are all so helpful and so kind and so genuine and have been an absolutely wonderful part of this entire experience.

View Portfolio:

[Coach/Victoria-Tanner](#)



ATHINA TSELLOU



Health & Wellness Coach, GREECE



My goal is to "live" coaching. Adopting the coach skills in my life and my relationships helps me to see things through a positive and inspiring perspective that can only add value and support progress. Professionally, my intention is to niche my coaching in the area of wellness.

View Portfolio:

[Coach/Athina-Tsellou](#)

OLGA VALADON

Leadership Coach, UNITED KINGDOM



I will use coaching in my current employment within the context of the leadership teams I am working with. In the long term, I intend to set up my own business.

View Portfolio:
[Coach/Olga-Valadon](#)



LAURA VALENTI

Embodiment and Holistic Coach, SPAIN



I want to offer coaching as a tool for the change that we need in the current global crisis, also using my power tool, coaching model, and research paper. I want to work with change-makers, with people who want to wake up and understand the situation we are facing as species also at the collective and systemic level.

View Portfolio:
[Coach/Laura-Valenti](#)



HELEN VAN AMEYDE

Business Coach, BELGIUM



My memorable moment with ICA was meeting and working with some fantastic people across the world. I plan to use my coaching skills in my current work. My research paper was on reflective learning and practice which is a key component of coaching as it enables coaches to monitor their own professional practice.

View Portfolio:
[Coach/Helen-van-Ameyde](#)



FLOOR VAN BAAL

Life Coach, NETHERLANDS



My memorable moment was the early morning classes on the different coaching tools, especially visualization and wheel of life which got me into action as a coach by creating my own workshops. The energy I got was memorable! I really enjoyed every part of the course. I started working with a company as a Career Coach and coaching people to reintegrate back to work after a long period of sick leave.

View Portfolio:
[Coach/Floor van-Baal](#)



LAURA MARIA VIERU

Transformational Coach, SWITZERLAND



I will continue practicing coaching in 1:1 interactions but my ultimate goal would be to organize team-building events for corporations, in collaboration with other colleagues and peers.

View Portfolio:
[Coach/Laura-Maria-Vieru](#)



MINNA-MARIA VIRTANEN

Transformational Coach, FINLAND



I struggled with coaching in front of a group. But this difficulty made me gain awareness about my energy and chakras. I was able to help myself stay more grounded, feeling safe and "in my own energy" with the group. This opened a new world for me and gave me wonderful skills to use with future clients too.

View Portfolio:
[Coach/Minna-Maria-Virtanen](#)



BOGDAN VIZITIU

Leadership & Youth Coach, ROMANIA



Aha moments especially in the power tool classes. For example in the Respect vs Invalidation power tool class - the connection between judgement and underlying beliefs and how we reflect back to others our self respect or self judgement.

View Portfolio:

[Coach/Bogdan-Vizitiu](#)



PETYA WIENAND

Communication Coach, BULGARIA



I already have three external clients currently and their feedback is very positive. Coaching has already become a tool for developing myself as a better professional, a better partner, a better parent who can better hear where important others come from.

View Portfolio:

[Coach/Petya-Wienand](#)



SARAH WISEMAN

Transformational coach, UNITED KINGDOM



I learned so much through Mentor Coaching, Observed Coaching and listening to the recordings for the final exam. My coaching really changed in this time, it was like all the theory and previous coaching practice, combined with some accurate feedback about what I needed to change, it all combined to massively improve my coaching. It was really challenging at times, but so worth it!

View Portfolio:

[Coach/Sarah-Wiseman](#)



OLEKSANDR ZELENIIUK**Executive and Leadership Coach, UKRAINE**

My most memorable moment was getting to know brilliant and like-minded people all over the world as well as being trained by fantastic ICA faculty team! Coaching has become my new profession. I feel it as a calling I am totally in harmony with.

View Portfolio:
[Coach/Oleksandr-Zeleniuk](#)



MIDDLE EAST

ALEPPO
SYRIA

ABDULRAHMAN ALHARBI

Career Coach, SAUDI ARABIA



My most memorable moment was the Mentor Coaching and the great feedback. My plan is to coach as a side business in addition to my daily job. My research paper was on coaching in organizations as I have found through my own experiences, that the term 'coaching' is being repeatedly misused in the working environment.

