

GRADUATE YEAR BOOK INDIA F2F PROGRAM

January-December, 2013

Showcasing our Indian Coaches



INTRODUCTION

Welcome to this edition of the International Coach Academy Graduate Yearbook (INDIA). Once again we bring you an amazingly diverse group of professional coaches, sharing unique perspectives on coaching as represented in their Coaching Power Tools, Coaching Models and Research Papers.

These publications are the culmination of the work students do in their training at International Coach Academy and they communicate the essence of each individual coach.

I would like to make special mention of Ram Ramanathan whose determination and commitment to grow awareness of coaching in India has led to record numbers of students, graduates and ICF credentialed coaches graduating from our programs.

Please enjoy this publication and visit our website to browse or search our student portfolios <http://coachcampus.com/coaching/coach-portfolios/>

Regards,

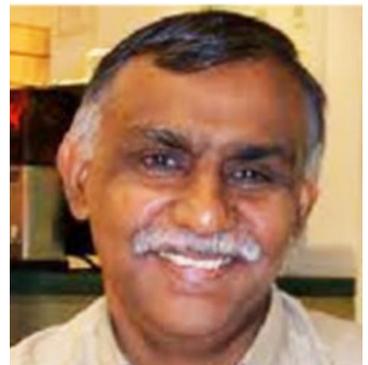
Robyn Logan

CEO

International Coach Academy



Robyn Logan, CEO



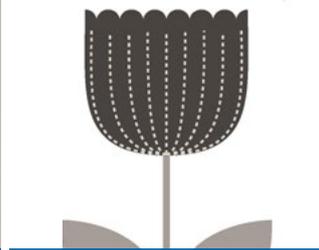
Ram Ramanathan,
Program Director



Akila Raju



Augustine John Serrao



Bala Kishore Batchu



CheriaVeedu Subash



Mohana Kotian



Neena Verma



Nirmala Menon



Omprakash Padmanabharaju



Priya Deepak



Rashmi Shetty



Roydin Fernandes



Vishwanath Parameswaran



Hariprasad Menon



Jerry Rajamoney



Josephine Sophie



Leni Mathews



Sridhar Laxman



Sairam Jayaraman



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AKILA RAJU

Career Coach, INDIA

My memorable moment: was when I was able to help my coachee succeed and was thanked for it.



COACHING PORTFOLIO

Power Tool: Boundless vs. Limitations

Coaching Model: The 4 E Coaching Model

Research Paper: A Case Study On Executive Coaching

View Portfolio: [Coach/Akila-Raju](#)

Contact: www.facebook.com/Akilaraju

AUGUSTINE JOHN SERRAO

Executive Coach, INDIA

My memorable moment: networking with F2F in Bangalore. Aha moments while getting peer coached. Aha moments while doing peer coaching. Writing articles for the power tool, coaching model and research paper. Chatting and posting thoughts on Forum.



COACHING PORTFOLIO

Power Tool: Closing Loop vs. Leaving it Open

Coaching Model: HOPE Coaching Model

Research Paper: Becoming a Better Person

View Portfolio: [Coach/Augustine-John-Serrao](#)

Contact: [LinkedIn.com/pub/John-Serrao](https://www.linkedin.com/pub/John-Serrao)

BALA KISHORE BATCHU

Life Coach using Spiritual Principles, INDIA

My memorable moment: when I had an opportunity to share my knowledge about Neuro-Science during the India Face to Face sessions when we were discussing Visualization.



COACHING PORTFOLIO

Power Tool: Knowledge vs. Ignorance

Coaching Model: CLEAR

Research Paper: Neuro-Science Behind
Visualization

View Portfolio: [Coach/Bala-Kishore-Batchu](#)

Contact: [LinkedIn.com/pub/Bala-Kishore](#)

CHERIAVEEDU SUBASH

Life and Executive Coach, INDIA

My memorable moment: during the last F2F session, at Supervised Coaching. All I learnt over the months at ICA came into act to make the session a great one, for coachee and myself, also others in the room.



COACHING PORTFOLIO

Power Tool: Great vs. Good

Coaching Model: R E G A L

Research Paper: A Case Study in Coaching in
the Middle East

View Portfolio: [Coach/CheriaVeedu-Subash](#)

Contact: [www.regalunlimited.com](#)

MOHANA KOTIAN

Transformational Coach, INDIA

My memorable moment: the acknowledgment that I received from the whole class when I completed all my submissions!