View Portfolio:

[Coach/Abdula-Rahman-Alharbi](#)

DUHA BLAIBLEH

Life Coach, JORDAN



My most memorable moment was during the first time I volunteered to be a coach. When the client started to talk I just got stuck, but the trainer intervened and explained that it was ok as it was my first time. I really felt that I was in the most supportive learning space.

View Portfolio:

[Coach/Duha-Blaibleh](#)

SOLANGE CORM

Career Coach, UNITED ARAB EMIRATES



If I reflect back on my coaching journey I used to be very connected to the client's 'story'. It's amazing how I have evolved from this, it's something I am very proud of as it was my biggest struggle. Thank you, ICA, Trainers and colleagues for helping me reach where I am now - a competent PCC coach!

View Portfolio:

[Coach/Solange-Corm](#)

TINA JARROUS

Relationship Coach, LEBANON



I just loved the diversity among students and faculty. The global experience, the method of teaching and the beautiful open spirit is something that will stay with me forever. A truly remarkable period in my life. My primary profession is now helping clients become better versions of themselves and live a more fulfilled life.

View Portfolio:
[Coach/Tina-Jarrous](#)



ALEXANDRA NERY ROBLES

Expatriate Living and Transition Coach, UNITED ARAB EMIRATES



I plan to use my coaching skills to support all my clients on the topics they bring to the table. My research paper was on skilled expatriate migrant families, focusing on the logistical paperwork and on the difficulties women and children face when relocating to the Middle East when the husband is in full-time employment.

View Portfolio:
[Coach/Alexandra-Nery_Robles](#)



ALI TAQI

Life Coach, BAHRAIN



The crown jewel of the whole experience would definitely be the Observed Coaching. It was a mix of stress, learning, and fun. But you will only feel it in the last session when you're closing that chapter, and get this bit of sadness letting go of the group. Other than that I would definitely say the ICA community is by far the best part of the experience. Those relationships develop from peers or instructors to friends.

View Portfolio:
[Coach/Ali-Taqi](#)



SRIPRIYA VEDULA**Life Coach, UNITED ARAB EMIRATES**

My most memorable moment include the interactive classes with mentors to connecting with peer coaches around the world. ICA has been an incredible journey for me. One can never walk away from a session without learning what it takes to be a world-class coach.

View Portfolio:[Coach/Sripriya-Vedula](#)**WENDY YANIV****Transition Coach, ISRAEL**

Would like to use my coaching skills within the Expat community as well as with people who are going through personal transitions in life. I will be volunteering to coach young soldiers that are transitioning back into civilian life.

View Portfolio:[Coach/Wendy-Yaniv](#)

NORTH AMERICA

NEW YORK
UNITED STATES

CARA AMORES

Leadership Coach, UNITED STATES



I'm excited about both leadership coaching and career coaching. I plan to use my coaching skills within my capacity as a human resources director, coaching leaders to navigate challenges and build leadership skills. I'll also be offering pro bono career coaching via a non-profit organisation I support.

View Portfolio:

[Coach/Cara-Amores](#)

TERESA ANDRONIKOU

Life Coach For Single Moms, CANADA



My most memorable moment was being able to meet amazing coaches from all over the world and learning from different life experiences and cultures. It was truly humbling to be a part of this amazing community. My research paper was on understanding a victim mindset, how the mindset is created, what are the benefits of being in this mindset, and how to coach clients with this mindset.

View Portfolio:

[Coach/Teresa-Andronikou](#)

AYSEN ARIKAN

Performance, CANADA



Learning coaching in such a professional and credible institution like ICA was an incredible experience. I remember when I finally found the courage to coach someone for the first time in my life. The instructors were so supportive and they never judge you. Thank you ICA!

View Portfolio:

[Coach/Aysen-Arikan](#)

AUDREY BLAIR

Leadership & Confidence Coach, UNITED STATES



I intend to use coaching as a primary component of coaching and consulting practice. I'll work with emerging leaders to build confidence and transition to their new roles. I'll work with experienced leaders to continue their growth and influence.

View Portfolio:

[Coach/Audrey-Blair](#)

DAVID BRAUN

Executive Coach, CANADA



I really enjoyed the month of Observation Coaching. I am grateful for the learning moments and the feedback on ways I could improve my coaching. I will continue to conduct Executive and Performance Coaching for leaders in various organizations.

View Portfolio:

[Coach/David-Braun](#)

CLIFTON CARMODY

Leadership Coach, UNITED STATES



My most memorable moment was being coached by a peer who observed that the word "failing" or "failure" was brought up repeatedly through our sessions. It really shone a light on the way I viewed the world. That session was worth the cost of the course with regard to how it changed who I was.

View Portfolio:

[Coach/Clifton-Carmody](#)

ELAINA CARPINO

Executive Coach, UNITED STATES



ICA was my "constant" through the pandemic and am forever grateful to be part of this incredible community of passionate individuals striving to make the world a better place. ICA was a humbling experience as there was so much "unlearning" and transformation.

View Portfolio:

[Coach/Elaina-Carpino](#)

CHLOE CASE

Business Coach, CANADA



My memorable moment was all the classes and wonderful teachers! I plan to use coaching in my daily work endeavours, to be a better team leader and boss - and eventually have my own coaching practice!

View Portfolio:

[Coach/Chloe-Case](#)

MICHELLE CUNNINGHAM

Career & Leadership Coach, UNITED STATES



My most memorable moment was being told that I had officially passed Observed Coaching. I remember the dancing and waving a stuffed bird. This was a great moment and made me feel accomplished and ready to coach. I plan on working as an internal coach for my current employer.

View Portfolio:

[Coach/Michelle-Cunningham](#)

MARISSA CUTLER

Career Coach, UNITED STATES



My most memorable moment in ICA was my last observed coaching session. I will never forget the feedback and words of encouragement I received from my instructor. All of the ICA instructors made the entire experience one I will never forget.

View Portfolio:
[Coach/Marissa-Cutler](#)

LEMISE DAJANI

Career and Life Coach, UNITED STATES



I plan to use coaching currently in my role as a leadership development consultant and eventually have my own practice focused on supporting clients through life and career transitions.

View Portfolio:
[Coach/Lemise-Dajani](#)

DENISE ECKERT

Burnout Coach, CANADA



I have created a program - Burnout to Balance. I am coaching women who have experienced burnout to help them create a more balanced lifestyle. I wrote my Coaching Research Paper on the topic of how coaching can have a powerful impact on someone with burnout by actively listening, powerful questioning, many different power tools to create awareness around burnout/stress.

View Portfolio:
[Coach/Denise-Eckert](#)

JENNIFER ELWORTHY

Fertility Empowerment Coach, CANADA



The goal of my coaching practice is to support women to feel empowered during fertility treatment. I cannot, and will not, promise a positive result from any fertility treatment. But I hope that using my coaching skills alongside will help them at a time when they feel everything is out of their control.

View Portfolio:
[Coach/Jennifer-Elworthy](#)



CATHERINE FERGUSON

Life Coach, UNITED STATES



I enrolled in 2012 and finally got through the Observed Coaching in 2020! So many emotions but so much certainty I was finally on the right path. I plan to use my coaching skills to help moms create lives they love both at work and at home.

View Portfolio:
[Coach/Catherine-Ferguson](#)



EMMA FOLKMAN

Self(ish) Coach, UNITED STATES



I plan to use coaching to empower others to live life for themselves. In today's world, we are so laser-focused on a particular path that we often forget to attend to personal needs. My clients learn to create space for themselves and their passions in order to live a balanced and fulfilling life.

View Portfolio:
[Coach/Emma-Folkman](#)



CAMILLE GOLD



Communication and Relationships Coach, UNITED STATES



The most memorable moment for me was transcribing my recording for submission for the oral exam. So much of what the trainers had taught about trusting questions, trusting the process, direct and concise communication, avoiding qualifiers in observations and acknowledgments, giving space, etc.

View Portfolio:

[Coach/Camille-Gold](#)

EMMANUELLE GOUNOT



Executive Coach, UNITED STATES



I plan to launch my coaching business to support executives and start-up founders on their leadership journey. I have a special interest in the exploration of vulnerability as a potential leadership superpower.

View Portfolio:

[Coach/Emmanuelle-Gounot](#)

HANNAH HARROLD



Dual Language Instructional Coach, UNITED STATES



Currently, I serve as a Dual Language Instructional Coach in a school district in Northern Illinois. Instructional coaching does have a heavy consulting component. In the future, I would very much like the opportunity to practice pure coaching more consistently and am keeping my options open.

View Portfolio:

[Coach/Hannah-Harrold](#)

TOLGA HAYALI

Leadership, Career and Life Coach, UNITED STATES



I believe in coaching and I am already using it in my work environment to prepare future Building Principals - Leaders. In the meantime, I love to coach and help my urban youth in their career and college transition.