COACHING PORTFOLIO

Power Tool: Light vs. Dark

Coaching Model: PRISM

Research Paper: Case Study in
Transformational Coaching

View Portfolio: [Coach/Mohana-Kotian](#)

Contact: www.mhrf.co.in

NEENA VERMA

Leadership and Transformational Coach, INDIA

My memorable moment: when impromptu, poetry began flowing about 'Presence' and later about some fellow participants whose presence had an inspirational effect on my learning.



COACHING PORTFOLIO

Power Tool: Flow vs. Fixate

Coaching Model: IMPACT Coaching

Research Paper: Case Study -
Transformational Coaching

View Portfolio: [Coach/Neena-Verma](#)

Contact: [LinkedIn.com/pub/Dr-Neena-Verma](https://www.linkedin.com/pub/Dr-Neena-Verma)

NIRMALA MENON

Diversity and Executive Women Coach, INDIA

My memorable moment: every moment of the sessions were interesting and live experiences.



COACHING PORTFOLIO

Power Tool: Inertia vs. Initiative

Coaching Model: I Model Coaching

Research Paper: Maternity

View Portfolio: [Coach/Nirmala-Menon](#)

Contact: <https://www.facebook.com/Nirmala-Menon>

OMPRAKASH PADMANABHARAJU

Leadership and Sales Training Coach, INDIA

My memorable moment: during one of the peer coaching session, I discovered my actual self that gave me back many years that I had lost due to inner conflict.



COACHING PORTFOLIO

Power Tool: Introspection vs. Extrospection

Coaching Model: AUM Coaching Model

Research Paper: Case Study -
Professional Coaching

View Portfolio: [Coach/Omprakash-Padmanabharaju](#)

Contact: [LinkedIn.com/pub/Omprakash-Padmanabharaju](https://www.linkedin.com/pub/Omprakash-Padmanabharaju)

PRIYA DEEPAK

Executive and Youth Coach, INDIA

My memorable moment: to discover the beauty of coaching and the transformation it brings to many lives.



COACHING PORTFOLIO

Power Tool: Leading vs. Managing

Coaching Model: Look INSIDE

Research Paper: Case Study -
Transform Relationship

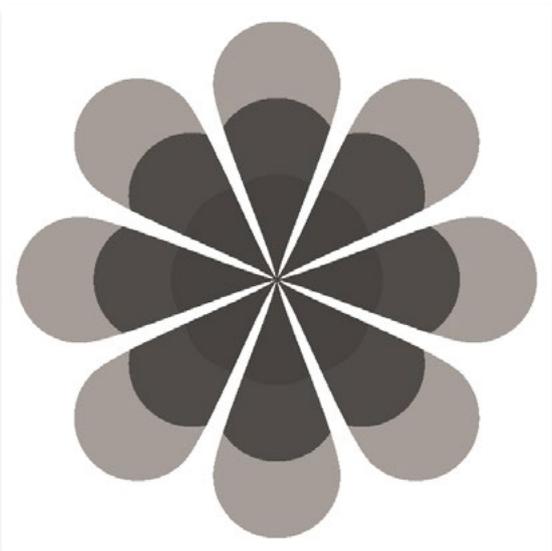
View Portfolio: [Coach/Priya-Deepak](#)

Contact: [LinkedIn.com/pub/Priya-Deepak](#)

RASHMI SHETTY

Life Coach, INDIA

My memorable moment: the moment I learnt the "Power of Silence" in a Practicum was one of my most memorable moment & powerful one as well. It gives so much space for the client & the coach to move the whole process forward very easily.



COACHING PORTFOLIO

Power Tool: Attachment vs. Detachment

Coaching Model: RISE

Research Paper: Case Study On
Transformational Coaching

View Portfolio: [Coach/Rashmi-Shetty](#)

Contact: [LinkedIn.com/pub/Rashmi-Shetty](#)

ROYDIN FERNANDES

Executive and Leadership Coach, INDIA

My memorable moment: my first practicum class was the most exciting moment at ICA, I remember after my coaching session the mentor coach said it didn't sound like I was a first time coach! This was truly liberating & encouraging.