View Portfolio:
[Coach/Tolga-Hayali](#)

MATTHEW HEIM

Transformational Coach using Visualization, UNITED STATES



My memorable moment was thinking that I knew exactly what I was doing, then having ICA's outstanding instructors put me (gently) in my place. It was a terrific learning experience for me overall, and a real shift in my awareness around coaching and my life.

View Portfolio:
[Coach/Matthew-Heim](#)

SUSAN HILLEN

Career Coach, UNITED STATES



I plan to continue to coach internal clients in my workplace and possibly expand to coaching others outside of work. My research paper was on Positive Psychology and the application of Career Coaching to helping individuals and organizations.

View Portfolio:
[Coach/Susan-Hillen](#)

HEATHER HOWLAND

Purposeful Living Coach, UNITED STATES



I plan to offer a blended coaching model to assist women in (re) discovering their purpose and to put that purpose into action. I will blend coaching with my degree in Metaphysics to incorporate intuition and soul evolution as a part of their purpose-full path.

View Portfolio:
[Coach/Heather-Howland](#)

JULI HYCHKO

Life & Small Business Stylist, UNITED STATES



My memorable moment was definitely Observed Coaching! I really enjoyed the verbal and written feedback. We all learned so much in such a short amount of time! I am so excited to now provide small business owners and individual clients a holistic approach to leading teams, marketing, and overall business styling.

View Portfolio:
[Coach/Juli-Hychko](#)

GABRIELLA KARAM

Empowerment Coach, UNITED STATES



My most memorable moment in ICA was working with my peer coaches. I plan to use coaching to help me heal and empower other people.

View Portfolio:
[Coach/Gabrielle-Karam](#)

NICOLE KETT

Transformational Coach, UNITED STATES



My memorable moment was the feeling of being supported by amazing peers. Most people didn't get to interact with people during the pandemic but I built friendships and bonds with classmates all over the world during such a unique time. Coach training gave me purpose every day when everything seemed uncertain.

View Portfolio:

[Coach/Nicole-Kett](#)



MAHA KHALIQ

Personal Development and Growth, UNITED STATES



Throughout training with ICA, I was able to learn not just how to coach but also about myself. I plan to use my coaching to help clients in their personal development and growth as they navigate through various phases of their lives and help my clients trust themselves to live at their fullest potential!

View Portfolio:

[Coach/Maha-Khalik](#)



DAVID KINCAID

Leadership Coach, UNITED STATES



The entire experience was rewarding, however, it was during Observed Coaching that I came to understand my own power as a coach. I plan to use my coaching skills to support visionary leaders who are making an impact in the world, through a holistic approach, achieve a sustainable balance in their contributions and their lives.

View Portfolio:

[Coach/David-Kincaid](#)



BIRTE KUHN

Conscious Leadership and Corporate Coach, CANADA



I enjoyed the entire journey! However, I still remember my very first class, which was on mindfulness. I was quite nervous, but I felt so welcomed from the very start that everything was easy after that.

View Portfolio:

[Coach/Birte-Kuhn](#)



THERESA LAMBERT

Transformational Coach, CANADA



My memorable moments have been connecting with peers globally and the laughter inside our Observed Coaching. This program was fabulous and I added so many tools to my Coach tool kit that are valuable both personally and professionally. I have an active coaching practice that I am continuing to build full-time.

View Portfolio:

[Coach/Theresa-Lambert](#)



AMY LECHELT

Transformational Coach, UNITED STATES



I plan on coaching clients who may be working through a life-transition; ie. move, divorce, career... I also advocate empowerment for survivors of domestic violence and through coaching hope to provide support in their new life.

View Portfolio:

[Coach/Amy-Lechelt](#)



WENDY LEGGETT

Business Coach, UNITED STATES



I will use my coaching skills in my professional coaching business and will focus on individuals facing transitions. I'll support my clients in navigating, learning and growing as they successfully move through various changes in their lives.

[View Portfolio:](#)[Coach/Wendy-Leggett](#)

MICHAEL LEWIS

Mental Wellness/Life Coach, UNITED STATES



I remember the moment when all the pieces started coming together. I got a vision for the value that comes with getting trained with the ICF standards for coaching, however, in overcoming my own limitations, I found it is a base off which to build my own style.

[View Portfolio:](#)[Coach/Michael-Lewis](#)

PAUL LEWIS

Transformational Coach, UNITED STATES



My memorable moment was the progressive breakthroughs, and discoveries, that allowed me to step back, assess and reassess my personal performance, and how I interact with my clients.

[View Portfolio:](#)[Coach/Paul-Lewis](#)

JUSTIN MCKNIGHT

Leadership Coach, UNITED STATES



I plan to use my coaching skills in my current role as a VP of an automotive supplier. I will also start my own private practice with consulting and coaching for sales leaders.

View Portfolio:

[Coach/Justin-McKnight](#)

CASSIDY NASELLO

Work Life Integration Coach, UNITED STATES



The classroom environment was my anchor during the COVID-19. I plan to help women who don't want to settle in a career or in life. The FELT Framework I created allows clients to establish their ideal vision and reclaim their core values by letting go of what doesn't serve them and finding the support they need to see their goals through.

View Portfolio:

[Coach/Cassidy-Nasello](#)

SHANNON NORMAN

Inclusion of Women in Leadership Coach, UNITED STATES



I will use my coaching skills as I continue in the Human Resources field as well as beginning a coaching and consulting business to coach on the inclusion of women in leadership and on self-care.

View Portfolio:

[Coach/Shannon-Norman](#)

PADRAIC O'DONNELL**Educational Coach, UNITED STATES**

I plan on starting my own coaching business to work with high school and college students while I also working as a consultant with school leaders to develop coaching programs in more schools.

View Portfolio:

[Coach/Padraic-O'Donnell](#)

LORI PETERSON**Business Coach, UNITED STATES**

I will be focusing on high-performing women and helping them gain insight and clarity as they move toward their goals and dreams. I've been in business in the world of coaching, sales and leadership development for over twenty years, and now will use my new skills to help guide people in a whole new way.

View Portfolio:

[Coach/Lori-Peterson](#)

DAMON POOLE**Business Coach, UNITED STATES**

Observed coaching was transformative! As an Agile Coach, working with companies adopting Agile. My research paper was on rewiring our interpretations, emotions, thinking, and behaviors.

View Portfolio:

[Coach/Damon-Poole](#)

JASON POTVIN

Positive Psychology, CANADA



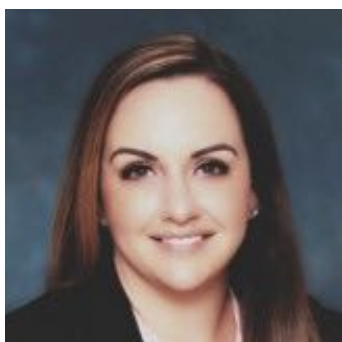
My most memorable moment was have been the rich virtual class discussions and peer coaching experiences. I plan to use coaching as a modality to help clients solves challenging problems while leveraging the niche of applied positive psychology to support success.

View Portfolio:
[Coach/Jason-Potvin](#)



ASHLEY ROBERTSON

Executive Coaching, UNITED STATES



My most memorable moment was the Mentor Coaching and the great feedback. My plan is to coach as a side business in addition to my daily job.

View Portfolio:
[Coach/Ashley-Robertson](#)



DANE SACREE

Life Coach, UNITED STATES



Observed Coaching was an absolutely wonderful experience where I learned more about myself and Peer Coaching was one of the best things ICA offers. The connections I made, the people who helped me move through the program and the growth I experienced because of them was wonderful. I will be forever grateful.

View Portfolio:
[Coach/Dane-Sacree](#)



BETSY SAJDAK

Career Coach, UNITED STATES



I plan to use my coaching skills in the workplace with physicians. Also plan to start my own coaching practice for 'second career' healthcare workers.

View Portfolio:

[Coach/Betsy-Sajdak](#)



KAREN SOMERS

Development Coach, UNITED STATES



Whenever I've needed a coach that has any sort of entertainment industry experience I was unable to find one. I got my training with ICA so that I could be a better mentor and to offer much-needed coaching/consulting to other working professionals in my industry.

View Portfolio:

[Coach/Karen-Somers](#)



AMY STROM

Transformational Leadership Coach, UNITED STATES



I am able to use my coaching skills in helping individuals become stronger leaders in both their personal and professional lives. My research paper was on listening and the levels of listening and the skill of listening. In the realm of coaching, Listening to the client is one of the most important roles of being a coach.

View Portfolio:

[Coach/Amy-Strom](#)



PETER TAVERNISE

Leadership Coach, UNITED STATES



After I complete another 20 hours of internal training (Marcus Buckingham / StandOut assessment) I will be qualified to coach inside my company, Cisco. I wrote my ICA research paper on establishing a niche, setting pricing, and decisions for the newly Certified Coach.