COACHING PORTFOLIO

Power Tool: Trusting vs. Judging

Coaching Model: Coaching Model R-O-Y-D-I-N

Research Paper: Case Study on Coaching

View Portfolio: [Coach/Roydin-Fernandes](#)

Contact: [LinkedIn.com/pub/Roydin-Fernandes](#)

VISHWANATH PARAMESWARAN

Executive Coach, INDIA

My memorable moment: the assignments leading up to the thought leadership articles and coaching models enabled me to assimilate my learnings and create new insights from my experiences. It opened up whole new world of articulation and expression for me as an executive coach.



COACHING PORTFOLIO

Power Tool: Problems vs. Possibilities

Coaching Model: Coaching Model: 4 Es + 1 E

Research Paper: Life Mythologies:
Liberating or Limiting?

View Portfolio: [Coach/Vishwanath-Parameswaran](#)

Contact: [www.humanendeavour.com](#)

HARIPRASAD MENON

Executive Coaching, INDIA

I work with organizations on building sound organization culture, vision and values. Culture influences the way we talk, the way we think, the way we act & behave with each other.



COACHING PORTFOLIO

Power Tool: Empathy vs. Sympathy

Coaching Model: The 4E Coaching Model

Research Paper: Initiative In Coaching

View Portfolio: [Coach/Hariprasad-Menon](#)

Contact: [LinkedIn.com/pub/Hariprasad-Menon](#)

JERRY RAJAMONEY

Executive Coach, INDIA

Memorable moment: My Case study title is "The Un-Coachable Client", I chose this particular case very specifically because even though this exercise did not end in a positive finish, it was a truly rewarding experience for me as a Coach. The client appreciated and learnt the essence of coaching but was not willing to adapt for his better. The learning I had in this coaching journey can be summarized as "You can lead a horse to water, but you can't make it drink"



COACHING PORTFOLIO

Power Tool: Urgent vs. Important

Coaching Model: The GREAT Model

Research Paper: The Un-Coachable Client

View Portfolio: [Coach/Jerry-Rajamoney](#)

Contact: [LinkedIn.com/pub/Jerry-Rajamoney](#)

JOSEPHINE SOPHIE

Life Coach, INDIA

Quote: "The process of coaching is about going with the flow fuelled by the art and skill of transformative questioning"



COACHING PORTFOLIO

Power Tool: Logos vs. Eros

Coaching Model: The 4C Coaching Model

Research Paper: Coaching Grounded in the Masculine and Feminine Principles

View Portfolio: [Coach/Josephine-Sophie](#)

Contact: soochris@gmail.com

LENI MATHEWS

Executive Coach, INDIA

My memorable moment: realising that if we can create through client self awareness, harmony between the client's conscious and subconscious mind or between the client's rational and emotional minds, you would have facilitated more than a 50% transformation for the client.



COACHING PORTFOLIO

Power Tool: Transaction vs. Transformation

Coaching Model: The Star Coaching Model

Research Paper: Coaching and the Harmony Quotient

View Portfolio: [Coach/Leni-Mathews](#)

Contact: [LinkedIn.com/pub/Leni-Mathews](https://www.linkedin.com/pub/Leni-Mathews)

SRIDHAR LAXMAN

Executive and Life Coach, INDIA

My memorable moment: each and every teleclass helped me acquire incredible learnings, insights and information, never before have I been this excited about learning.



COACHING PORTFOLIO

Power Tool: Fear vs. Action

Coaching Model: A-Pack Coaching Model

Research Paper: Moving from Conflict to Contentment

View Portfolio: [Coach/Sridhar-Laxman](#)

Contact: www.sridharlaxman.com

SAIRAM JAYARAMAN

Executive Coaching, INDIA

My memorable moment: the first time I read the book 'Seven Habits of Highly Effective People' I was captivated by this concept of Abundance vs Scarcity. I'm hoping that the coaching community can use my power tool to shift perspectives of its clients who always have an urge to win and have difficulties in accepting other winners in their lives.



COACHING PORTFOLIO

Power Tool: Abundance vs. Scarcity

Coaching Model: Closed Loop Feedback Model

Research Paper: More Effective Upline Manager

View Portfolio: [Coach/Sairam-Jayaraman](#)

Contact: [LinkedIn.com/pub/Sairam-Jayaraman](https://www.linkedin.com/pub/Sairam-Jayaraman)