View Portfolio:

[Coach/Peter-Tavernise](#)

HEATHER TINGLE

Transformation Coach, CANADA



I plan to use my coaching to facilitate the processes of growth, finding clarity, and connecting to strength with my clients. I will coach youths or adults who are searching for how to live their best life.

View Portfolio:

[Coach/Heather-Tingle](#)

LADY TINOR

Achievement Coach, CANADA



My overall purpose in life is to inspire others to Dare to Dream and to Make it Happen! Through my coaching, I aspire to inspire and empower others to pursue their dreams and to make choices and take actions that will bring them overall wellness and fulfillment.

View Portfolio:

[Coach/Lady-Tinor](#)

SOPHIA TUCKETT

Confidence Coach, CANADA



I plan to use coaching with a blended approach. My research paper was on Coaching and Vulnerability as I have always thought of vulnerability as an interesting state of mind and I wanted to explore how it relates to coaching and how much it can serve coaches during their interactions with clients.

View Portfolio:

[Coach/Sophia-Tuckett](#)



SARAH VIANA

Life Coach, UNITED STATES



My journey of being a coach is continuing to unfold. I have already been incorporating the skills I have built over the past 18 months into my role as a director of HR. Additionally I will continue to seek opportunities to coach clients one-on-one.

View Portfolio:

[Coach/Sarah-Viana](#)



CHRISTIAN VINCENEUX

Life Coach, UNITED STATES



I am offering services as a Life and Parenting Coach, through individual sessions and group workshops. I focus on life transformation, wellness, and mindful parenting. I strive to support people in their life journey by facilitating change, especially when change does not feel possible. My goal is always to create a space where all people feel safe to explore and challenge themselves in order to create positive changes in their lives.

View Portfolio:

[Coach/Christian-Vinceneux](#)

DONNIE WELLS



Transition & Leadership Coach, UNITED STATES



I have created a coaching practice called Molding Success LLC and it is a growing practice. I am also President, Taylor-Winfield Technologies. Coaching is now a formal skill set that I have added to my leadership toolbox and it is an active approach to my servant leadership style.

View Portfolio:

[Coach/Donnie-Wells](#)



EVAN WILSON



Transformational Coach, UNITED STATES



I plan to use coaching to help business teams and leadership transform to become more collaborative, productive, and high-performing. My goal is to also help individuals transform themselves with my Deliberate Journey model roadmap.

View Portfolio:

[Coach/Evan-Wilson](#)



REGINA WILSON



Conflict Coach, UNITED STATES



I plan to use coaching to help individuals learn how to manage conflict effectively. My research paper was on conflict coaching or conflict management coaching. A conflict coach may not solve the conflict but will aid the individual in finding new perspectives and ways to engage in conflict.

View Portfolio:

[Coach/Regina-Wilson](#)

BETHANY WINSOR

Transformational Coach, UNITED STATES



I plan to use coaching to enhance my current work as an agile coach. My research paper was coaching and mindfulness exploring the difference between mindfulness and meditation, relevant studies on mindfulness, and how mindfulness can be applied in a coaching practice.

View Portfolio:
[Coach/Bethany-Winsor](#)



LYNN WINTERBOER

Agile Coach, UNITED STATES



I learned to enjoy coaching in front of a group, and welcome the learning rather than fear it. It's so liberating to be "okay" being a human on a learning journey!

View Portfolio:
[Coach/Lynn-Winterboer](#)



KAREN YACKEL

Life Coach, CANADA



I loved the whole journey of ICA training. Peer Coaching has been so wonderful and I have made lifelong friends. But the thing that stands out the most was when a trainer demonstrated that you don't need to know anything about what the client is talking about in order to coach them. She coached me in the most powerful coaching session I have ever had. This was early on in my training and I was absolutely hooked in that moment.

View Portfolio:
[Coach/Karen-Yackel](#)



CHINESE LANGUAGE PROGRAMS

A COACH IN
EVERY CITY

CHINESE LANGUAGE PROGRAMS

ADVANCED PROGRAM

Ruanling Chen, Life Coach, HONG KONG

刘依群 (Yiqun Liu), Life Coach, CHINA

王文辉 (Amanda Wang), Transformational & Career Coach, CHINA

Tao Yan, Business Coach, CHINA

PROFESSIONAL PROGRAM

陈志宏 (Teresa Zhihong Chen), Life & Career Coach, CHINA

张慧婷 (Terri Cheong), Life Coach, MALAYSIA (Bilingual Program)

郭昊霖 (Dennis Guo), Business & Transformational Coach, CHINA (Bilingual Program)

胡彬 (Angela Hu), Career Coach, CHINA

柯智婷 (Chih-Ting Ko), Business & Leadership Coach, TAIWAN (Bilingual Program)

彭昌裕 (Kevin Pon), Transformational & Life Coach, TAIWAN (Bilingual Program)

史晓路 (Xiaolu Shi), 生命教练、团队教练、教练式培训师, CHINA (Bilingual Program)

王佳莹 (Carol Wang), Life Coach, CHINA

王纯莉 (Chunli Wang), Life & Career Coach, CHINA

王書貞 (Shu-Chen Wang), 師法自然的教練, TAIWAN

辛欣 (Cindy Xin), Life & Leadership Coach, CHINA

羊文请 (Joyce Yang), 转型教练, SINGAPORE (Bilingual Program)

张碧君 (Brenda Zhang), Career & Transformational & Life Coach, CHINA

RUANLING CHEN

Life Coach, HONG KONG



太多难忘时刻，第一次上课，第一次做客户，第一次做教练，第一次在教练辅导课上做教练，一次次的同侪练习，一次次欣喜，一次次挫败，紧张而收获颇丰的观察下的教练学习。有太多难忘时刻！我希望可以成为专职教练。

View Portfolio:

[Coach/Ruanling-Chen](#)

TERESA ZHIHONG CHEN

Life Coach, Career Coach, CHINA



学习教练，学做那个能随时照见自己的人，照见所有的心情，像平静的湖水，不悲不喜，珍惜当下。在教练会谈中，充分体现教练技术精髓，通过简单的语言和文明对话系统来帮助客户挖掘自身的潜能，拆除心灵的屏障，去除头脑中的碎片，提升内在的能量，争做更好的自己。

View Portfolio:

[Coach/Teresa Zhi-Chen](#)

TERRI CHEONG

Life Coach, MALAYSIA



非常感恩在这个旅程中认识了很多优秀的导师和同侪，跟他们的相遇和相识是我在ICA里其中一大收获。我计划带着使命成为一位全职教练，帮助人释放他们的潜力，突破盲点，不断超越自我，去发现更多的可能性。

View Portfolio:

[Coach/Terri-Cheong](#)

DENNIS GUO



Business Coach, Transformational Coach, CHINA



同侪间的练习和交流是我在ICA学习期间印象最深刻的部分。我计划将学到的教练知识与技能用于拓展自己的市场及业务模式。

View Portfolio:
[Coach/Dennis-Guo](#)

ANGELA HU



Career Coach, CHINA



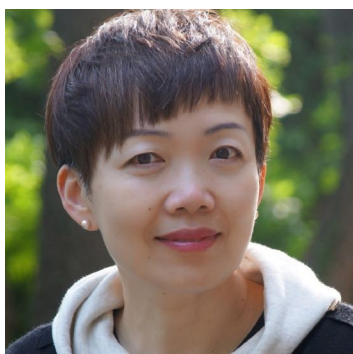
我最难忘的部分是教练辅导课、观察下的教练以及同侪教练练习过程中的学习，至今为止，我仍然与部分学友保持着联系。我一直在积极并有意识地将教练技术运用在我的日常职场与生活中，当我与身边人交流时就在践行这一点。对我而言，这是一门人生科学，我希望慢慢将其融合到我的人生之中。

View Portfolio:
[Coach/Angela-Hu](#)

YIQUN LIU



Life Coach, CHINA



不断运用于自身的修养练习，并获得亲身体会再结合教练技术运用在生命教练这个领域中；结合自身多年的业务和管理经验，将教练技术运用在支持企业、团队以及创业者的工作中；还将考虑将教练技术运用在支持社区工作、公益项目中。

View Portfolio:
[Coach/Yiqun-Liu](#)

KEVIN PON

Transformational Coach, TAIWAN



通过在ICA的学习和体验，我发现教练在人力资源的应用，最立竿见影的是让教练参与离职面谈更新心理契约，即使员工已经答应新雇主的聘任，也能藉由教练帮助员工说出真实的感受，离开能被理解、和保持未来重新雇用的可能性。

View Portfolio:
[Coach/Kevin-Po](#)



XIAOLU SHI

生命教练、团队教练、教练式培训师，CHINA



在ICA学习期间，我印象最深刻的部分是观察下的教练科目学习。我计划将教练运用于以下两方面：1，练习在工作和生活的每个场景中使用教练式思维和对话方法。2，融合打造教练式的专业工作。

View Portfolio:
[Coach/Xiaolu-Shi](#)



CHIH-TING KO

Business/Leadership Coach, CHINA TAIWAN



我的难忘时刻有两方面：1. 观察下的教练学习有種“絕對能量”的學習和支持，由緊張到享受是最令人驚奇的；2. 同儕間的相互支持與學習，是ICA學習期間最美的事。我对教练运用的计划是以人為本，成为一位從認知出發的企業戰略夥伴。用我的融合型教练模型去支持客户强化他们的才干策略。

View Portfolio:
[Coach/Chih-Ting-Ko](#)

AMANDA WANG

Transformational Coach, Career Coach, CHINA



我计划在以下几方面使用教练：1. 作为团队领导和职能负责人，将教练运用于我的职场环境；2. 通过教练会谈支持公司员工的发展与成长；3. 支持职业经理们的新角色；4. 为有需要的个人转型提供支持。

View Portfolio:

[Coach/Amanda-Wang](#)

CAROL WANG

Life Coach, CHINA



教练课堂上分享、感受、顿悟的时刻，对我来说，印象最深刻。除此之外，还有与同侪伙伴们在一次次练习对话中生成的知己般的友情，我也十分难忘。我计划在工作生活的点滴中践行教练状态。

View Portfolio:

[Coach/Carol-Wang](#)

CHUNLI WANG

Life Coach/Career Coach, CHINA



观察下的教练学习考试过程，紧凑但非常有收获。我计划将教练运用在工作和生活中，成为生命的一部分，不断好奇，不断探寻。

View Portfolio:

[Coach/Chunli-Wang](#)

SHU-CHEN WANG

師法自然的教練, TAIWAN



自己的生命因此有了不同的看見；更加熱愛自己與生命。我計劃將原有的專長環境教育與教練模式結合，發展出師法自然的教練會談工作坊與體驗課，對象則是針對親子、企業。

View Portfolio:

[Coach/Shu-Chen-Wang](#)

CINDY XIN

Life and Leadership Coach, CHINA



工作上，我的头衔不仅仅是一名顾问或是培训师，多了一个教练的身份，在我看来，那样的我，在职业化的道路上，更加完整；生活中，我不仅是一名妻子、一位母亲、一个朋友等这样或那样的多重角色，运用所学的教练技术，可以使我在40岁时具备了成长型思维，努力探索和创造更好的生命和关系。我的工作我的生活也会因此而变得更加精彩！

View Portfolio:

[Coach/Cindy-Xin](#)

TAO YAN

Business Coach, CHINA



1, 作为公司的专业人力资源人员，我在日常实践中充分运用了在ICA所学习到的心态和技能，例如在建立领导能力、绩效提升、一对一或团队会谈等方面。同时，作为导师和推进者，我会在设计及使用这些课程时融入更多的教练概念。2, 我在近期开展了教练和心理咨询的服务，成为了现在所说的斜杠一族。我在ICA所学到的内容丰富了我的技能和与人互动过程中的思维方式。

View Portfolio:

[Coach/Tao-Yan](#)

JOYCE YANG

转型教练, SINGAPORE



其实有非常多精彩的时刻，只要进入课堂，总有启发和收获；同侪的课下练习给了我很多的帮助和前行的力量。最难忘的还是观察下的教练科目学习，在一段密集学习过程中，对自己的教练状态有了更加清晰的觉察，受益匪浅。谢谢老师和同侪们！我计划将学到的教练知识与技能用到个人的工作和生活之中。

View Portfolio:

[Coach/Joyce-Yang](#)

BRENDA ZHANG

Career Coach, Transformational Coach, Life Coach, CHINA



我在ICA学习期间印象最深刻的有三方面：1. 课堂上来自学员不同观点的热烈讨论；2. 来自老师与同学们的鼓励与关心；3. 在观察下的教练科目学习期间的紧张节奏是一种学习升华的最好方式。我计划将教练用于提升我目前的工作，在日常生活中去习练教练，在教练平台为公众服务机构提供教练服务。

View Portfolio:

[Coach/Brenda-Zhang](#)